

Central Coast Zone Championships 2015-16 season Friday 11th December - Sunday 13th December 2015

Friday	6.00pm Athletes for First Events to go to the Events Walks and Javelin Long Jump for U7
Saturday	8:30 am call for March Past 8:40 am March Past 8:50 Athletes for First Events to go to the Events
Sunday	8:50 Athletes for First Events to go to the Events

Centre Details

Centre	Number	Abbreviation	Centre Colours
Gosford	72	Gos	Blue, White and Gold
Wyong	105	Wy	Green and Gold
Terrigal / Wamberal	155	T/W	Blue, White and Black
Tuggerah Lakes-Mingara	165	Tugg	Jade, Yellow and Black
Woy Woy Peninsula	178	WWP	Light Blue ,Dark Blue & Yellow
Toukley	201	Touk	Purple, White and Black

Central Coast Championships Point Score (finals only)

1st - 10 2nd - 8 3rd - 7 4th - 6 5th - 4 6th - 3 7th - 2 8th - 1
Only ONE athlete can score for Each Center in Each Event

March Past Point Score

Each Centre to cast one vote consisting of
3 points 2 points 1 point

Highest Total Point Scoring centre is awarded the trophy

**Marshalling is in the Blue Tent
on the South East Side of the Main Building
Near the Arrow on the Map**



Timing Gates will be used for Times & Place Judging

Hand Timing & Manual Place Judging will be done over the weekend as a Back Up

**Relay Lanes were Drawn by Club Representatives
at a Central Coast Zone Committee Meeting**

Parents are not to approach Officials
as this will interfere with the running of events
Please see your Clubs own Team Manager for all enquiries

Protests to be lodged by TEAM MANAGERS ONLY

Jury of Appeal

Carnival Manager, Jumps Referee, Throws referee, Track Referee

Team managers Please Note

Please allocate your Field people to do an event, not a time slot !
Please allocate your Timekeepers and Place Judges to do a complete event
(both heats and finals)

Centre Assistant Timekeepers are required for these events only
50m , 70m , 100m , 200m , 400m , all Hurdles
Heats and Finals

Little Athletics NSW Uniform Requirements

Unless your Centre informs you otherwise the Little Athletics NSW Uniform Requirements apply to all athletes competing at their Centre. These requirements apply to ALL athletes representing their Centre at any competition.

- ALL LAANSW competitors must compete in their registered Centre uniform. Clothing displaying non-approved logos must not be worn while competing.
- In accordance with LAANSW Policy, All competitors must wear their correct uniform as notified by THEIR CENTRE to the Little Athletics Association of NSW Head Office
- Individual "sponsors" registration numbers are to be worn by ALL LAANSW competitors firmly affixed to the front of the uniform top.
- "Sponsors" Centre numbers are to be worn by ALL LAANSW competitors firmly affixed to the back of the uniform.
- Individual and Centre numbers must not be modified and must clearly show the sponsor's name and the number.
- Age numbers are to be worn on the front left hand side of the uniform.



High Jump

The starting height for High Jumps are as follows:

	Zone		Region		State	
	Boys	Girls	Boys	Girls	Boys	Girls
U9	0.85	0.80	0.90	0.85	0.95	0.90
U10	0.95	0.90	1.00	0.95	1.05	1.00
U11	1.05	1.00	1.10	1.05	1.15	1.10
U12	1.15	1.10	1.20	1.15	1.25	1.20
U13	1.20	1.15	1.25	1.20	1.30	1.25
U14	1.25	1.20	1.30	1.25	1.35	1.30
U15	1.25	1.20	1.30	1.25	1.35	1.30
U17	1.30	1.25	1.35	1.30	1.40	1.35

The bar will be raised by 5cm increments
for the first three rounds of competition.

then by 5cm increments until there are 6 or fewer competitors remaining,
and increments of 2cm thereafter until
only 1 competitor remains

This information has been taken from the LAANSW Rules of Competition. For more detailed information regarding uniforms and footwear for competitions outside your Centre please refer to the full version of the Rules of Competition.

If you have any further questions please feel free to contact the NSW office on 9633 4511 or 1800 451 295 or alternatively ask someone at your Centre.



The only place for footwear for Little Athletes in N.S.W
Stores at Westfield Tuggerah and Erina Fair

The Athlete's Foot
Supporting the Little Athletics on the Central Coast !
Shop 1031 Westfield Tuggerah

All Centres are asked to supply Officials to run events at these Championships
We thank all these Centre Members and Parents for volunteering for this Carnival.

The Central Coast Zone Championships are run by the Six Centres on the Central Coast

Without the assistance of Parents & Helpers we would not be able to have these Championships !

Highlighted Rules

1. Competitors that interfere, in any way, in events that they are not competing in are liable to be disqualified from their event.
2. In accordance with LAANSW Policy, ALL MANUALTIMES in track events not ending with zero in the second decimal place shall be rounded to the next longest 1/10 second.
i.e. 10.11 shall read 10.20 . Automatic Timing is rounded to two decimal places. eg 10.21
3. Qualifying heats to finals shall be as follows:-

4 heats - the first two placegetters
3 heats - the first two placegetters in each heat plus the next two fastest times
2 heats - the first three placegetters in each heat plus the next two fastest times
4. In accordance with LAANSW Policy, All competitors must wear correct uniform as supplied by THEIR CENTRE to the Little Athletics Association of NSW Head Office
5. Spiked Running Shoes are to be carried to the event and removed immediately after. Spiked shoes with the spikes removed is not allowed in any event. U11 & above can wear spiked shoes & use Starting Blocks.
6. Protests All protests are to be Submitted in Writing by the Team Manager ONLY
(Team managers names are to be advised as per the rules of Competition)
7. The first 3 placegetters in finals at the Zone Championships in the Under 8 age groups and above will qualify for the Regional Championships to be held here at the

**The Hunter Sports Centre (Glendale)
on the 13th & 14th February 2016**

8. All Warm ups for events are to be carried out OUTSIDE the competition area



All SportsPass members and supporters receive 12 months full access to exclusive daily deals and offers that also raise funds for your local nominated sporting club or association. Ask your team manager & Activate your card today.

"Athletes and Officials only "
are to enter the Marshalling Tent and the inside of the
small fenced area of the facility during competition

Athletes Marshalling for events should seek out the Head Marshals in the in the Marshalling Tent and follow their directions

MARSHALS WILL NOT GO LOOKING FOR ATHLETES THAT SHOULD BE THERE !

For Finals Names are called twice for a response,
then any reserves are substituted for athletes that have not responded.
Once athletes have left the marshalling tent, reserves are classed as being in the race

Marshalling of athletes starts on the second call and
should be completed within 5 minutes !
Marshalling is completed when athletes leave for the event
Please have your uniform checked by one of
YOUR Club Officials BEFORE you attend marshalling

Checklist for marshalling

Jetstar Patch on the Top Right of the Uniform
(NOT touching McDonalds Logo)
(but Can Cover Red Border)

Age Patch on the Left Side of the Uniform
Logo complete and Red U complete
(can be attached to top or bottom of Uniform)

Athlete Number attached to the top front of the athletes Uniform
Number is current Colour (and has Current Year displayed)
Red Border is complete and visible all around

Centre Number is attached to the back of the uniform
(can be attached to top or bottom of Uniform)
No Coca Cola Logo is Showing

Spiked Running Shoes are carried and not worn to the event
Spiked Running Shoes (with the spikes removed) are not allowed as footwear in any event
Spiked Running Shoes are not allowed up to U11 events,



Uniform is correct to what the Athletes Centre has advised the NSW Head Office
Tops are Official Club Uniform as submitted to Head Office
(i.e. other athletes are wearing the same colours when from the same centre)

Bottoms are Official Club Uniform as submitted to Head Office
(i.e. other athletes are wearing the same colours when from the same centre)

Clothing displaying non-approved **Logos / Designs** must not be worn.

No part of the clothing is to extend below the knees

Age Number , Centre Number & Athlete Number checked to paperwork for the event
Athletes are then taken to the event & marshalling is complete

if you have any further questions please feel free to contact the
NSW Office of Little Athletics on 9633 4511 or 1800 451 295
or alternatively ask someone at your Centre.

**Don't forget to Check the
Central Coast Little Athletics Website for Your Results**

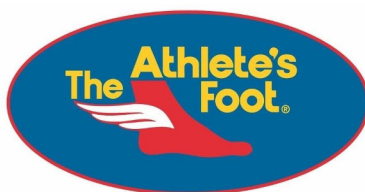
www.centralcoastathletics.com

If you are unavailable to compete on the 13th or 14th of February at the Region
2 Championships , please hand in a withdrawal form to your team manager.

EVEN IF YOU HAVE NOT QUALIFIED IN ANYTHING

All withdrawals must be done on the weekend of the Zone Championships.
If you are only pulling out of certain events , please make that known as well.

The Jetstar Little Athletics Central Coast Zone is proudly supported by



Central Coast Zone - Friday December 11, 2015

Where there are not enough entries for 2 Heats, a Straight Final will be held at the Final Time

TRACK

T1	U/10 Girls	1100M Walk	Final (6:00pm)
T2	U/10 Boys	1100M Walk	Final (6:00pm)
T3	U/11 Girls	1100M Walk	Final
T4	U/11 Boys	1100M Walk	Final
T5	U/12 Girls	1500M Walk	Final
T6	U/12 Boys	1500M Walk	Final
T7	U/13 Girls	1500M Walk	Final
T8	U/13 Boys	1500M Walk	Final
T9	U/14 Girls	1500M Walk	Final
T10	U/14 Boys	1500M Walk	Final
T11	U/15 Girls	1500M Walk	Final
T12	U/15 Boys	1500M Walk	Final
T13	U/17 Girls	1500M Walk	Final
T14	U/17 Boys	1500M Walk	Final
T15	U/9 Girls	700M Walk	Final
T16	U/9 Boys	700M Walk	Final

T17	U/13 Girls	200M Hurdles	Final
T18	U/13 Boys	200M Hurdles	Final
T19	U/14 Girls	200M Hurdles	Final
T20	U/14 Boys	200M Hurdles	Final
T21	U/15 Girls	200M Hurdles	Final
T22	U/15 Boys	200M Hurdles	Final
T23	U/17 Girls	200M Hurdles	Final
T24	U/17 Boys	200M Hurdles	Final

T25	U/13 Girls	3000M Run	Final
T26	U/13 Boys	3000M Run	Final
T27	U/14 Girls	3000M Run	Final
T28	U/14 Boys	3000M Run	Final
T29	U/15 Girls	3000M Run	Final
T30	U/15 Boys	3000M Run	Final
T31	U/17 Girls	3000M Run	Final
T32	U/17 Boys	3000M Run	Final

FIELD

F1	U/7 Girls	Long Jump (6:00pm)
F2	U/7 Boys	Long Jump (6:00pm)
F3	U/8 Boys	Long Jump
F4	U/8 Girls	Long Jump
F5	U/17 Girls	Javelin (6:00pm)
F6	U/17 Boys	Javelin (6:00pm)
F7	U/15 Girls	Javelin (6:00pm)
F8	U/15 Boys	Javelin (6:00pm)
F9	U/14 Girls	Javelin
F10	U/14 Boys	Javelin
F11	U/13 Girls	Javelin
F12	U/13 Boys	Javelin
F13	U/12 Girls	Javelin
F14	U/12 Boys	Javelin
F15	U/11 Girls	Javelin
F16	U/11 Boys	Javelin

thanks official!



Don't Forget to say thanks
to all the people that have
volunteered their time
to help run the
Central Coast Zone Championships

We are ALL Volunteers at Central
Coast Little Athletics

This is the Final List of Events
2nd December 2015

Do Not Leave a Field Event to go to Marshalling for any Reason



Central Coast Zone - Saturday December 12, 2015

TRACK Events

T33	U/7 Girls	200M Run	Heats	T87	U/8 Girls	400M Run	Heats
T34	U/7 Boys	200M Run	Heats	T88	U/8 Boys	400M Run	Heats
				T89	U/9 Girls	400M Run	Heats
T35	U/8 Girls	60M Hurdles	Heats	T91	U/10 Girls	400M Run	Heats
T36	U/8 Boys	60M Hurdles	Heats	T92	U/10 Boys	400M Run	Heats
T37	U/9 Girls	60M Hurdles	Heats	T93	U/11 Girls	400M Run	Heats
T38	U/9 Boys	60M Hurdles	Heats	T96	U/12 Boys	400M Run	Heats
T39	U/10 Girls	60M Hurdles	Heats				
T40	U/10 Boys	60M Hurdles	Heats	T97	U/13 Girls	100M Run	Final
T41	U/11 Girls	60M Hurdles	Heats	T98	U/13 Boys	100M Run	Final
T43	U/12 Girls	60M Hurdles	Heats	T99	U/14 Girls	100M Run	Final
T44	U/12 Boys	60M Hurdles	Heats	T100	U/14 Boys	100M Run	Final
				T101	U/15 Girls	100M Run	Final
T45	U/7 Girls	200M Run	Final	T102	U/15 Boys	100M Run	Final
T46	U/7 Boys	200M Run	Final	T103	U/17 Girls	100M Run	Final
				T104	U/17 Boys	100M Run	Final
T47	U/8 Girls	60M Hurdles	Final	T105	U/7 Girls	100M Run	Final
T48	U/8 Boys	60M Hurdles	Final	T106	U/7 Boys	100M Run	Final
T49	U/9 Girls	60M Hurdles	Final	T107	U/8 Girls	100M Run	Final
T50	U/9 Boys	60M Hurdles	Final	T108	U/8 Boys	100M Run	Final
T51	U/10 Girls	60M Hurdles	Final	T109	U/9 Girls	100M Run	Final
T52	U/10 Boys	60M Hurdles	Final	T110	U/9 Boys	100M Run	Final
T53	U/11 Girls	60M Hurdles	Final	T111	U/10 Girls	100M Run	Final
T54	U/11 Boys	60M Hurdles	Final	T112	U/10 Boys	100M Run	Final
T55	U/12 Girls	60M Hurdles	Final	T113	U/11 Girls	100M Run	Final
T56	U/12 Boys	60M Hurdles	Final	T114	U/11 Boys	100M Run	Final
				T115	U/12 Girls	100M Run	Final
T57	U/13 Girls	100M Run	Heats	T116	U/12 Boys	100M Run	Final
T58	U/13 Boys	100M Run	Heats				
T59	U/14 Girls	100M Run	Heats	T117	U/7 Girls	50M Run	Final
T65	U/7 Girls	100M Run	Heats	T118	U/7 Boys	50M Run	Final
T66	U/7 Boys	100M Run	Heats				
T67	U/8 Girls	100M Run	Heats	T119	U/13 Girls	400M Run	Final
T68	U/8 Boys	100M Run	Heats	T120	U/13 Boys	400M Run	Final
T69	U/9 Girls	100M Run	Heats	T121	U/14 Girls	400M Run	Final
T70	U/9 Boys	100M Run	Heats	T122	U/14 Boys	400M Run	Final
T71	U/10 Girls	100M Run	Heats	T123	U/15 Girls	400M Run	Final
T72	U/10 Boys	100M Run	Heats	T124	U/15 Boys	400M Run	Final
T73	U/11 Girls	100M Run	Heats	T125	U/17 Girls	400M Run	Final
T74	U/11 Boys	100M Run	Heats	T126	U/17 Boys	400M Run	Final
T75	U/12 Girls	100M Run	Heats				
T76	U/12 Boys	100M Run	Heats				
T77	U/7 Girls	50M Run	Heats				
T78	U/7 Boys	50M Run	Heats				



Field Events may change in order where there are clashes
Do Not Leave a Field Event to go to Marshalling for any Reason

This Is the Final List Of events. 2nd December 2015
 Heats have been removed where there have not been enough entries received

Central Coast Zone - Saturday December 12, 2015

T127	U/8 Girls	400M Run	Final
T128	U/8 Boys	400M Run	Final
T129	U/9 Girls	400M Run	Final
T130	U/9 Boys	400M Run	Final
T132	U/10 Girls	400M Run	Final
T132	U/10 Boys	400M Run	Final
T133	U/11 Girls	400M Run	Final
T134	U/11 Boys	400M Run	Final
T135	U/12 Girls	400M Run	Final
T136	U/12 Boys	400M Run	Final

T137	U/13 Girls	1500M Run	Final
T138	U/13 Boys	1500M Run	Final
T139	U/14 Girls	1500M Run	Final
T140	U/14 Boys	1500M Run	Final
T141	U/15 Girls	1500M Run	Final
T142	U/15 Boys	1500M Run	Final
T143	U/17 Girls	1500M Run	Final
T144	U/17 Boys	1500M Run	Final
T145	U/10 Girls	1500M Run	Final
T146	U/10 Boys	1500M Run	Final
T147	U/11 Girls	1500M Run	Final
T148	U/11 Boys	1500M Run	Final
T149	U/12 Girls	1500M Run	Final
T150	U/12 Boys	1500M Run	Final

FIELD Events

F17	U/9 Boys	High Jump	(8:50 am)
F18	U/12 Boys	High Jump	(8:50 am)
F19	U/13 Girls	Long Jump	(8:50 am)
F20	U/15 Boys	Long Jump	(8:50 am)
F21	U/13 Boys	Triple Jump	(8:50 am)
F22	U/12 Girls	Discus	(8:50 am)
F23	U/14 Boys	Discus	(8:50 am)
F24	U/11 Girls	Shot Put	(8:50 am)
F25	U/17 Boys	Shot Put	(8:50 am)

F26	U/9 Girls	High Jump	
F27	U/15 Girls	High Jump	
F28	U/10 Boys	Long Jump	
F29	U/17 Boys	Long Jump	
F30	U/14 Boys	Triple Jump	
F31	U/10 Girls	Discus	
F32	U/17 Girls	Discus	
F33	U/11 Boys	Shot Put	
F34	U/14 Girls	Shot Put	

F35	U/11 Girls	High Jump	
F36	U/13 Girls	High Jump	
F37	U/12 Girls	Long Jump	
F38	U/12 Boys	Long Jump	
F39	U/17 Girls	Triple Jump	
F40	U/8 Girls	Discus	
F41	U/13 Boys	Discus	
F42	U/8 Boys	Shot Put	
F43	U/9 Boys	Shot Put	

F44	U/14 Boys	High Jump	
F45	U/17 Boys	High Jump	
F46	U/10 Girls	Long Jump	
F47	U/15 Girls	Triple Jump	
F48	U/10 Boys	Discus	
F49	U/7 Girls	Discus	
F50	U/7 Boys	Shot Put	
F51	U/9 Girls	Shot Put	

F52	U/14 Girls	Long Jump	
F53	U/11 Boys	Triple Jump	
F54	U/12 Boys	Discus	
F55	U/13 Girls	Shot Put	
F56	U/15 Boys	Shot Put	
F57	U/11 Girls	Triple Jump	
F58	U/15 Girls	Discus	



**Have Your Medals
Engraved
HERE**

for a Special Discounted Price
from ATB Trophies Bateau Bay



**Get Great Running Shoes at
The Athlete's Foot Tuggerah
Shop 1031 Westfield Tuggerah
Ph: 02 4353 4447**

This Is the Final List Of events. 2nd December 2015
Heats have been removed where there have not been enough entries received

Central Coast Zone - Sunday TRACK Events

December 13, 2015

T151 U/10 Girls	70M Run	Heats
T152 U/10 Boys	70M Run	Heats
T153 U/9 Girls	70M Run	Heats
T155 U/8 Girls	70M Run	Heats
T156 U/8 Boys	70M Run	Heats
T157 U/7 Girls	70M Run	Heats
T158 U/7 Boys	70M Run	Heats

T167 U7-17 Girls	AWD 100M Run	Final
------------------	--------------	-------

T169 U/10 Girls	70M Run	Final
T170 U/10 Boys	70M Run	Final
T171 U/9 Girls	70M Run	Final
T172 U/9 Boys	70M Run	Final
T173 U/8 Girls	70M Run	Final
T174 U/8 Boys	70M Run	Final
T175 U/7 Girls	70M Run	Final
T176 U/7 Boys	70M Run	Final

T177 U/11 Girls	200M Run	Heats
T178 U/11 Boys	200M Run	Heats
T179 U/12 Girls	200M Run	Heats
T180 U/12 Boys	200M Run	Heats

T181 U/13 Girls	80M Hurdles	Final
T182 U/13 Boys	80M Hurdles	Final
T183 U/14 Girls	80M Hurdles	Final
T184 U/14 Boys	90M Hurdles	Final
T185 U/15 Girls	90M Hurdles	Final
T186 U/15 Boys	100M Hurdles	Final
T187 U/17 Girls	100M Hurdles	Final
T188 U/17 Boys	110M Hurdles	Final

T189 U/8 Girls	Pack Start 700m	Final
T190 U/8 Boys	Pack Start 700m	Final

T191 U/7 Girls	Pack Start 500m	Final
T192 U/7 Boys	Pack Start 500m	Final

T193 Junior Girls	4 x 100 Relay	Final
T194 Junior Boys	4 x 100 Relay	Final
T195 Senior Girls	4 x 100 Relay	Final
T196 Senior Boys	4 x 100 Relay	Final

T197 U/9 Girls	800M Run	Final
T198 U/9 Boys	800M Run	Final
T199 U/10 Girls	800M Run	Final
T200 U/10 Boys	800M Run	Final

T202 U/13 Boys	200M Run	Heats
T203 U/14 Girls	200M Run	Heats
T209 U/8 Girls	200M Run	Heats
T210 U/8 Boys	200M Run	Heats
T211 U/9 Girls	200M Run	Heats
T212 U/9 Boys	200M Run	Heats
T213 U/10 Girls	200M Run	Heats
T214 U/10 Boys	200M Run	Heats

T215 U/11 Girls	800M Run	Final
T216 U/11 Boys	800M Run	Final
T217 U/12 Girls	800M Run	Final
T218 U/12 Boys	800M Run	Final
T219 U/13 Girls	800M Run	Final
T220 U/13 Boys	800M Run	Final
T221 U/14 Girls	800M Run	Final
T222 U/14 Boys	800M Run	Final
T223 U/15 Girls	800M Run	Final
T224 U/15 Boys	800M Run	Final
T225 U/17 Girls	800M Run	Final
T226 U/17 Boys	800M Run	Final

T227 U/8 Girls	200M Run	Final
T228 U/8 Boys	200M Run	Final
T229 U/9 Girls	200M Run	Final
T230 U/9 Boys	200M Run	Final
T231 U/10 Girls	200M Run	Final
T232 U/10 Boys	200M Run	Final
T233 U/11 Girls	200M Run	Final
T234 U/11 Boys	200M Run	Final
T235 U/12 Girls	200M Run	Final
T236 U/12 Boys	200M Run	Final
T237 U/13 Girls	200M Run	Final
T238 U/13 Boys	200M Run	Final
T239 U/14 Girls	200M Run	Final
T240 U/14 Boys	200M Run	Final
T241 U/15 Girls	200M Run	Final
T242 U/15 Boys	200M Run	Final
T243 U/17 Girls	200M Run	Final
T244 U/17 Boys	200M Run	Final

Any behavior regarded as Unacceptable or Dangerous will result in being asked to leave the Facility as per the conditions of entry.

**Some Events May be Combined where there are only a Few Athletes Entered
Do Not Leave a Field Event to go to Marshalling for any Reason**

This Is the Final List Of events. 2nd December 2015
Heats have been removed where there have not been enough entries received

Central Coast Zone - Sunday

F59	U/11 Boys	High Jump (8:50 am)
F60	U/12 Girls	High Jump (8:50 am)
F61	U/9 Boys	Long Jump (8:50 am)
F62	U/17 Girls	Long Jump (8:50 am)
F63	U/14 Girls	Triple Jump (8:50 am)
F64	U/11 Girls	Discus (8:50 am)
F65	U/15 Boys	Discus (8:50 am)
F66	U/10 Girls	Shot Put (8:50 am)
F67	U/14 Boys	Shot Put (8:50 am)

F68	U/10 Boys	High Jump
F69	U/13 Boys	High Jump
F70	U/9 Girls	Long Jump
F71	U/15 Girls	Long Jump
F72	U/15 Boys	Triple Jump
F73	U/17 Boys	Discus
F74	U7-17 Girls	AWD Discus
F76	U/13 Girls	Discus
F77	U/12 Boys	Shot Put
F78	U/17 Girls	Shot Put

F79	U/14 Girls	High Jump
F80	U/10 Girls	High Jump
F81	U/11 Boys	Long Jump
F82	U/14 Boys	Long Jump
F83	U/12 Boys	Triple Jump
F84	U/8 Boys	Discus
F85	U/9 Boys	Discus
F86	U/8 Girls	Shot Put
F87	U/12 Girls	Shot Put
F88	U/15 Boys	High Jump
F89	U/17 Girls	High Jump
F90	U/11 Girls	Long Jump
F91	U/13 Boys	Long Jump
F92	U/17 Boys	Triple Jump
F93	U7-17 Girls	AWD Long Jump
F95	U/7 Boys	Discus
F96	U/9 Girls	Discus
F97	U/7 Girls	Shot Put
F98	U/15 Girls	Shot Put

F99	U/12 Girls	Triple Jump
F100	U/11 Boys	Discus
F101	U/10 Boys	Shot Put
F102	U/13 Boys	Shot Put
F103	U/13 Girls	Triple Jump
F104	U/14 Girls	Discus

December 13, 2015 FIELD Events



Please Support
the McDonalds Stores
that Support Little Athletics
on the Central Coast

Bateau Bay

Bateau Bay Square Shopping Centre

Gosford Imperial

Shop 126, 171 Mann Street Gosford

Mingara

Cnr Wyong Rd & Mingara Drive Tumby Umbi

Tuggerah Food Court

Westfield Shopping town

Wyong

Lot 2 Anzac Road Wyong

F3 North & South

On the Freeway Towards Newcastle



Do Not Leave a Field Event to go to Marshalling for any Reason

This Is the Final List Of events. 2nd December 2015

Heats have been removed where there have not been enough entries received

Saturday Field Events

F22	U/12 Girls	Discus (8:50 am)
F23	U/14 Boys	Discus (8:50 am)
F31	U/10 Girls	Discus
F32	U/17 Girls	Discus
F40	U/8 Girls	Discus
F41	U/13 Boys	Discus
F48	U/10 Boys	Discus
F49	U/7 Girls	Discus
F54	U/12 Boys	Discus
F58	U/15 Girls	Discus
F17	U/9 Boys	High Jump (8:50 am)
F18	U/12 Boys	High Jump (8:50 am)
F26	U/9 Girls	High Jump
F27	U/15 Girls	High Jump
F35	U/11 Girls	High Jump
F36	U/13 Girls	High Jump
F44	U/14 Boys	High Jump
F45	U/17 Boys	High Jump
F19	U/13 Girls	Long Jump (8:50 am)
F20	U/15 Boys	Long Jump (8:50 am)
F28	U/10 Boys	Long Jump
F29	U/17 Boys	Long Jump
F37	U/12 Girls	Long Jump
F38	U/12 Boys	Long Jump
F46	U/10 Girls	Long Jump
F52	U/14 Girls	Long Jump
F24	U/11 Girls	Shot Put (8:50 am)
F25	U/17 Boys	Shot Put (8:50 am)
F33	U/11 Boys	Shot Put
F34	U/14 Girls	Shot Put
F42	U/8 Boys	Shot Put
F43	U/9 Boys	Shot Put
F50	U/7 Boys	Shot Put
F51	U/9 Girls	Shot Put
F55	U/13 Girls	Shot Put
F56	U/15 Boys	Shot Put
F21	U/13 Boys	Triple Jump (8:50 am)
F30	U/14 Boys	Triple Jump
F39	U/17 Girls	Triple Jump
F47	U/15 Girls	Triple Jump
F53	U/11 Boys	Triple Jump
F57	U/11 Girls	Triple Jump

Sunday Field Events

F64	U/11 Girls	Discus (8:50 am)
F65	U/15 Boys	Discus (8:50 am)
F73	U/17 Boys	Discus
F74	U7-17 Girls	AWD Discus
F75	U7-17 Boys	AWD Discus
F76	U/13 Girls	Discus
F84	U/8 Boys	Discus
F85	U/9 Boys	Discus
F95	U/7 Boys	Discus
F96	U/9 Girls	Discus
F100	U/11 Boys	Discus
F104	U/14 Girls	Discus
F59	U/11 Boys	High Jump (8:50 am)
F60	U/12 Girls	High Jump (8:50 am)
F68	U/10 Boys	High Jump
F69	U/13 Boys	High Jump
F79	U/14 Girls	High Jump
F80	U/10 Girls	High Jump
F88	U/15 Boys	High Jump
F89	U/17 Girls	High Jump
F61	U/9 Boys	Long Jump (8:50 am)
F62	U/17 Girls	Long Jump (8:50 am)
F70	U/9 Girls	Long Jump
F71	U/15 Girls	Long Jump
F81	U/11 Boys	Long Jump
F82	U/14 Boys	Long Jump
F90	U/11 Girls	Long Jump
F91	U/13 Boys	Long Jump
F93	U7-17 Girls	AWD Long Jump
F94	U7-17 Boys	AWD Long Jump
F66	U/10 Girls	Shot Put (8:50 am)
F67	U/14 Boys	Shot Put (8:50 am)
F77	U/12 Boys	Shot Put
F78	U/17 Girls	Shot Put
F86	U/8 Girls	Shot Put
F87	U/12 Girls	Shot Put
F97	U/7 Girls	Shot Put
F98	U/15 Girls	Shot Put
F101	U/10 Boys	Shot Put
F102	U/13 Boys	Shot Put
F63	U/14 Girls	Triple Jump (8:50 am)
F72	U/15 Boys	Triple Jump
F83	U/12 Boys	Triple Jump
F92	U/17 Boys	Triple Jump
F99	U/12 Girls	Triple Jump
F103	U/13 Girls	Triple Jump

This Is the Final List Of events. 2nd December 2015

Heats have been removed where there have not been enough entries received

CENTRAL COAST ZONE TRACK&FIELD CHAMPIONSHIPS - 11/12/2015 to 13/12/2015**Mingara Athletics Facility****Meet Program - Friday Night Track Events****This is the Final List of Events 2/12/2015****Where there is not enough entries to make 2 heats, the heats have been removed****Event 1 Girls U 10 - 1100 Metre Walk****Zone: 5:59.10 1998****S Tomlin, Woy Woy Peninsula****Lane Comp# Name Centre****Section 1 of 1 Timed Finals**

1	269	Tennikah Liedberg	Gosford
2	51	Hayley Stadelmann	Tuggerah Lakes M
3	23	Izabella Dunne	Gosford

Event 2 Boys U 10 - 1100 Metre Walk**Zone: 6:01.68 12/12/2014****Dylan Daly, Wyong****Lane Comp# Name Centre****Section 1 of 1 Timed Finals**

1	172	Sawyer Etchells	Tuggerah Lakes M
2	360	Lincoln Markulin	Tuggerah Lakes M
3	1	Keegan Freeman	Toukley
4	51	Felix Tebbutt	Gosford

Event 3 Girls U 11 - 1100 Metre Walk**Zone: 5:51.87 12/12/2014****Danielle Vesper, Tuggerah Lakes Mingara****Lane Comp# Name Centre****Section 1 of 1 Timed Finals**

1	3	Amalia Patterson	Tuggerah Lakes M
2	185	Kirra Richardson	Tuggerah Lakes M
3	83	Cheyenne Finnigan	Wyong
4	605	Mackinley Domonkos	Tuggerah Lakes M
5	131	Keisha Neal	Wyong

Event 4 Boys U 11 - 1100 Metre Walk**Zone: 5:37.90 2011****Dylan Richardson, Wyong****Lane Comp# Name Centre****Section 1 of 1 Timed Finals**

1	2	Ryan Vesper	Tuggerah Lakes M
2	108	Jayden Redfern	Tuggerah Lakes M
3	70	Dylan Daly	Wyong
4	156	Calan Tucker	Woy Woy Peninsula

Event 5 Girls U 12 - 1500 Metre Walk**Zone: 7:49.00 1992****A Wells, Gosford****Lane Comp# Name Centre****Section 1 of 1 Timed Finals**

1	189	Kara Reid	Tuggerah Lakes M
2	5	Hannah Bolton	Tuggerah Lakes M
3	39	Danielle Vesper	Tuggerah Lakes M
4	22	Mackenzie Freeman	Toukley
5	113	Chloe McLoughlin	Gosford

Event 6 Boys U 12 - 1500 Metre Walk**Zone: 7:18.57 14/12/2012****Dylan Richardson, Gosford****Lane Comp# Name Centre****Section 1 of 1 Timed Finals**

1	44	Zain Robards	Tuggerah Lakes M
2	190	Michael Seaborn	Tuggerah Lakes M
3	12	Lachlan Rigney	Wyong
4	50	Archie Tebbutt	Gosford

CENTRAL COAST ZONE TRACK&FIELD CHAMPIONSHIPS - 11/12/2015 to 13/12/2015**Mingara Athletics Facility****Meet Program - Friday Night Track Events****This is the Final List of Events 2/12/2015****Where there is not enough entries to make 2 heats, the heats have been removed****Event 7 Girls U 13 - 1500 Metre Walk****Zone: 7:34.20 1993 A Wells, Gosford****Lane Comp# Name Centre****Section 1 of 1 Timed Finals**

1	4	Allanah Pitcher	Gosford
2	71	Trinity Robards	Tuggerah Lakes M
3	31	Ella Robertson	Tuggerah Lakes M
4	118	Sybella Mckay	Gosford

Event 8 Boys U 13 - 1500 Metre Walk**Zone: 6:54.89 13/12/2013 Dylan Richardson, Gosford****Lane Comp# Name Centre****Section 1 of 1 Timed Finals**

1	32	Joel Kemp	Tuggerah Lakes M
2	75	James Connolly	Toukley

Event 9 Girls U 14 - 1500 Metre Walk**Zone: 7:55.50 1993 D Richie, Gosford****Lane Comp# Name Centre****Section 1 of 1 Timed Finals**

1	157	Kyla Tucker	Woy Woy Peninsula
2	27	Tanisha Blake	Wyong
3	14	Paige Rigney	Wyong
4	147	Taylah Seaborn	Tuggerah Lakes M
5	21	Darci Carroll	Tuggerah Lakes M

Event 10 Boys U 14 - 1500 Metre Walk**Zone: 6:30.80 2011 Tyler Jones, Wyong****Lane Comp# Name Centre****Section 1 of 1 Timed Finals**

1	82	Liam Chaney	Tuggerah Lakes M
2	26	Alexander Jones	Tuggerah Lakes M

Event 11 Girls U 15 - 1500 Metre Walk**Zone: 7:39.20 1994 K Coombe, Gosford****Lane Comp# Name Centre****Section 1 of 1 Timed Finals**

1	105	Claudia Holt	Wyong
2	325	Eryn Dorman	Tuggerah Lakes M
3	179	Amy Marie Walker	Wyong
4	15	Ashlee Forbes	Tuggerah Lakes M
5	17	Zoe Arigho	Tuggerah Lakes M

Event 12 Boys U 15 - 1500 Metre Walk**Zone: 6:09.64 14/12/2012 Tyler Jones, Wyong****Lane Comp# Name Centre****Section 1 of 1 Timed Finals**

1	49	Oscar Tebbutt	Gosford
2	115	Dylan Richardson	Gosford
3	178	Dominic Reed	Tuggerah Lakes M

CENTRAL COAST ZONE TRACK&FIELD CHAMPIONSHIPS - 11/12/2015 to 13/12/2015**Mingara Athletics Facility****Meet Program - Friday Night Track Events****This is the Final List of Events 2/12/2015****Where there is not enough entries to make 2 heats, the heats have been removed****Event 13 Girls U 17 - 1500 Metre Walk****Zone: 7:48.92 13/12/2013 Lydia McKay, Gosford**

Lane	Comp#	Name	Centre
Section	1 of 1	Timed Finals	
1	11	Taylor Stojanovic	Tuggerah Lakes M
2	123	Rebekah Kennedy	Wyong
3	223	Abbey Rumbel	Tuggerah Lakes M
4	99	Aisling Young	Tuggerah Lakes M
5	46	Justine Priest	Toukley

Event 15 Girls U 9 - 700 Metre Walk**Zone: 4:04.00 1997 S Tomlin, Woy Woy Peninsula**

Lane	Comp#	Name	Centre
Section	1 of 1	Timed Finals	
1	69	Georgia Payne	Tuggerah Lakes M
2	121	Emily Neville-smith	Tuggerah Lakes M
3	77	Grace Minto	Tuggerah Lakes M
4	85	Emma Jones	Tuggerah Lakes M
5	115	Charlotte Spindler	Wyong

Event 16 Boys U 9 - 700 Metre Walk**Zone: 4:13.00 1997 D Booth, Woy Woy Peninsula**

Lane	Comp#	Name	Centre
Section	1 of 1	Timed Finals	
1	64	Oscar Mahoney	Tuggerah Lakes M
2	74	Ashton Patterson	Tuggerah Lakes M
3	63	Myles Ashby	Gosford

Event 17 Girls U 13 - 200 Metre Hurdles (68cm)**Zone: 29.60 1999 Nicole Beaton, Tuggerah Lakes Mingara**

Lane	Comp#	Name	Centre
Section	1 of 1	Timed Finals	
3	237	Kimberley Harrison	Gosford
4	31	Ella Robertson	Tuggerah Lakes M
5	13	Katie Gunn	Gosford
6	126	Tahnee Ball	Woy Woy Peninsula

Event 18 Boys U 13 - 200 Metre Hurdles (68cm)**Zone: 28.90 2010 Johnathon Dobb, Tuggerah Lakes Mingara**

Lane	Comp#	Name	Centre
Section	1 of 1	Timed Finals	
4	273	Nicholas Hathway	Gosford
5	70	Cameron Steer	Woy Woy Peninsula

Event 19 Girls U 14 - 200 Metre Hurdles (76cm)**Zone: 29.30 2009 Jamie Carr, Gosford**

Lane	Comp#	Name	Centre
Section	1 of 1	Timed Finals	
3	21	Darci Carroll	Tuggerah Lakes M
4	157	Kyla Tucker	Woy Woy Peninsula
5	100	Ruby Smith	Gosford

CENTRAL COAST ZONE TRACK&FIELD CHAMPIONSHIPS - 11/12/2015 to 13/12/2015**Mingara Athletics Facility****Meet Program - Friday Night Track Events****This is the Final List of Events 2/12/2015****Where there is not enough entries to make 2 heats, the heats have been removed****Event 20 Boys U 14 - 200 Metre Hurdles (76cm)****Zone: 25.70 2004 Thomas Andrew, Gosford****Lane Comp# Name Centre****Section 1 of 1 Timed Finals**

3	171	Kaya Ardita	Gosford
4	164	Cody Vanderwolf	Wyong
5	28	Luke Brown	Woy Woy Peninsula
6	5	Marley Coles	Terrigal/Wamberal

Event 21 Girls U 15 - 200 Metre Hurdles (76cm)**Zone: 28.30 2008 Kasey Tysoe, Gosford****Lane Comp# Name Centre****Section 1 of 1 Timed Finals**

4	17	Zoe Arigho	Tuggerah Lakes M
5	213	Savannah Wheeler	Gosford

Event 22 Boys U 15 - 200 Metre Hurdles (76cm)**Zone: 25.90 2001 Ross Roberts, Gosford****Lane Comp# Name Centre****Section 1 of 1 Timed Finals**

3	357	Jordan Biddle	Tuggerah Lakes M
4	21	Cooper Boelhhouwer	Gosford
5	178	Dominic Reed	Tuggerah Lakes M

Event 23 Girls U 17 - 200 Metre Hurdles (76cm)**Zone: 28.40 2011 Jamie Carr, Gosford****Lane Comp# Name Centre****Section 1 of 1 Timed Finals**

3	1	Bronte Carroll	Tuggerah Lakes M
4	79	Rachael Mortell	Gosford
5	55	Sarah Boarer	Tuggerah Lakes M

Event 24 Boys U 17 - 200 Metre Hurdles (76cm)**Zone: 25.75 12/12/2014 Zac Simunovic, Gosford****Lane Comp# Name Centre****Section 1 of 1 Timed Finals**

3	65	Alexander Coutts	Wyong
4	99	Tyler Gunn	Gosford
5	16	Jarryd Walter	Wyong
6	316	Jack Arigho	Tuggerah Lakes M

Event 25 Girls U 13 - 3000 Metre Run**Zone: 11:01.00 2010 Brooke Coggins, Wyong****Lane Comp# Name Centre****Section 1 of 1 Timed Finals**

1	4	Allanah Pitcher	Gosford
2	31	Ella Robertson	Tuggerah Lakes M
3	19	Charlotte Lowe	Tuggerah Lakes M

Event 26 Boys U 13 - 3000 Metre Run**Zone: 10:09.00 2009 James Cox, Gosford****Lane Comp# Name Centre****Section 1 of 1 Timed Finals**

1	94	Josh O'Brien	Tuggerah Lakes M
2	32	Joel Kemp	Tuggerah Lakes M

CENTRAL COAST ZONE TRACK&FIELD CHAMPIONSHIPS - 11/12/2015 to 13/12/2015**Mingara Athletics Facility****Meet Program - Friday Night Track Events****This is the Final List of Events 2/12/2015****Where there is not enough entries to make 2 heats, the heats have been removed****Event 27 Girls U 14 - 3000 Metre Run****Zone: 10:54.10 2008****Caitlin Delaney, Tuggerah Lakes Mingara****Lane Comp# Name Centre****Section 1 of 1 Timed Finals**

1	147	Taylah Seaborn	Tuggerah Lakes M
2	27	Isabella Jones	Tuggerah Lakes M
3	27	Tanisha Blake	Wyong
4	191	Taylor Reid	Tuggerah Lakes M
5	23	Summer Mcshane-cale	Tuggerah Lakes M
6	157	Kyla Tucker	Woy Woy Peninsula

Event 28 Boys U 14 - 3000 Metre Run**Zone: 10:02.90 2009****Charlie Hunter, Gosford****Lane Comp# Name Centre****Section 1 of 1 Timed Finals**

1	7	Lachlan Rousell	Woy Woy Peninsula
2	18	Tom Boaler	Gosford

Event 29 Girls U 15 - 3000 Metre Run**Zone: 10:32.70 2009****Caitlin Delaney, Tuggerah Lakes Mingara****Lane Comp# Name Centre****Section 1 of 1 Timed Finals**

1	179	Amy Marie Walker	Wyong
2	7	Ivy Garrick	Terrigal/Wamberal
3	15	Ashlee Forbes	Tuggerah Lakes M

Event 30 Boys U 15 - 3000 Metre Run**Zone: 9:22.00 2005****Cameron Page, Gosford****Lane Comp# Name Centre****Section 1 of 1 Timed Finals**

1	95	Jackson Boyd	Gosford
2	16	Jakob Madden	Tuggerah Lakes M
3	230	Andrew Hutton	Tuggerah Lakes M
4	22	Corey Weller	Tuggerah Lakes M

Event 31 Girls U 17 - 3000 Metre Run**Zone: 10:53.90 2010****Caitlin Delaney, Tuggerah Lakes Mingara****Lane Comp# Name Centre****Section 1 of 1 Timed Finals**

1	273	Cristabel Farmilo	Tuggerah Lakes M
2	1	Jasmyn Garrick	Terrigal/Wamberal
3	99	Aisling Young	Tuggerah Lakes M
4	7	Mackenzie Penn	Tuggerah Lakes M

Event 32 Boys U 17 - 3000 Metre Run**Zone: 10:01.70 2010****Robert Dredge, Tuggerah Lakes Mingara****Lane Comp# Name Centre****Section 1 of 1 Timed Finals**

1	45	Dane Priest	Toukley
2	50	Alex Bauer	Tuggerah Lakes M

CENTRAL COAST ZONE TRACK&FIELD CHAMPIONSHIPS - 11/12/2015 to 13/12/2015**Mingara Athletics Facility****Meet Program - Friday Night Field Events**

This is the Final List of Events 2/12/2015

Event 1 Girls U 7 - Long Jump**Zone: 3.44m 1983****K Ferguson, Wyong****Pos Comp# Name****Flight 1 of 1 Final**

1	63	Emmi Kirton	Tuggerah Lakes M
2	99	Isabella Nicolussi	Woy Woy Peninsula
3	162	Abbie Eagleton	Wyong
4	22	Tyla Channells	Terrigal/Wamberal
5	137	Keira Callaghan	Wyong
6	31	Alana Gee	Terrigal/Wamberal
7	36	Emily Falconi	Terrigal/Wamberal
8	149	Melina Mcpherson	Tuggerah Lakes M
9	237	Tabitha D'Bras	Tuggerah Lakes M
10	139	Keira Carlson	Tuggerah Lakes M

Event 2 Boys U 7 - Long Jump**Zone: 3.22m 1984****L Donnelly, Wyong****Pos Comp# Name****Flight 1 of 1 Final****Centre**

1	160	Joel Washington	Tuggerah Lakes M
2	246	Silas Allen	Tuggerah Lakes M
3	242	Zachary Scaysbrook	Tuggerah Lakes M
4	840	Jimmy Johnston	Terrigal/Wamberal
5	29	Chase Blake	Wyong
6	356	Fergus Patterson	Tuggerah Lakes M
7	69	William Hunter	Gosford
8	43	Jonathon Priest	Toukley
9	46	Finn Van Aalderen	Woy Woy Peninsula
10	270	Oscar Furey	Tuggerah Lakes M
11	102	Aiden Robard	Tuggerah Lakes M

Event 3 Girls U 8 - Long Jump**Zone: 3.56m 1984****R Ferguson, Wyong****Pos Comp# Name****Flight 1 of 1 Final****Centre**

1	155	Savannah Lander	Tuggerah Lakes M
2	52	Sophie Sita	Toukley
3	254	Chloe Masters	Gosford
4	124	Ameliya Jolliffe	Gosford
5	991	Cameron Stamper	Terrigal/Wamberal
6	37	Olivia Falconi	Terrigal/Wamberal
7	170	Isabel Aitken	Woy Woy Peninsula
8	193	Katelyn Wardell	Gosford
9	505	Mimi Trivers	Terrigal/Wamberal
10	271	Taylah Markulin	Tuggerah Lakes M
11	184	Margrete Arthur	Gosford
12	75	Bree Robards	Tuggerah Lakes M

CENTRAL COAST ZONE TRACK&FIELD CHAMPIONSHIPS - 11/12/2015 to 13/12/2015**Mingara Athletics Facility****Meet Program - Friday Night Field Events**

This is the Final List of Events 2/12/2015

Event 4 Boys U 8 - Long Jump**Zone: 3.73m 1989****R Hall, Woy Woy Peninsula**

Pos	Comp#	Name	Centre
Flight	1 of 1	Final	
1	152	Jake Mitchell	Tuggerah Lakes M
2	185	Bailey Magann	Gosford
3	22	Griffon Dunne	Gosford
4	157	Baily Doyle	Gosford
5	21	Mitchell Rigney	Wyang
6	80	Kye Feltham	Gosford
7	299	Tana Alofia	Tuggerah Lakes M
8	352	Charlie Fennell	Tuggerah Lakes M
9	62	Aidan Keegan	Tuggerah Lakes M
10	76	Enda Connolly	Toukley
11	107	Rylan Bryan	Gosford
12	8	Connor Gunn	Gosford

Event 5 Girls U 17 - Javelin (500 Gram)**Zone: 33.09m 2011****Casey Judge, Tuggerah Lakes Mingara**

Pos	Comp#	Name	Centre
Flight	1 of 1	Final	
1	351	Brooke Guthrie	Tuggerah Lakes M
2	99	Aisling Young	Tuggerah Lakes M
3	46	Justine Priest	Toukley
4	223	Abbey Rumbel	Tuggerah Lakes M
5	176	Maddison Langman	Woy Woy Peninsula

Event 6 Boys U 17 - Javelin (700 Gram)**Zone: 43.35m 2010****Brendan Dawson, Wyong**

Pos	Comp#	Name	Centre
Flight	1 of 1	Final	
1	16	Jarryd Walter	Wyang
2	6	Isaac Rumbel	Tuggerah Lakes M
3	99	Tyler Gunn	Gosford
4	52	Andre Diaz	Tuggerah Lakes M
5	316	Jack Arigho	Tuggerah Lakes M
6	12	Benjamin Denham	Tuggerah Lakes M
7	45	Dane Priest	Toukley
8	50	Alex Bauer	Tuggerah Lakes M
9	92	Cooper Soper	Tuggerah Lakes M

Event 7 Girls U 15 - Javelin (500 Gram)**Zone: 31.13m 13/12/2013****Brianna Shipley, Tuggerah Lakes Mingara**

Pos	Comp#	Name	Centre
Flight	1 of 1	Final	
1	207	Shelby Cochrane	Tuggerah Lakes M
2	179	Amy Marie Walker	Wyang
3	13	April Brown-peters	Tuggerah Lakes M

Event 8 Boys U 15 - Javelin (700 Gram)**Zone: 35.40m 14/12/2012****Zac Simunovic, Gosford**

Pos	Comp#	Name	Centre
Flight	1 of 1	Final	
1	230	Andrew Hutton	Tuggerah Lakes M
2	178	Dominic Reed	Tuggerah Lakes M
3	160	Callum Sutton	Gosford

Do not leave a Field Event to go to Marshalling under any circumstances

CENTRAL COAST ZONE TRACK&FIELD CHAMPIONSHIPS - 11/12/2015 to 13/12/2015**Mingara Athletics Facility****Meet Program - Friday Night Field Events**

This is the Final List of Events 2/12/2015

Event 9 Girls U 14 - Javelin (400 Gram)**Zone: 26.16m 14/12/2012 Kayla Melrose, Tuggerah Lakes Mingara**

Pos	Comp#	Name	Centre
Flight	1 of 1	Final	
1	27	Tanisha Blake	Wyong
2	3	Kyra Powell-caffyn	Toukley
3	243	Emma Herford	Tuggerah Lakes M
4	2	Rebecca Casey	Gosford
5	92	Chloe Daniel	Wyong
6	3	Powell-kaffyn Kyra	Toukley
7	147	Taylah Seaborn	Tuggerah Lakes M

Event 10 Boys U 14 - Javelin (600 Gram)**Zone: 46.56m 2000 A Crump, Wyong**

Pos	Comp#	Name	Centre
Flight	1 of 1	Final	
1	2	Nicholas Bignall	Toukley
2	15	Brock Van Alderen	Woy Woy Peninsula
3	154	Deacan Lander	Tuggerah Lakes M
4	17	Joshua Wadeson	Woy Woy Peninsula

Event 11 Girls U 13 - Javelin (400 Gram)**Zone: 31.35m 2008 Samantha Farrant, Gosford**

Pos	Comp#	Name	Centre
Flight	1 of 1	Final	
1	9	Taren Lebreton	Gosford
2	214	Charlise Wheeler	Gosford
3	16	April Carty	Toukley
4	31	Ella Robertson	Tuggerah Lakes M
5	71	Trinity Robards	Tuggerah Lakes M
6	35	Marni Bell-waights	Toukley
7	126	Tahnee Ball	Woy Woy Peninsula
8	7	Abigia Barrett	Toukley
9	272	Stella Russell	Gosford

Event 12 Boys U 13 - Javelin (600 Gram)**Zone: 33.58m 1999 A Crump, Wyong**

Pos	Comp#	Name	Centre
Flight	1 of 1	Final	
1	3	Thomas Shannon	Gosford
2	163	Seamus Millen	Gosford
3	212	Jackson Knowles	Tuggerah Lakes M
4	226	Evan Hillman	Tuggerah Lakes M
5	34	Ashton Hurley	Tuggerah Lakes M

Event 13 Girls U 12 - Javelin (400 Gram)**Zone: 21.85m 14/12/2012 April Brown-peters, Tuggerah Lakes Mingara**

Pos	Comp#	Name	Centre
Flight	1 of 1	Final	
1	270	Belynda Liedberg	Gosford
2	315	Emily Porter	Tuggerah Lakes M
3	22	Mackenzie Freeman	Toukley
4	5	Hannah Bolton	Tuggerah Lakes M
5	297	Nataya Alofia	Tuggerah Lakes M

Event 14 Boys U 12 - Javelin (400 Gram)**Zone: 31.65m 14/12/2012 Mason Leef, Wyong**

Do not leave a Field Event to go to Marshalling under any circumstances

CENTRAL COAST ZONE TRACK&FIELD CHAMPIONSHIPS - 11/12/2015 to 13/12/2015**Mingara Athletics Facility****Meet Program - Friday Night Field Events**

This is the Final List of Events 2/12/2015

Pos	Comp#	Name	Centre
Flight	1 of 1	Final	
1	44	Zain Robards	Tuggerah Lakes M
2	342	Jelle Van Der Ham	Tuggerah Lakes M
3	5	Ryan Brown	Woy Woy Peninsula
4	112	Cameron Cheney	Wyong
5	111	Brett Wilkinson	Wyong
6	190	Michael Seaborn	Tuggerah Lakes M
7	45	Leith Van Aalderen	Woy Woy Peninsula
8	59	Luca Mcdermott	Toukley
9	203	Ethan Jeffrey	Wyong

Event 15 Girls U 11 - Javelin (400 Gram)

Pos	Comp#	Name	Centre
Flight	1 of 1	Final	
1	363	Aoife O'Neill	Tuggerah Lakes M
2	181	Kirra Hillman	Tuggerah Lakes M
3	171	Ebony Stadelmann	Tuggerah Lakes M
4	215	Sienna Sawers	Tuggerah Lakes M
5	45	Lexi Weber	Tuggerah Lakes M
6	47	Tori Robertson	Tuggerah Lakes M
7	605	Mackinley Domonkos	Tuggerah Lakes M
8	185	Kirra Richardson	Tuggerah Lakes M

Event 16 Boys U 11 - Javelin (400 Gram)

Pos	Comp#	Name	Centre
Flight	1 of 1	Final	
1	5	Joshua Farrant	Gosford
2	258	Dominic Charrett	Tuggerah Lakes M

CENTRAL COAST ZONE TRACK&FIELD CHAMPIONSHIPS - 11/12/2015 to 13/12/2015

Mingara Athletics Facility

Meet Program - Saturday Track Events

This is the Final List of Events 2/12/2015**Where there is not enough entries to make 2 heats, the heats have been removed****Event 33 Girls U 7 - 200 Metre Sprint****Top 8 Advance by Time****Zone: 36.00 1983****R Furguson, Wyong**

Lane	Comp#	Name	Centre
Heat	1 of 2	Heats	
2	34	Jasmine George	Terrigal/Wamberal
3	339	Talia Armstrong	Tuggerah Lakes M
4	36	Emily Falconi	Terrigal/Wamberal
5	177	Sallee Macey	Woy Woy Peninsula
6	22	Tyla Channells	Terrigal/Wamberal
7	115	Ruby Waite	Tuggerah Lakes M
Heat	2 of 2	Heats	
2	63	Emmi Kirton	Tuggerah Lakes M
3	801	Hayley Russell	Terrigal/Wamberal
4	137	Keira Callaghan	Wyong
5	946	Layla Pace	Terrigal/Wamberal
6	337	Chloe Armstrong	Tuggerah Lakes M

Event 34 Boys U 7 - 200 Metre Sprint**Top 8 Advance by Time****Zone: 32.20 2008****Jamal Belkadi, Gosford**

Lane	Comp#	Name	Centre
Heat	1 of 2	Heats	
2	170	Cooper Bolton	Gosford
3	356	Fergus Patterson	Tuggerah Lakes M
4	55	Hayden Rodionoff	Wyong
5	88	Hugh Argent	Woy Woy Peninsula
6	302	Hayden Etches	Tuggerah Lakes M
7	66	Hunter Simpson	Toukley
Heat	2 of 2	Heats	
2	160	Joel Washington	Tuggerah Lakes M
3	100	Leroy Maccue	Tuggerah Lakes M
4	526	Jai Smith	Gosford
5	304	Jake Tracey	Tuggerah Lakes M
6	300	Jack Etches	Tuggerah Lakes M
7	246	Silas Allen	Tuggerah Lakes M

Event 35 Girls U 8 - 60 Metre Hurdles (45cm)**Top 8 Advance by Time****Zone: 11.17 15/12/2012 Tori Robertson, Tuggerah Lakes Mingara**

Lane	Comp#	Name	Centre
Heat	1 of 2	Heats	
2	40	Keira Piggott	Gosford
3	991	Cameron Stamper	Terrigal/Wamberal
4	161	Isabella Parrelli	Tuggerah Lakes M
5	124	Ameliya Jolliffe	Gosford
6	183	Eva McGregor-johnston	Tuggerah Lakes M
7	170	Isabel Aitken	Woy Woy Peninsula
8	75	Bree Robards	Tuggerah Lakes M

CENTRAL COAST ZONE TRACK&FIELD CHAMPIONSHIPS - 11/12/2015 to 13/12/2015**Mingara Athletics Facility****Meet Program - Saturday Track Events****This is the Final List of Events 2/12/2015****Where there is not enough entries to make 2 heats, the heats have been removed**

Heat	2 of 2	Heats...(Event 35	Girls U 8 - 60 Metre Hurdles (45cm))
2	978	Holly Whormsley	Terrigal/Wamberal
3	59	Hayley Jackson	Tuggerah Lakes M
4	181	Eva Lynch	Woy Woy Peninsula
5	505	Mimi Trivers	Terrigal/Wamberal
6	57	Heidi Ashdown	Woy Woy Peninsula
7	184	Margrete Arthur	Gosford
8	171	Elizabeth Rodham	Woy Woy Peninsula

Event 36 Boys U 8 - 60 Metre Hurdles (45cm)**Top 8 Advance by Time**

Zone:		11.00	2010	Sandon Smith, Tuggerah Lakes Mingara
Lane	Comp#	Name		Centre
Heat	1 of 2	Heats		
2	47	Max Miller		Terrigal/Wamberal
3	88	Cassius Kirton		Tuggerah Lakes M
4	34	Luca Quitadamo		Woy Woy Peninsula
5	157	Baily Doyle		Gosford
6	208	Zane Cash		Gosford
7	76	Oliver Andrews-bohringer		Tuggerah Lakes M
8	207	Kahlil Gristwood		Wyong
Heat	2 of 2	Heats		
2	37	William Haswell		Gosford
3	152	Jake Mitchell		Tuggerah Lakes M
4	101	Ryan Hill		Gosford
5	138	Rory Sohler		Tuggerah Lakes M
6	501	Marley Pace		Terrigal/Wamberal
7	169	Raj Sharma		Woy Woy Peninsula
8	21	Mitchell Rigney		Wyong

Event 37 Girls U 9 - 60 Metre Hurdles (45cm)**8 Advance: Top 3 Each Heat plus Next 2 Best Times**

Zone:		10.40	2004	Bianca Mould, Terrigal / Wamberal
Lane	Comp#	Name		Centre
Heat	1 of 2	Heats		
2	109	Teratai Mcleish		Tuggerah Lakes M
3	102	Georgie Lawton		Wyong
4	87	Kayla Adam-heron		Tuggerah Lakes M
5	5	Mia Tongue		Toukley
6	828	Milla Melverton		Terrigal/Wamberal
Heat	2 of 2	Heats		
2	23	Hayden Channells		Terrigal/Wamberal
3	70	Sophie Heineman		Toukley
4	41	Jasmin Piggott		Gosford
5	69	Georgia Payne		Tuggerah Lakes M
6	11	Mia Cross		Toukley
7	530	Mia Smyth		Terrigal/Wamberal

CENTRAL COAST ZONE TRACK&FIELD CHAMPIONSHIPS - 11/12/2015 to 13/12/2015

Mingara Athletics Facility

Meet Program - Saturday Track Events

This is the Final List of Events 2/12/2015**Where there is not enough entries to make 2 heats, the heats have been removed****Event 38 Boys U 9 - 60 Metre Hurdles (45cm)****8 Advance: Top 3 Each Heat plus Next 2 Best Times****Zone: 10.00 2011 Sandon Smith, Tuggerah Lakes Mingara**

Lane	Comp#	Name	Centre
Heat	1 of 2	Heats	
2	335	Jayden Armstrong	Tuggerah Lakes M
3	90	Damian Storey	Woy Woy Peninsula
4	140	Jake Knapp	Tuggerah Lakes M
5	239	Mitchell Harrison	Gosford
6	70	Travis Jackson	Tuggerah Lakes M
Heat	2 of 2	Heats	
2	64	Oscar Mahoney	Tuggerah Lakes M
3	187	Jerome Drobot	Gosford
4	136	Cooper Bemett	Tuggerah Lakes M
5	800	Alexander Russell	Terrigal/Wamberal
6	110	Joshua Carroll	Tuggerah Lakes M
7	126	Jack Testa	Tuggerah Lakes M

Event 39 Girls U 10 - 60 Metre Hurdles (60cm)**8 Advance: Top 3 Each Heat plus Next 2 Best Times****Zone: 10.80 1996 Nocole Beaton, Tuggerah Lakes Mingara**

Lane	Comp#	Name	Centre
Heat	1 of 2	Heats	
2	943	Laila Pickering	Terrigal/Wamberal
3	148	Grace Miotto	Woy Woy Peninsula
4	53	Milly Hampson	Tuggerah Lakes M
5	206	Taalirah Gristwood	Wyong
6	263	Jemma Young	Tuggerah Lakes M
7	118	Jodie Miller	Woy Woy Peninsula
Heat	2 of 2	Heats	
2	12	Tylah Legge	Terrigal/Wamberal
3	203	Kiah Edmonds	Woy Woy Peninsula
4	359	Jazmine Rodden	Tuggerah Lakes M
5	2	Ava Simos	Terrigal/Wamberal
6	19	Kyra Cardy	Terrigal/Wamberal
7	79	Hope McIntosh-walsh	Wyong

Event 40 Boys U 10 - 60 Metre Hurdles (60cm)**8 Advance: Top 3 Each Heat plus Next 2 Best Times****Zone: 10.10 15/12/2012 Benjamin Martin, Wyong**

Lane	Comp#	Name	Centre
Heat	1 of 3	Heats	
2	3	Riley Holt	Woy Woy Peninsula
3	360	Lincoln Markulin	Tuggerah Lakes M
4	142	Jed Hoyland	Woy Woy Peninsula
5	992	Jackson Stamper	Terrigal/Wamberal
6	106	Brendan Minto	Tuggerah Lakes M
Heat	2 of 3	Heats	
2	1	Keegan Freeman	Toukley
3	347	Jaiden Perse	Tuggerah Lakes M
4	10	Lachlan Gunn	Gosford
5	19	Jett Tancred	Wyong
6	3	James Fleming	Terrigal/Wamberal
7	150	Jarrold Brown	Wyong

CENTRAL COAST ZONE TRACK&FIELD CHAMPIONSHIPS - 11/12/2015 to 13/12/2015**Mingara Athletics Facility****Meet Program - Saturday Track Events****This is the Final List of Events 2/12/2015****Where there is not enough entries to make 2 heats, the heats have been removed**

Heat	3 of 3	Heats...(Event 40	Boys U 10 - 60 Metre Hurdles (60cm))
2	202	Joel Parrelli	Tuggerah Lakes M
3	103	Joshua Dickson	Wyong
4	29	Kobi Melverton	Terrigal/Wamberal
5	521	Austin Harland	Gosford
6	153	Zane Smith	Woy Woy Peninsula
7	210	Darcy Knowles	Tuggerah Lakes M

Event 41 Girls U 11 - 60 Metre Hurdles (60cm)**8 Advance: Top 3 Each Heat plus Next 2 Best Times****Zone: 9.80 1997 Nocole Beaton, Tuggerah Lakes Mingara**

Lane	Comp#	Name	Centre
Heat	1 of 2	Heats	
2	46	Teah Miller	Terrigal/Wamberal
3	47	Tori Robertson	Tuggerah Lakes M
4	801	Kaitlyn Norris	Wyong
5	215	Sienna Sawers	Tuggerah Lakes M
6	993	Serenity Williams	Terrigal/Wamberal
Heat	2 of 2	Heats	
2	171	Ebony Stadelmann	Tuggerah Lakes M
3	189	Natalia Drobot	Gosford
4	609	Reilly Davis	Tuggerah Lakes M
5	30	Lauren Gee	Terrigal/Wamberal
6	3	Amalia Patterson	Tuggerah Lakes M

Event 43 Girls U 12 - 60 Metre Hurdles (68cm)**8 Advance: Top 3 Each Heat plus Next 2 Best Times****Zone: 9.90 2007 Jamie Carr, Gosford**

Lane	Comp#	Name	Centre
Heat	1 of 2	Heats	
2	24	Mia Barber	Gosford
3	54	Angie Faulks	Toukley
4	229	Zoe Hyland	Gosford
5	104	Tamika Dickson	Wyong
6	96	Sophie Boyd	Gosford
7	155	Lara Stevens	Gosford
Heat	2 of 2	Heats	
2	224	Brooke Lane	Gosford
3	11	Tahlia Coles	Terrigal/Wamberal
4	507	Erin Hamilton	Gosford
5	193	Isabella Dodsworth	Woy Woy Peninsula
6	140	Ella Aldrick-emanuel	Gosford
7	10	Violette Garrick	Terrigal/Wamberal

Event 44 Boys U 12 - 60 Metre Hurdles (68cm)**8 Advance: Top 3 Each Heat plus Next 2 Best Times****Zone: 9.80 1999 R Roberts, Gosford**

Lane	Comp#	Name	Centre
Heat	1 of 2	Heats	
3	59	Luca Mcdermott	Toukley
4	84	Hunter Finnigan	Wyong
5	200	Thomas Rodham	Woy Woy Peninsula
6	44	Zain Robards	Tuggerah Lakes M

CENTRAL COAST ZONE TRACK&FIELD CHAMPIONSHIPS - 11/12/2015 to 13/12/2015**Mingara Athletics Facility****Meet Program - Saturday Track Events****This is the Final List of Events 2/12/2015****Where there is not enough entries to make 2 heats, the heats have been removed**

Heat	2 of 2	Heats...(Event 44	Boys U 12 - 60 Metre Hurdles (68cm))
2	28	Jamie Trivers	Terrigal/Wamberal
3	88	Eli Jeffreys	Wyang
4	55	Jamie Bickel	Woy Woy Peninsula
5	213	Rohan Yates	Wyang
6	45	Leith Van Aalderen	Woy Woy Peninsula

Event 54 Boys U 11 - 60 Metre Hurdles (60cm)**Zone: 9.90 1998 R Roberts, Gosford**

Lane	Comp#	Name	Centre
Section	1 of 1	Timed Finals	
2	100	Tom Lawton	Wyang
3	128	Lachlan Bishell	Woy Woy Peninsula
4	957	Jackson Adair	Terrigal/Wamberal
5	14	Jack Legge	Terrigal/Wamberal
6	117	Tommy Edmonds	Woy Woy Peninsula
7	238	Murray Harrison	Gosford
8	46	Ikey Allen	Tuggerah Lakes M

Event 57 Girls U 13 - 100 Metre Sprint**8 Advance: Top 3 Each Heat plus Next 2 Best Times****Zone: 12.62 15/12/2012 Heather Duffy, Tuggerah Lakes Mingara**

Lane	Comp#	Name	Centre
Heat	1 of 2	Heats	
2	255	Jezebel Navusolo	Tuggerah Lakes M
3	126	Tahnee Ball	Woy Woy Peninsula
4	133	Finlay Flaherty	Gosford
5	7	Abigia Barrett	Toukley
6	13	Katie Gunn	Gosford
Heat	2 of 2	Heats	
2	71	Trinity Robards	Tuggerah Lakes M
3	11	Paris Croke	Wyang
4	196	Jemma Massoud-psaila	Gosford
5	233	Ava Zappia	Tuggerah Lakes M
6	116	Skye Loder	Wyang

Event 58 Boys U 13 - 100 Metre Sprint**8 Advance: Top 3 Each Heat plus Next 2 Best Times****Zone: 12.10 2004 Tommy Robinson, Terrigal / Wamberal**

Lane	Comp#	Name	Centre
Heat	1 of 2	Heats	
2	221	Samuel Morgan	Gosford
3	70	Cameron Steer	Woy Woy Peninsula
4	163	Seamus Millen	Gosford
5	368	Alex Spindler	Tuggerah Lakes M
Heat	2 of 2	Heats	
3	36	Reilly O'Neill	Tuggerah Lakes M
4	273	Nicholas Hathway	Gosford
5	34	Ashton Hurley	Tuggerah Lakes M
6	139	Cameron Torpy	Wyang
7	117	Conner Cogan	Gosford

CENTRAL COAST ZONE TRACK&FIELD CHAMPIONSHIPS - 11/12/2015 to 13/12/2015**Mingara Athletics Facility****Meet Program - Saturday Track Events****This is the Final List of Events 2/12/2015****Where there is not enough entries to make 2 heats, the heats have been removed****Event 59 Girls U 14 - 100 Metre Sprint****8 Advance: Top 3 Each Heat plus Next 2 Best Times****Zone: 12.50 2005 Dannielle Bradbury, Terrigal / Wamberal**

Lane	Comp#	Name	Centre
Heat 1 of 2	Heats		
3	193	Jordyn Drysdale	Tuggerah Lakes M
4	92	Chloe Daniel	Wyang
5	153	Christianna Soares	Tuggerah Lakes M
6	2	Rebecca Casey	Gosford
Heat 2 of 2	Heats		
2	327	Emily O'Meara	Tuggerah Lakes M
3	14	Paige Rigney	Wyang
4	21	Darci Carroll	Tuggerah Lakes M
5	100	Ruby Smith	Gosford
6	4	Courtney Doyle	Toukley

Event 65 Girls U 7 - 100 Metre Sprint**Top 8 Advance by Time****Zone: 16.90 1994 K Knight, Woy Woy Peninsula**

Lane	Comp#	Name	Centre
Heat 1 of 3	Heats		
2	946	Layla Pace	Terrigal/Wamberal
3	162	Abbie Eagleton	Wyang
4	266	Jacinta Liedberg	Gosford
5	63	Emmi Kirton	Tuggerah Lakes M
6	12	Maddie Cross	Toukley
7	22	Tyla Channells	Terrigal/Wamberal
Heat 2 of 3	Heats		
2	801	Hayley Russell	Terrigal/Wamberal
3	177	Sallee Macey	Woy Woy Peninsula
4	36	Emily Falconi	Terrigal/Wamberal
5	226	Brooke McIntosh-walsh	Wyang
6	31	Alana Gee	Terrigal/Wamberal
Heat 3 of 3	Heats		
2	237	Tabitha D'Bras	Tuggerah Lakes M
3	137	Keira Callaghan	Wyang
4	339	Talia Armstrong	Tuggerah Lakes M
5	34	Jasmine George	Terrigal/Wamberal
6	337	Chloe Armstrong	Tuggerah Lakes M
7	115	Ruby Waite	Tuggerah Lakes M

Event 66 Boys U 7 - 100 Metre Sprint**Top 8 Advance by Time****Zone: 15.60 1989 G Towle, Gosford**

Lane	Comp#	Name	Centre
Heat 1 of 2	Heats		
2	300	Jack Etches	Tuggerah Lakes M
3	270	Oscar Furey	Tuggerah Lakes M
4	66	Hunter Simpson	Toukley
5	246	Silas Allen	Tuggerah Lakes M
6	356	Fergus Patterson	Tuggerah Lakes M
Heat 2 of 2	Heats...(Event 66 Boys U 7 - 100 Metre Sprint)		
2	302	Hayden Etches	Tuggerah Lakes M
3	55	Hayden Rodionoff	Wyang
4	100	Leroy Maccue	Tuggerah Lakes M
5	840	Jimmy Johnston	Terrigal/Wamberal
6	304	Jake Tracey	Tuggerah Lakes M

CENTRAL COAST ZONE TRACK&FIELD CHAMPIONSHIPS - 11/12/2015 to 13/12/2015**Mingara Athletics Facility****Meet Program - Saturday Track Events****This is the Final List of Events 2/12/2015****Where there is not enough entries to make 2 heats, the heats have been removed****Event 67 Girls U 8 - 100 Metre Sprint****Top 8 Advance by Time****Zone: 14.90 1989****Rosemary Hayward, Wyong**

Lane	Comp#	Name	Centre
Heat 1 of 3	Heats		
2	181	Eva Lynch	Woy Woy Peninsula
3	40	Keira Piggott	Gosford
4	171	Elizabeth Rodham	Woy Woy Peninsula
5	155	Savannah Lander	Tuggerah Lakes M
6	978	Holly Whormsley	Terrigal/Wamberal
7	137	Ava-marie Carlson	Tuggerah Lakes M
Heat 2 of 3	Heats		
2	66	Phoenix Eldridge	Gosford
3	505	Mimi Trivers	Terrigal/Wamberal
4	52	Sophie Sita	Toukley
5	205	Olivia Booth	Gosford
6	140	Sophia Grey	Woy Woy Peninsula
7	124	Ameliya Jolliffe	Gosford
Heat 3 of 3	Heats		
2	271	Taylah Markulin	Tuggerah Lakes M
3	183	Eva McGregor-johnston	Tuggerah Lakes M
4	231	Sarah Hyland	Gosford
5	161	Isabella Parrelli	Tuggerah Lakes M
6	25	Ivy Leger	Tuggerah Lakes M
7	75	Bree Robards	Tuggerah Lakes M

Event 68 Boys U 8 - 100 Metre Sprint**Top 8 Advance by Time****Zone: 15.00 1989****J Hirst, Terrigal / Wamberal**

Lane	Comp#	Name	Centre
Heat 1 of 2	Heats		
2	956	Matthew Fleming	Terrigal/Wamberal
3	76	Enda Connolly	Toukley
4	44	Jaxson Tutt	Terrigal/Wamberal
5	169	Raj Sharma	Woy Woy Peninsula
6	37	William Haswell	Gosford
7	138	Rory Sohier	Tuggerah Lakes M
Heat 2 of 2	Heats		
2	88	Cassius Kirton	Tuggerah Lakes M
3	185	Bailey Magann	Gosford
4	62	Aidan Keegan	Tuggerah Lakes M
5	47	Max Miller	Terrigal/Wamberal
6	519	Jay Buschmann	Gosford
7	501	Marley Pace	Terrigal/Wamberal
8	252	Jack Busch	Gosford

Event 69 Girls U 9 - 100 Metre Sprint**8 Advance: Top 3 Each Heat plus Next 2 Best Times****Zone: 14.90 2010****Jenna Bird, Tuggerah Lakes Mingara**

Lane	Comp#	Name	Centre
Heat 1 of 3	Heats		
2	143	Alexia Karas	Gosford
3	133	Ella Williams	Tuggerah Lakes M
4	267	Tiana Baker	Gosford
5	115	Charlotte Spindler	Wyong
6	41	Jasmin Piggott	Gosford
7	121	Emily Neville-smith	Tuggerah Lakes M

CENTRAL COAST ZONE TRACK&FIELD CHAMPIONSHIPS - 11/12/2015 to 13/12/2015

Mingara Athletics Facility

Meet Program - Saturday Track Events

This is the Final List of Events 2/12/2015**Where there is not enough entries to make 2 heats, the heats have been removed**

Heat	2 of 3	Heats	
2	19	Abigail Vogt	Gosford
3	823	Isabel Walsh	Terrigal/Wamberal
4	225	Sienna Etches	Tuggerah Lakes M
5	839	Libby Johnston	Terrigal/Wamberal
6	181	Kiarna Johnson	Wyong
7	530	Mia Smyth	Terrigal/Wamberal
Heat	3 of 3	Heats	
2	28	Marissa Blake	Wyong
3	52	Sophie Pratt	Woy Woy Peninsula
4	230	Ashlyn Hyland	Gosford
5	11	Mia Cross	Toukley
6	87	Kayla Adam-heron	Tuggerah Lakes M
7	65	Brandy Simpson	Toukley

Event 70 Boys U 9 - 100 Metre Sprint**8 Advance: Top 3 Each Heat plus Next 2 Best Times****Zone: 14.10 2011 Sandon Smith, Tuggerah Lakes Mingara**

Lane	Comp#	Name	Centre
Heat	1 of 2	Heats	
2	126	Jack Testa	Tuggerah Lakes M
3	67	Joshua Ireland	Gosford
4	136	Jai Callaghan	Wyong
5	516	Kaelan Zerdo	Gosford
6	89	Jake Argent	Woy Woy Peninsula
7	140	Jake Knapp	Tuggerah Lakes M
8	90	Damian Storey	Woy Woy Peninsula
Heat	2 of 2	Heats	
1	110	Joshua Carroll	Tuggerah Lakes M
2	187	Jerome Drobot	Gosford
3	335	Jayden Armstrong	Tuggerah Lakes M
4	62	Elijah Falconer	Toukley
5	800	Alexander Russell	Terrigal/Wamberal
6	239	Mitchell Harrison	Gosford
7	136	Cooper Bemet	Tuggerah Lakes M
8	148	Bodie Jefferys	Wyong

Event 71 Girls U 10 - 100 Metre Sprint**8 Advance: Top 3 Each Heat plus Next 2 Best Times****Zone: 14.10 1991 Rosemary Hayward, Wyong**

Lane	Comp#	Name	Centre
Heat	1 of 3	Heats	
2	79	Hope Mcintosh-walsh	Wyong
3	2	Ava Simos	Terrigal/Wamberal
4	49	Lilah Washington	Tuggerah Lakes M
5	238	Tarni Whitmore	Wyong
6	9	Amber Sheary	Terrigal/Wamberal
7	10	Charlotte Rousell	Woy Woy Peninsula
8	64	Tara Beyer	Gosford
Heat	2 of 3	Heats	
1	12	Tylah Legge	Terrigal/Wamberal
2	131	Zoe Clarke	Tuggerah Lakes M
3	19	Kyra Cardy	Terrigal/Wamberal
4	263	Jemma Young	Tuggerah Lakes M
5	31	Tarni Eagleton	Toukley
6	214	Maykayla Yates	Wyong
7	33	Leila George	Terrigal/Wamberal
8	203	Kiah Edmonds	Woy Woy Peninsula

CENTRAL COAST ZONE TRACK&FIELD CHAMPIONSHIPS - 11/12/2015 to 13/12/2015**Mingara Athletics Facility****Meet Program - Saturday Track Events****This is the Final List of Events 2/12/2015****Where there is not enough entries to make 2 heats, the heats have been removed**

Heat	3 of 3	Heats	
2	161	Alexis Eagleton	Wyong
3	369	Marianne Papalexion	Tuggerah Lakes M
4	943	Laila Pickering	Terrigal/Wamberal
5	133	Samantha Nowland	Wyong
6	818	Liliya Tatarinoff	Terrigal/Wamberal
7	359	Jazmine Rodden	Tuggerah Lakes M
8	148	Grace Miotto	Woy Woy Peninsula

Event 72 Boys U 10 - 100 Metre Sprint**8 Advance: Top 3 Each Heat plus Next 2 Best Times****Zone: 13.50 1992 T Donaldson, Tuggerah Lakes Mingara**

Lane	Comp#	Name	Centre
Heat	1 of 3	Heats	
2	169	Dylan Coyte	Wyong
3	360	Lincoln Markulin	Tuggerah Lakes M
4	1	Keegan Freeman	Toukley
5	198	Taj Garner	Tuggerah Lakes M
6	142	Jed Hoyland	Woy Woy Peninsula
7	616	Jack Woodhouse	Tuggerah Lakes M
8	153	Zane Smith	Woy Woy Peninsula
Heat	2 of 3	Heats	
2	288	William Jamieson	Tuggerah Lakes M
3	3	Riley Holt	Woy Woy Peninsula
4	32	Mitchell Blyton	Gosford
5	149	Hayden Jeffreys	Wyong
6	298	Jordan Small	Tuggerah Lakes M
7	180	Kynan Johnson	Wyong
8	308	Henry D'Bras	Tuggerah Lakes M

Heat	3 of 3	Heats...(Event 72 Boys U 10 - 100 Metre Sprint)	
2	512	Kynan Patterson	Terrigal/Wamberal
3	347	Jaiden Perse	Tuggerah Lakes M
4	3	James Fleming	Terrigal/Wamberal
5	272	Ethan Shaddock	Tuggerah Lakes M
6	55	Dion Papalexion	Gosford
7	90	Felix Kirton	Tuggerah Lakes M

Event 73 Girls U 11 - 100 Metre Sprint**8 Advance: Top 3 Each Heat plus Next 2 Best Times****Zone: 13.40 2007 Sara Marshall, Gosford**

Lane	Comp#	Name	Centre
Heat	1 of 2	Heats	
2	993	Serenity Williams	Terrigal/Wamberal
3	83	Alexis Aldous	Woy Woy Peninsula
4	241	Hayley Corderoy	Tuggerah Lakes M
5	801	Kaitlyn Norris	Wyong
6	47	Tori Robertson	Tuggerah Lakes M
7	215	Emelyn Wheeler	Gosford
8	215	Sienna Sawers	Tuggerah Lakes M
Heat	2 of 2	Heats	
2	189	Natalia Drobot	Gosford
3	43	Jade Beaven	Tuggerah Lakes M
4	47	Susanna Palmer	Gosford
5	14	Amelia Carty	Toukley
6	235	Mia Zappia	Tuggerah Lakes M
7	9	Siena Hall	Toukley
8	171	Ebony Stadelmann	Tuggerah Lakes M

CENTRAL COAST ZONE TRACK&FIELD CHAMPIONSHIPS - 11/12/2015 to 13/12/2015

Mingara Athletics Facility

Meet Program - Saturday Track Events

This is the Final List of Events 2/12/2015

Where there is not enough entries to make 2 heats, the heats have been removed

Event 74 Boys U 11 - 100 Metre Sprint**8 Advance: Top 3 Each Heat plus Next 2 Best Times****Zone: 13.00 2007 Joshua Parkinson, Tuggerah Lakes Mingara**

Lane	Comp#	Name	Centre
Heat 1 of 2	2	Heats	
2	238	Murray Harrison	Gosford
3	838	Gilbert Johnston	Terrigal/Wamberal
4	51	Lewis Pratt	Woy Woy Peninsula
5	14	Jack Legge	Terrigal/Wamberal
6	58	Noah Shelvey	Tuggerah Lakes M
7	957	Jackson Adair	Terrigal/Wamberal
Heat 2 of 2	2	Heats	
2	128	Lachlan Bishell	Woy Woy Peninsula
3	144	Aaron Neville-smith	Tuggerah Lakes M
4	112	Aymn Hamilton	Tuggerah Lakes M
5	100	Tom Lawton	Woyong
6	256	Brendan Charrett	Tuggerah Lakes M
7	117	Tommy Edmonds	Woy Woy Peninsula
8	46	Ikey Allen	Tuggerah Lakes M

Event 75 Girls U 12 - 100 Metre Sprint**8 Advance: Top 3 Each Heat plus Next 2 Best Times****Zone: 12.70 2008 Sara Marshall, Gosford**

Lane	Comp#	Name	Centre
Heat 1 of 2	2	Heats	
1	191	Alicia Weir	Woyong
2	11	Tahlia Coles	Terrigal/Wamberal
3	119	Lucy Jacobs	Tuggerah Lakes M
4	140	Ella Aldrick-emanuel	Gosford
5	712	Chanelle Cross	Toukley
6	128	Camryn Millar	Woyong
7	54	Angie Faulks	Toukley
8	224	Brooke Lane	Gosford
Heat 2 of 2	2	Heats	
1	104	Tamika Dickson	Woyong
2	507	Erin Hamilton	Gosford
3	93	Sophie Daniels	Woyong
4	623	Charlotte Soares	Tuggerah Lakes M
5	270	Belynda Liedberg	Gosford
6	41	Anna Mckechnie	Tuggerah Lakes M
7	193	Isabella Dodsworth	Woy Woy Peninsula
8	229	Zoe Hyland	Gosford

Event 76 Boys U 12 - 100 Metre Sprint**8 Advance: Top 3 Each Heat plus Next 2 Best Times****Zone: 12.69 15/12/2012 Aaron Dudman, Gosford**

Lane	Comp#	Name	Centre
Heat 1 of 2	2	Heats	
2	88	Eli Jeffreys	Woyong
3	55	Jamie Bickel	Woy Woy Peninsula
4	520	Ryan Harland	Gosford
5	2	Bailey Holt	Woy Woy Peninsula
6	12	Lachlan Rigney	Woyong

CENTRAL COAST ZONE TRACK&FIELD CHAMPIONSHIPS - 11/12/2015 to 13/12/2015**Mingara Athletics Facility****Meet Program - Saturday Track Events****This is the Final List of Events 2/12/2015****Where there is not enough entries to make 2 heats, the heats have been removed**

Heat	2 of 2	Heats	
2	163	William Eagleton	Wyong
3	77	Elliot Easson	Woy Woy Peninsula
4	59	Luca Mcdermott	Toukley
5	176	Tygar Bruen	Wyong
6	200	Thomas Rodham	Woy Woy Peninsula
7	213	Rohan Yates	Wyong

Event 77 Girls U 7 - 50 Metre Sprint**Top 8 Advance by Time****Zone: 9.00 2004 Megan Wardell, Gosford**

Lane	Comp#	Name	Centre
Heat	1 of 2	Heats	
2	149	Melina Mcpherson	Tuggerah Lakes M
3	34	Jasmine George	Terrigal/Wamberal
4	226	Brooke McIntosh-walsh	Wyong
5	337	Chloe Armstrong	Tuggerah Lakes M
6	946	Layla Pace	Terrigal/Wamberal
Heat	2 of 2	Heats...(Event 77 Girls U 7 - 50 Metre Sprint)	
2	177	Sallee Macey	Woy Woy Peninsula
3	339	Talia Armstrong	Tuggerah Lakes M
4	31	Alana Gee	Terrigal/Wamberal
5	162	Abbie Eagleton	Wyong
6	115	Ruby Waite	Tuggerah Lakes M
7	801	Hayley Russell	Terrigal/Wamberal

Event 78 Boys U 7 - 50 Metre Sprint**Top 8 Advance by Time****Zone: 8.50 2004 Patrick Flint, Tuggerah Lakes Mingara**

Lane	Comp#	Name	Centre
Heat	1 of 2	Heats	
2	160	Joel Washington	Tuggerah Lakes M
3	69	William Hunter	Gosford
4	300	Jack Etches	Tuggerah Lakes M
5	170	Cooper Bolton	Gosford
6	302	Hayden Etches	Tuggerah Lakes M
7	55	Hayden Rodionoff	Wyong
Heat	2 of 2	Heats	
2	304	Jake Tracey	Tuggerah Lakes M
3	46	Finn Van Aalderen	Woy Woy Peninsula
4	840	Jimmy Johnston	Terrigal/Wamberal
5	88	Hugh Argent	Woy Woy Peninsula
6	66	Hunter Simpson	Toukley

Event 87 Girls U 8 - 400 Metre Sprint**Top 8 Advance by Time****Zone: 1:18.70 1989 Rosemary Hayward, Wyong**

Lane	Comp#	Name	Centre
Heat	1 of 2	Heats	
2	193	Katelyn Wardell	Gosford
3	75	Bree Robards	Tuggerah Lakes M
4	140	Sophia Grey	Woy Woy Peninsula
5	205	Olivia Booth	Gosford
6	171	Elizabeth Rodham	Woy Woy Peninsula
7	59	Hayley Jackson	Tuggerah Lakes M

CENTRAL COAST ZONE TRACK&FIELD CHAMPIONSHIPS - 11/12/2015 to 13/12/2015**Mingara Athletics Facility****Meet Program - Saturday Track Events****This is the Final List of Events 2/12/2015****Where there is not enough entries to make 2 heats, the heats have been removed**

Heat	2 of 2	Heats	
2	40	Keira Piggott	Gosford
3	37	Olivia Falconi	Terrigal/Wamberal
4	161	Isabella Parrelli	Tuggerah Lakes M
5	57	Heidi Ashdown	Woy Woy Peninsula
6	201	Grace Jones	Tuggerah Lakes M
7	16	Sienna Pitcher	Gosford

Event 88 Boys U 8 - 400 Metre Sprint**Top 8 Advance by Time****Zone: 1:15.40 1989****R Hall, Woy Woy Peninsula**

Lane	Comp#	Name	Centre
Heat	1 of 2	Heats	
2	8	Connor Gunn	Gosford
3	32	Travis Eagleton	Toukley
4	168	Killian Byrne	Gosford
5	44	Jaxson Tutt	Terrigal/Wamberal
6	101	Ryan Hill	Gosford
7	34	Luca Quitadamo	Woy Woy Peninsula
Heat	2 of 2	Heats...(Event 88 Boys U 8 - 400 Metre Sprint)	
2	185	Bailey Magann	Gosford
3	352	Charlie Fennell	Tuggerah Lakes M
4	200	Crosby Peake	Gosford
5	169	Raj Sharma	Woy Woy Peninsula
6	88	Cassius Kirton	Tuggerah Lakes M
7	501	Marley Pace	Terrigal/Wamberal
8	519	Jay Buschmann	Gosford

Event 89 Girls U 9 - 400 Metre Sprint**8 Advance: Top 3 Each Heat plus Next 2 Best Times****Zone: 1:13.50 1990****Rosemary Hayward, Wyong**

Lane	Comp#	Name	Centre
Heat	1 of 2	Heats	
2	109	Teratai Mcleish	Tuggerah Lakes M
3	28	Marissa Blake	Wyong
4	19	Abigail Vogt	Gosford
5	839	Libby Johnston	Terrigal/Wamberal
6	283	Malena Patrick	Tuggerah Lakes M
7	5	Mia Tongue	Toukley
8	143	Alexia Karas	Gosford
Heat	2 of 2	Heats	
2	225	Sienna Etches	Tuggerah Lakes M
3	23	Hayden Channells	Terrigal/Wamberal
4	41	Jasmin Piggott	Gosford
5	823	Isabel Walsh	Terrigal/Wamberal
6	52	Sophie Pratt	Woy Woy Peninsula
7	77	Grace Minto	Tuggerah Lakes M
8	267	Tiana Baker	Gosford

Do not leave a Field Event to go to Marshalling under any circumstances

CENTRAL COAST ZONE TRACK&FIELD CHAMPIONSHIPS - 11/12/2015 to 13/12/2015

Mingara Athletics Facility

Meet Program - Saturday Track Events

This is the Final List of Events 2/12/2015**Where there is not enough entries to make 2 heats, the heats have been removed****Event 91 Girls U 10 - 400 Metre Sprint****8 Advance: Top 3 Each Heat plus Next 2 Best Times****Zone: 1:07.70 1991 Rosemary Hayward, Wyong**

Lane	Comp#	Name	Centre
Heat	1 of 2	Heats	
2	261	Stella Norris	Tuggerah Lakes M
3	138	Ellena Grey	Woy Woy Peninsula
4	812	Imogen Ryan	Terrigal/Wamberal
5	160	Riyani Puxty	Wyong
6	10	Charlotte Rousell	Woy Woy Peninsula
Heat	2 of 2	Heats	
2	818	Liliya Tatarinoff	Terrigal/Wamberal
3	148	Grace Miotto	Woy Woy Peninsula
4	23	Izabella Dunne	Gosford
5	369	Marianne Papalexion	Tuggerah Lakes M
6	159	Brianna Puxty	Wyong
7	49	Lilah Washington	Tuggerah Lakes M

Event 92 Boys U 10 - 400 Metre Sprint**8 Advance: Top 3 Each Heat plus Next 2 Best Times****Zone: 1:07.30 2009 Tyler Gunn, Gosford**

Lane	Comp#	Name	Centre
Heat	1 of 2	Heats	
2	298	Jordan Small	Tuggerah Lakes M
3	550	Logan Lee	Gosford
4	106	Brendan Minto	Tuggerah Lakes M
5	29	Kobi Melverton	Terrigal/Wamberal
6	308	Henry D'Bras	Tuggerah Lakes M
7	30	Matthew Lowe	Tuggerah Lakes M
Heat	2 of 2	Heats	
2	90	Felix Kirton	Tuggerah Lakes M
3	10	Lachlan Gunn	Gosford
4	210	Darcy Knowles	Tuggerah Lakes M
5	55	Dion Papalexion	Gosford
6	202	Joel Parrelli	Tuggerah Lakes M
7	38	Luke Falconi	Terrigal/Wamberal

Event 93 Girls U 11 - 400 Metre Sprint**8 Advance: Top 3 Each Heat plus Next 2 Best Times****Zone: 1:05.70 2011 Ashlee Forbes, Tuggerah Lakes Mingara**

Lane	Comp#	Name	Centre
Heat	1 of 2	Heats	
2	363	Aoife O'Neill	Tuggerah Lakes M
3	83	Cheyenne Finnigan	Wyong
4	9	Siena Hall	Toukley
5	954	Mackenzie Chapman	Terrigal/Wamberal
6	131	Keisha Neal	Wyong
Heat	2 of 2	Heats	
3	974	Sienna Bolton	Terrigal/Wamberal
4	241	Hayley Corderoy	Tuggerah Lakes M
5	11	Kasey Boelhouwer	Gosford
6	993	Serenity Williams	Terrigal/Wamberal

CENTRAL COAST ZONE TRACK&FIELD CHAMPIONSHIPS - 11/12/2015 to 13/12/2015**Mingara Athletics Facility****Meet Program - Saturday Track Events****This is the Final List of Events 2/12/2015****Where there is not enough entries to make 2 heats, the heats have been removed****Event 96 Boys U 12 - 400 Metre Sprint****8 Advance: Top 3 Each Heat plus Next 2 Best Times****Zone: 1:00.10 2011 Tuler Gunn, Gosford**

Lane	Comp#	Name	Centre
Heat 1 of 2	Heats		
2	84	Hunter Finnigan	Wyong
3	50	Archie Tebbutt	Gosford
4	163	William Eagleton	Wyong
5	1	Shaun Turnbull	Woy Woy Peninsula
6	342	Jelle Van Der Ham	Tuggerah Lakes M
Heat 2 of 2	Heats		
3	2	Bailey Holt	Woy Woy Peninsula
4	257	Luke Batey	Gosford
5	176	Tygar Bruen	Wyong
6	28	Jamie Trivers	Terrigal/Wamberal

Event 100 Boys U 14 - 100 Metre Sprint**Zone: 11.50 2004 Thomas Andrew, Gosford**

Lane	Comp#	Name	Centre
Section 1 of 1	Timed Finals		
1	4	Jackson Quinell	Woy Woy Peninsula
2	2	Nicholas Bignall	Toukley
3	264	Will Powell	Tuggerah Lakes M
4	171	Kaya Ardita	Gosford
5	28	Drew Clarke	Tuggerah Lakes M
6	28	Luke Brown	Woy Woy Peninsula
7	164	Cody Vanderwolf	Wyong
8	24	Corey-jay Eyndhoven	Tuggerah Lakes M

Event 101 Girls U 15 - 100 Metre Sprint**Zone: 12.40 2008 Kasey Tysoe, Gosford**

Lane	Comp#	Name	Centre
Section 1 of 1	Timed Finals		
2	15	Ashlee Forbes	Tuggerah Lakes M
3	976	Anita Rumore	Terrigal/Wamberal
4	105	Claudia Holt	Wyong
5	121	Amber Leggett	Woy Woy Peninsula
6	213	Savannah Wheeler	Gosford

Event 102 Boys U 15 - 100 Metre Sprint**Zone: 11.00 2001 Owen Martin, Terrigal / Wamberal**

Lane	Comp#	Name	Centre
Section 1 of 1	Timed Finals		
2	196	Nathaniel Lander	Tuggerah Lakes M
3	260	Jack Wetherall	Tuggerah Lakes M
4	18	Han Cox	Tuggerah Lakes M
5	178	Dominic Reed	Tuggerah Lakes M
6	312	Jacob Lobley	Tuggerah Lakes M
7	54	Taine Peterson	Tuggerah Lakes M
8	357	Jordan Biddle	Tuggerah Lakes M

CENTRAL COAST ZONE TRACK & FIELD CHAMPIONSHIPS - 11/12/2015 to 13/12/2015

Mingara Athletics Facility

Meet Program - Saturday Track Events

This is the Final List of Events 2/12/2015

Where there is not enough entries to make 2 heats, the heats have been removed

Event 103 Girls U 17 - 100 Metre Sprint**Zone: 12.30 2011 Jamie Carr, Gosford**

Lane	Comp#	Name	Centre
Section 1 of 1	1	Timed Finals	
2	273	Cristabel Farmilo	Tuggerah Lakes M
3	123	Rebekah Kennedy	Wyong
4	1	Bronte Carroll	Tuggerah Lakes M
5	1	Bethany Kranendonk	Wyong
6	11	Taylor Stojanovic	Tuggerah Lakes M
7	79	Rachael Mortell	Gosford

Event 104 Boys U 17 - 100 Metre Sprint**Zone: 11.50 2008 Rhys Hibberd, Tuggerah Lakes Mingara**

Lane	Comp#	Name	Centre
Section 1 of 1	1	Timed Finals	
2	2	John Dahan	Wyong
3	12	Benjamin Denham	Tuggerah Lakes M
4	57	Theo Mihellis	Gosford
5	86	Josh Walker	Tuggerah Lakes M
6	8	Tyson Vanderwolf	Wyong
7	345	Jack Perry	Tuggerah Lakes M

Event 119 Girls U 13 - 400 Metre Sprint**Zone: 59.60 1994 Rosemary Hayward, Toukley**

Lane	Comp#	Name	Centre
Section 1 of 1	1	Timed Finals	
1	272	Stella Russell	Gosford
2	11	Paris Croke	Wyong
3	13	Katie Gunn	Gosford
4	19	Charlotte Lowe	Tuggerah Lakes M
5	214	Charlise Wheeler	Gosford
6	116	Skye Loder	Wyong
7	85	Lucinda Middleton	Toukley
8	237	Kimberley Harrison	Gosford

Event 120 Boys U 13 - 400 Metre Sprint**Zone: 57.50 2007 Byron Cavender, Gosford**

Lane	Comp#	Name	Centre
Section 1 of 1	1	Timed Finals	
2	32	Joel Kemp	Tuggerah Lakes M
3	34	Ashton Hurley	Tuggerah Lakes M
4	832	Seth Chapman	Terrigal/Wamberal
5	368	Alex Spindler	Tuggerah Lakes M
6	117	Conner Cogan	Gosford
7	94	Josh O'Brien	Tuggerah Lakes M

Event 121 Girls U 14 - 400 Metre Sprint**Zone: 1:00.50 1995 Rosemary Hayward, Toukley**

Lane	Comp#	Name	Centre
Section 1 of 1	1	Timed Finals	
4	27	Isabella Jones	Tuggerah Lakes M
5	4	Courtney Doyle	Toukley

Do not leave a Field Event to go to Marshalling under any circumstances

CENTRAL COAST ZONE TRACK&FIELD CHAMPIONSHIPS - 11/12/2015 to 13/12/2015**Mingara Athletics Facility****Meet Program - Saturday Track Events****This is the Final List of Events 2/12/2015****Where there is not enough entries to make 2 heats, the heats have been removed****Event 122 Boys U 14 - 400 Metre Sprint****Zone: 55.10 2004 Thomas Andrew, Gosford**

Lane	Comp#	Name	Centre
Section 1 of 1		Timed Finals	
2	154	Deacan Lander	Tuggerah Lakes M
3	28	Luke Brown	Woy Woy Peninsula
4	171	Kaya Ardita	Gosford
5	8	Marcus Mccarthy	Woy Woy Peninsula
6	18	Tom Boaler	Gosford

Event 123 Girls U 15 - 400 Metre Sprint**Zone: 56.10 1996 Rosemary Hayward, Toukley**

Lane	Comp#	Name	Centre
Section 1 of 1		Timed Finals	
1	105	Claudia Holt	Wyong
2	7	Ivy Garrick	Terrigal/Wamberal
3	213	Savannah Wheeler	Gosford
4	43	Abigail Grimes	Woy Woy Peninsula
5	325	Eryn Dorman	Tuggerah Lakes M
6	15	Ashlee Forbes	Tuggerah Lakes M
7	976	Anita Rumore	Terrigal/Wamberal
8	179	Amy Marie Walker	Wyong

Event 124 Boys U 15 - 400 Metre Sprint**Zone: 52.30 2011 Jack Collett, Gosford**

Lane	Comp#	Name	Centre
Section 1 of 1		Timed Finals	
2	260	Jack Wetherall	Tuggerah Lakes M
3	22	Corey Weller	Tuggerah Lakes M
4	21	Cooper Boelhauwer	Gosford
5	357	Jordan Biddle	Tuggerah Lakes M
6	14	Luke Jacobs	Tuggerah Lakes M

Event 125 Girls U 17 - 400 Metre Sprint**Zone: 59.30 2011 Sophie Meere, Tuggerah Lakes Mingara**

Lane	Comp#	Name	Centre
Section 1 of 1		Timed Finals	
2	123	Jessica Morrice	Gosford
3	11	Taylor Stojanovic	Tuggerah Lakes M
4	1	Jasmyn Garrick	Terrigal/Wamberal
5	273	Cristabel Farmilo	Tuggerah Lakes M
6	55	Sarah Boarer	Tuggerah Lakes M

Event 126 Boys U 17 - 400 Metre Sprint**Zone: 51.90 2009 Craig Cameron, Gosford**

Lane	Comp#	Name	Centre
Section 1 of 1		Timed Finals	
2	86	Josh Walker	Tuggerah Lakes M
3	99	Tyler Gunn	Gosford
4	65	Alexander Coutts	Wyong
5	58	Terry Mihellis	Gosford
6	345	Jack Perry	Tuggerah Lakes M
7	57	Theo Mihellis	Gosford

CENTRAL COAST ZONE TRACK&FIELD CHAMPIONSHIPS - 11/12/2015 to 13/12/2015**Mingara Athletics Facility****Meet Program - Saturday Track Events****This is the Final List of Events 2/12/2015****Where there is not enough entries to make 2 heats, the heats have been removed****Event 130 Boys U 9 - 400 Metre Sprint****Zone: 1:08.90 1991 G Towle, Gosford**

Lane	Comp#	Name	Centre
Section	1 of 1	Timed Finals	
2	67	Joshua Ireland	Gosford
3	62	Elijah Falconer	Toukley
4	516	Kaelan Zerdo	Gosford
5	70	Travis Jackson	Tuggerah Lakes M
6	187	Jerome Drobot	Gosford
7	140	Jake Knapp	Tuggerah Lakes M
8	136	Jai Callaghan	Wyong

Event 134 Boys U 11 - 400 Metre Sprint**Zone: 1:05.40 2007 Scott Drinkwater, Tuggerah Lakes Mingara**

Lane	Comp#	Name	Centre
Section	1 of 1	Timed Finals	
1	5	Joshua Farrant	Gosford
2	175	Oliver Ham	Woy Woy Peninsula
3	353	Isaac Broomfield	Tuggerah Lakes M
4	17	Jayden Morgan	Terrigal/Wamberal
5	117	Connor Visser	Wyong
6	975	Luis Bolton	Terrigal/Wamberal
7	164	Lorcan Hayes	Tuggerah Lakes M
8	517	Luca Zerdo	Gosford

Event 135 Girls U 12 - 400 Metre Sprint**Zone: 1:01.80 2008 Sara Marshall, Gosford**

Lane	Comp#	Name	Centre
Section	1 of 1	Timed Finals	
2	7	Baylee Lebreton	Gosford
3	33	Ashley Pernecker	Tuggerah Lakes M
4	712	Chanelle Cross	Toukley
5	59	Mariane Mihellis	Gosford
6	33	Samantha Koedsawang-roberts	Toukley

Event 137 Girls U 13 - 1500 Metre Run**Zone: 5:01.10 15/12/2012 Elizabeth Chippendale, Gosford**

Lane	Comp#	Name	Centre
Section	1 of 1	Timed Finals	
1	4	Allanah Pitcher	Gosford
2	19	Charlotte Lowe	Tuggerah Lakes M

Event 138 Boys U 13 - 1500 Metre Run**Zone: 4:46.84 14/12/2013 Luke Jacobs, Tuggerah Lakes Mingara**

Lane	Comp#	Name	Centre
Section	1 of 1	Timed Finals	
1	183	Liam Golledge	Gosford
2	94	Josh O'Brien	Tuggerah Lakes M
3	832	Seth Chapman	Terrigal/Wamberal
4	32	Joel Kemp	Tuggerah Lakes M

CENTRAL COAST ZONE TRACK&FIELD CHAMPIONSHIPS - 11/12/2015 to 13/12/2015**Mingara Athletics Facility****Meet Program - Saturday Track Events****This is the Final List of Events 2/12/2015****Where there is not enough entries to make 2 heats, the heats have been removed****Event 139 Girls U 14 - 1500 Metre Run****Zone: 4:55.80 1991 M Underhill, Woy Woy Peninsula****Lane Comp# Name Centre****Section 1 of 1 Timed Finals**

1	27	Isabella Jones	Tuggerah Lakes M
2	92	Chloe Daniel	Wyang
3	191	Taylor Reid	Tuggerah Lakes M
4	157	Kyla Tucker	Woy Woy Peninsula
5	147	Taylah Seaborn	Tuggerah Lakes M
6	2	Rebecca Casey	Gosford
7	23	Summer Mcshane-cale	Tuggerah Lakes M

Event 140 Boys U 14 - 1500 Metre Run**Zone: 4:37.00 2004 Cameron Page, Gosford****Lane Comp# Name Centre****Section 1 of 1 Timed Finals**

1	154	Deacan Lander	Tuggerah Lakes M
2	7	Lachlan Rousell	Woy Woy Peninsula
3	26	Alexander Jones	Tuggerah Lakes M
4	18	Tom Boaler	Gosford
5	82	Liam Chaney	Tuggerah Lakes M

Event 141 Girls U 15 - 1500 Metre Run**Zone: 4:53.00 2009 Caitlin Delaney, Tuggerah Lakes Mingara****Lane Comp# Name Centre****Section 1 of 1 Timed Finals**

1	976	Anita Rumore	Terrigal/Wamberal
2	325	Eryn Dorman	Tuggerah Lakes M
3	7	Ivy Garrick	Terrigal/Wamberal
4	179	Amy Marie Walker	Wyang

Event 142 Boys U 15 - 1500 Metre Run**Zone: 4:27.40 1994 Martin Dent, Tuggerah Lakes Mingara****Lane Comp# Name Centre****Section 1 of 1 Timed Finals**

1	196	Nathaniel Lander	Tuggerah Lakes M
2	95	Jackson Boyd	Gosford
3	22	Corey Weller	Tuggerah Lakes M
4	14	Luke Jacobs	Tuggerah Lakes M
5	16	Jakob Madden	Tuggerah Lakes M

Event 143 Girls U 17 - 1500 Metre Run**Zone: 5:10.40 2011 Caitlin Delaney, Tuggerah Lakes Mingara****Lane Comp# Name Centre****Section 1 of 1 Timed Finals**

1	273	Cristabel Farmilo	Tuggerah Lakes M
2	123	Jessica Morrice	Gosford
3	7	Mackenzie Penn	Tuggerah Lakes M
4	1	Jasmyn Garrick	Terrigal/Wamberal
5	99	Aisling Young	Tuggerah Lakes M

Do not leave a Field Event to go to Marshalling under any circumstances

CENTRAL COAST ZONE TRACK&FIELD CHAMPIONSHIPS - 11/12/2015 to 13/12/2015**Mingara Athletics Facility****Meet Program - Saturday Track Events****This is the Final List of Events 2/12/2015****Where there is not enough entries to make 2 heats, the heats have been removed****Event 144 Boys U 17 - 1500 Metre Run****Zone: 4:26.20 2009****Craig Cameron, Gosford**

Lane	Comp#	Name	Centre
------	-------	------	--------

Section 1 of 1 Timed Finals

1	50	Alex Bauer	Tuggerah Lakes M
2	58	Terry Mihellis	Gosford
3	65	Alexander Coutts	Wyong
4	86	Josh Walker	Tuggerah Lakes M

Event 145 Girls U 10 - 1500 Metre Run**Zone: 5:22.90 2010****Ashlee Forbes, Tuggerah Lakes Mingara**

Lane	Comp#	Name	Centre
------	-------	------	--------

Section 1 of 1 Timed Finals

1	23	Izabella Dunne	Gosford
2	261	Stella Norris	Tuggerah Lakes M
3	10	Charlotte Rousell	Woy Woy Peninsula
4	9	Amber Sheary	Terrigal/Wamberal
5	159	Brianna Puxty	Wyong
6	818	Liliya Tatarinoff	Terrigal/Wamberal
7	160	Riyani Puxty	Wyong
8	51	Hayley Stadelmann	Tuggerah Lakes M
9	138	Ellena Grey	Woy Woy Peninsula

Event 146 Boys U 10 - 1500 Metre Run**Zone: 4:58.60 1982****L O'Neill, Gosford**

Lane	Comp#	Name	Centre
------	-------	------	--------

Section 1 of 1 Timed Finals

1	159	Brodie Smith	Gosford
2	202	Joel Parrelli	Tuggerah Lakes M
3	512	Kynan Patterson	Terrigal/Wamberal
4	350	Harry Fennell	Tuggerah Lakes M
5	550	Logan Lee	Gosford
6	172	Sawyer Etchells	Tuggerah Lakes M
7	521	Austin Harland	Gosford
8	38	Luke Falconi	Terrigal/Wamberal
9	30	Matthew Lowe	Tuggerah Lakes M
10	29	Kobi Melverton	Terrigal/Wamberal
11	60	Spencer Andrews-bohringer	Tuggerah Lakes M

Event 147 Girls U 11 - 1500 Metre Run**Zone: 5:14.90 14/12/2013****Charlotte Lowe, Tuggerah Lakes Mingara**

Lane	Comp#	Name	Centre
------	-------	------	--------

Section 1 of 1 Timed Finals

1	11	Kasey Boelhauwer	Gosford
2	14	Amelia Carty	Toukley
3	287	Lani Clarke-knuth	Tuggerah Lakes M
4	974	Sienna Bolton	Terrigal/Wamberal
5	6	India Duguid	Woy Woy Peninsula
6	3	Amalia Patterson	Tuggerah Lakes M
7	30	Lauren Gee	Terrigal/Wamberal

CENTRAL COAST ZONE TRACK&FIELD CHAMPIONSHIPS - 11/12/2015 to 13/12/2015**Mingara Athletics Facility****Meet Program - Saturday Track Events****This is the Final List of Events 2/12/2015****Where there is not enough entries to make 2 heats, the heats have been removed****Event 148 Boys U 11 - 1500 Metre Run****Zone: 4:54.40 2001 Cameron Page, Gosford**

Lane	Comp#	Name	Centre
Section	1 of 1	Timed Finals	
1	175	Oliver Ham	Woy Woy Peninsula
2	353	Isaac Broomfield	Tuggerah Lakes M
3	517	Luca Zerdo	Gosford
4	2	Ryan Vesper	Tuggerah Lakes M
5	24	Zane Mcmillan	Terrigal/Wamberal
6	156	Calan Tucker	Woy Woy Peninsula
7	108	Jayden Redfern	Tuggerah Lakes M
8	70	Dylan Daly	Wyong
9	258	Dominic Charrett	Tuggerah Lakes M
10	117	Connor Visser	Wyong
11	164	Lorcan Hayes	Tuggerah Lakes M

Event 149 Girls U 12 - 1500 Metre Run**Zone: 5:03.40 1979 C Borg, Gosford**

Lane	Comp#	Name	Centre
Section	1 of 1	Timed Finals	
1	21	Daisy Duguid	Woy Woy Peninsula
2	39	Danielle Vesper	Tuggerah Lakes M
3	33	Samantha Koedsawang-roberts	Toukley
4	189	Kara Reid	Tuggerah Lakes M
5	96	Sophie Boyd	Gosford
6	111	Melakai O'Connor	Tuggerah Lakes M
7	33	Ashley Pernecker	Tuggerah Lakes M

Event 150 Boys U 12 - 1500 Metre Run**Zone: 4:58.80 2008 James Cox, Gosford**

Lane	Comp#	Name	Centre
Section	1 of 1	Timed Finals	
1	257	Luke Batey	Gosford
2	190	Michael Seaborn	Tuggerah Lakes M
3	77	Elliot Easson	Woy Woy Peninsula

Do not leave a Field Event to go to Marshalling under any circumstances

CENTRAL COAST ZONE TRACK&FIELD CHAMPIONSHIPS - 11/12/2015 to 13/12/2015

Mingara Athletics Facility

Meet Program - Saturday Field Events

This is the Final List of Events 2/12/2015

Event 17 Boys U 9 - High Jump (S/H 0.85m)**Zone: 1.29m 1997 T Allard, Gosford**

Pos	Comp#	Name	Centre
Flight	1 of 1	Final	
1	126	Jack Testa	Tuggerah Lakes M
2	140	Jake Knapp	Tuggerah Lakes M
3	110	Joshua Carroll	Tuggerah Lakes M
4	187	Jerome Drobot	Gosford
5	239	Mitchell Harrison	Gosford
6	220	Benjamin Morgan	Gosford

Event 18 Boys U 12 - High Jump (S/H 1.15m)**Zone: 1.55m 1989 D Whitehead, Woy Woy Peninsula**

Pos	Comp#	Name	Centre
Flight	1 of 1	Final	
1	42	Jackson Barnes	Tuggerah Lakes M
2	55	Jamie Bickel	Woy Woy Peninsula
3	59	Luca Mcdermott	Toukley
4	28	Jamie Trivers	Terrigal/Wamberal
5	200	Thomas Rodham	Woy Woy Peninsula
6	12	Lachlan Rigney	Wyong

Event 19 Girls U 13 - Long Jump**Zone: 4.90m 1984 S Harris, Gosford**

Pos	Comp#	Name	Centre
Flight	1 of 1	Final	
1	35	Marni Bell-waights	Toukley
2	116	Skye Loder	Wyong
3	196	Jemma Massoud-psaila	Gosford
4	255	Jezebel Navusolo	Tuggerah Lakes M
5	133	Finlay Flaherty	Gosford
6	16	April Carty	Toukley
7	85	Lucinda Middleton	Toukley
8	233	Ava Zappia	Tuggerah Lakes M
9	13	Katie Gunn	Gosford
10	7	Abigia Barrett	Toukley

Event 20 Boys U 15 - Long Jump**Zone: 6.31m 2003 Christopher Dodd, Terrigal / Wamberal**

Pos	Comp#	Name	Centre
Flight	1 of 1	Final	
1	54	Taine Peterson	Tuggerah Lakes M
2	95	Jackson Boyd	Gosford
3	21	Cooper Boelhouwer	Gosford
4	18	Han Cox	Tuggerah Lakes M
5	357	Jordan Biddle	Tuggerah Lakes M
6	196	Nathaniel Lander	Tuggerah Lakes M
7	312	Jacob Lobley	Tuggerah Lakes M

CENTRAL COAST ZONE TRACK&FIELD CHAMPIONSHIPS - 11/12/2015 to 13/12/2015**Mingara Athletics Facility****Meet Program - Saturday Field Events****This is the Final List of Events 2/12/2015****Event 21 Boys U 13 - Triple Jump****Zone: 10.78m 15/12/2012 Tyler Gunn, Gosford**

Pos	Comp#	Name	Centre
Flight	1 of 1	Final	
1	44	Harry Grimes	Woy Woy Peninsula
2	117	Conner Cogan	Gosford
3	221	Samuel Morgan	Gosford
4	34	Ashton Hurley	Tuggerah Lakes M
5	139	Cameron Torpy	Wyong
6	32	Joel Kemp	Tuggerah Lakes M
7	163	Seamus Millen	Gosford
8	226	Evan Hillman	Tuggerah Lakes M

Event 22 Girls U 12 - Discus (750 Gram)**Zone: 35.10m 1991 Debra Turnbull, Tuggerah Lakes Mingara**

Pos	Comp#	Name	Centre
Flight	1 of 1	Final	
1	41	Anna Mckechnie	Tuggerah Lakes M
2	189	Kara Reid	Tuggerah Lakes M
3	315	Emily Porter	Tuggerah Lakes M
4	39	Danielle Vesper	Tuggerah Lakes M
5	297	Nataya Alofia	Tuggerah Lakes M
6	270	Belynda Liedberg	Gosford
7	93	Sophie Daniels	Wyong
8	155	Lara Stevens	Gosford
9	11	Tahlia Coles	Terrigal/Wamberal

Event 23 Boys U 14 - Discus (1.0 Kg)**Zone: 44.48m 1993 A Lovie, Woy Woy Peninsula**

Pos	Comp#	Name	Centre
Flight	1 of 1	Final	
1	2	Nicholas Bignall	Toukley
2	24	Corey-jay Eyndhoven	Tuggerah Lakes M
3	8	Marcus Mccarthy	Woy Woy Peninsula

Event 24 Girls U 11 - Shot Put (2.0 Kg)**Zone: 12.86m 2006 Samantha Farrant, Gosford**

Pos	Comp#	Name	Centre
Flight	1 of 1	Final	
1	185	Kirra Richardson	Tuggerah Lakes M
2	96	Elizabeth Petrie	Wyong
3	181	Kirra Hillman	Tuggerah Lakes M
4	215	Emelyn Wheeler	Gosford
5	83	Alexis Aldous	Woy Woy Peninsula
6	63	Mia Watts	Toukley
7	45	Lexi Weber	Tuggerah Lakes M

CENTRAL COAST ZONE TRACK&FIELD CHAMPIONSHIPS - 11/12/2015 to 13/12/2015**Mingara Athletics Facility****Meet Program - Saturday Field Events****This is the Final List of Events 2/12/2015****Event 25 Boys U 17 - Shot Put (5.0 Kg)****Zone: 12.83m 14/12/2013 Luke Batten, Tuggerah Lakes Mingara**

Pos	Comp#	Name	Centre
Flight	1 of 1	Final	
1	16	Jarryd Walter	Wyong
2	45	Dane Priest	Toukley
3	6	Isaac Rumbel	Tuggerah Lakes M
4	234	Thailah Pritchard	Wyong
5	12	Benjamin Denham	Tuggerah Lakes M
6	99	Tyler Gunn	Gosford
7	316	Jack Arigho	Tuggerah Lakes M
8	52	Andre Diaz	Tuggerah Lakes M

Event 26 Girls U 9 - High Jump (S/H 0.80m)**Zone: 1.15m 1992 H Batten, Terrigal / Wamberal**

Pos	Comp#	Name	Centre
Flight	1 of 1	Final	
1	10	Shelby Thompson	Toukley
2	283	Malena Patrick	Tuggerah Lakes M
3	177	Ruby Garner	Tuggerah Lakes M
4	70	Sophie Heineman	Toukley
5	115	Charlotte Spindler	Wyong
6	52	Sophie Pratt	Woy Woy Peninsula
7	87	Kayla Adam-heron	Tuggerah Lakes M

Event 27 Girls U 15 - High Jump (S/H 1.20m)**Zone: 1.70m 2011 Nicola McDermott, Woy Woy Peninsula**

Pos	Comp#	Name	Centre
Flight	1 of 1	Final	
1	43	Abigail Grimes	Woy Woy Peninsula
2	13	April Brown-peters	Tuggerah Lakes M
3	976	Anita Rumore	Terrigal/Wamberal

Event 28 Boys U 10 - Long Jump**Zone: 4.63m 1987 D Whitehead, Woy Woy Peninsula**

Pos	Comp#	Name	Centre
Flight	1 of 1	Final	
1	150	Jarrod Brown	Wyong
2	180	Kynan Johnson	Wyong
3	350	Harry Fennell	Tuggerah Lakes M
4	346	Ryan Riley	Tuggerah Lakes M
5	26	Harry Burgess	Woy Woy Peninsula
6	103	Joshua Dickson	Wyong
7	992	Jackson Stamper	Terrigal/Wamberal
8	616	Jack Woodhouse	Tuggerah Lakes M
9	288	William Jamieson	Tuggerah Lakes M
10	1	Keegan Freeman	Toukley
11	521	Austin Harland	Gosford
12	32	Mitchell Blyton	Gosford
13	169	Dylan Coyte	Wyong
14	272	Ethan Shaddock	Tuggerah Lakes M
15	38	Luke Falconi	Terrigal/Wamberal

CENTRAL COAST ZONE TRACK&FIELD CHAMPIONSHIPS - 11/12/2015 to 13/12/2015

Mingara Athletics Facility

Meet Program - Saturday Field Events

This is the Final List of Events 2/12/2015

Event 29 Boys U 17 - Long Jump**Zone: 6.15m 14/12/2013 Zac Simunovic, Gosford**

Pos	Comp#	Name	Centre
Flight	1 of 1	Final	
1	6	Isaac Rumbel	Tuggerah Lakes M
2	8	Tyson Vanderwolf	Wyong
3	345	Jack Perry	Tuggerah Lakes M
4	2	John Dahan	Wyong
5	86	Josh Walker	Tuggerah Lakes M
6	234	Thailah Pritchard	Wyong

Event 30 Boys U 14 - Triple Jump**Zone: 12.31m 2011 Johnathon Dobb, Tuggerah Lakes Mingara**

Pos	Comp#	Name	Centre
Flight	1 of 1	Final	
1	26	Alexander Jones	Tuggerah Lakes M
2	4	Jackson Quinell	Woy Woy Peninsula
3	28	Drew Clarke	Tuggerah Lakes M
4	28	Luke Brown	Woy Woy Peninsula
5	264	Will Powell	Tuggerah Lakes M
6	15	Brock Van Aalderen	Woy Woy Peninsula
7	82	Liam Chaney	Tuggerah Lakes M

Event 31 Girls U 10 - Discus (500 Gram)**Zone: 26.52m 1995 V Oliver, Gosford**

Pos	Comp#	Name	Centre
Flight	1 of 1	Final	
1	206	Taalirah Gristwood	Wyong
2	68	Jessica Hunter	Gosford
3	19	Kyra Cardy	Terrigal/Wamberal
4	133	Samantha Nowland	Wyong
5	373	Patience Leger	Tuggerah Lakes M
6	118	Jodie Miller	Woy Woy Peninsula
7	269	Tennikah Liedberg	Gosford
8	138	Ellena Grey	Woy Woy Peninsula
9	117	Laura-lee Mitchell	Tuggerah Lakes M
10	9	Amber Sheary	Terrigal/Wamberal

Event 32 Girls U 17 - Discus (1.0 Kg)**Zone: 38.87m 14/12/2013 Tegan Fennell, Tuggerah Lakes Mingara**

Pos	Comp#	Name	Centre
Flight	1 of 1	Final	
1	351	Brooke Guthrie	Tuggerah Lakes M
2	1	Paige Farrant	Gosford
3	46	Justine Priest	Toukley
4	223	Abbey Rumbel	Tuggerah Lakes M
5	99	Aisling Young	Tuggerah Lakes M
6	11	Taylor Stojanovic	Tuggerah Lakes M
7	176	Maddison Langman	Woy Woy Peninsula
8	158	Piper Nowland	Wyong

CENTRAL COAST ZONE TRACK&FIELD CHAMPIONSHIPS - 11/12/2015 to 13/12/2015**Mingara Athletics Facility****Meet Program - Saturday Field Events****This is the Final List of Events 2/12/2015****Event 33 Boys U 11 - Shot Put (2.0 Kg)****Zone: 12.40m 2011 Mason Leef, Wyong**

Pos	Comp#	Name	Centre
Flight	1 of 1	Final	
1	256	Brendan Charrett	Tuggerah Lakes M
2	14	Jack Legge	Terrigal/Wamberal
3	238	Murray Harrison	Gosford
4	112	Aymn Hamilton	Tuggerah Lakes M
5	17	Jayden Morgan	Terrigal/Wamberal
6	153	Jaryd Doyle	Gosford
7	258	Dominic Charrett	Tuggerah Lakes M

Event 34 Girls U 14 - Shot Put (3.0 Kg)**Zone: 12.85m 2009 Samantha Farrant, Gosford**

Pos	Comp#	Name	Centre
Flight	1 of 1	Final	
1	27	Tanisha Blake	Wyong
2	243	Emma Herford	Tuggerah Lakes M
3	2	Rebecca Casey	Gosford
4	327	Emily O'Meara	Tuggerah Lakes M
5	3	Kyra Powell-caffyn	Toukley
6	3	Powell-kaffyn Kyra	Toukley

Event 35 Girls U 11 - High Jump (S/H 1.00m)**Zone: 1.39m 1993 Amy Carpenter, Tuggerah Lakes Mingara**

Pos	Comp#	Name	Centre
Flight	1 of 1	Final	
1	609	Reilly Davis	Tuggerah Lakes M
2	189	Natalia Drobot	Gosford
3	131	Keisha Neal	Wyong
4	83	Cheyenne Finnigan	Wyong
5	241	Hayley Corderoy	Tuggerah Lakes M
6	47	Susanna Palmer	Gosford
7	993	Serenity Williams	Terrigal/Wamberal
8	87	Grace Dahan	Wyong

Event 36 Girls U 13 - High Jump (S/H 1.15m)**Zone: 1.60m 2002 Trudy Thompson, Toukley**

Pos	Comp#	Name	Centre
Flight	1 of 1	Final	
1	133	Finlay Flaherty	Gosford
2	19	Charlotte Lowe	Tuggerah Lakes M
3	35	Marni Bell-waights	Toukley
4	214	Charlise Wheeler	Gosford
5	126	Tahnee Ball	Woy Woy Peninsula

CENTRAL COAST ZONE TRACK&FIELD CHAMPIONSHIPS - 11/12/2015 to 13/12/2015**Mingara Athletics Facility****Meet Program - Saturday Field Events****This is the Final List of Events 2/12/2015****Event 37 Girls U 12 - Long Jump****Zone: 5.02m 2008****Sara Marshall, Gosford**

Pos	Comp#	Name	Centre
Flight	1 of 1	Final	
1	712	Chanelle Cross	Toukley
2	111	Melakai O'Connor	Tuggerah Lakes M
3	191	Alicia Weir	Wyong
4	96	Sophie Boyd	Gosford
5	119	Lucy Jacobs	Tuggerah Lakes M
6	39	Danielle Vesper	Tuggerah Lakes M
7	155	Lara Stevens	Gosford
8	24	Mia Barber	Gosford
9	140	Ella Aldrick-emanuel	Gosford
10	281	Elise Patrick	Tuggerah Lakes M
11	623	Charlotte Soares	Tuggerah Lakes M
12	41	Anna Mckechnie	Tuggerah Lakes M
13	54	Angie Faulks	Toukley
14	128	Camryn Millar	Wyong
15	104	Tamika Dickson	Wyong
16	37	Jade Pettitt	Tuggerah Lakes M
17	507	Erin Hamilton	Gosford

Event 38 Boys U 12 - Long Jump**Zone: 5.04m 1984****S Orr, Gosford**

Pos	Comp#	Name	Centre
Flight	1 of 1	Final	
1	84	Hunter Finnigan	Wyong
2	77	Elliot Easson	Woy Woy Peninsula
3	42	Jackson Barnes	Tuggerah Lakes M
4	213	Rohan Yates	Wyong
5	50	Archie Tebbutt	Gosford
6	1	Shaun Turnbull	Woy Woy Peninsula
7	88	Eli Jeffreys	Wyong
8	45	Leith Van Aalderen	Woy Woy Peninsula
9	112	Cameron Cheney	Wyong
10	38	Lachlan Pettitt	Tuggerah Lakes M
11	200	Thomas Rodham	Woy Woy Peninsula
12	55	Jamie Bickel	Woy Woy Peninsula

Event 39 Girls U 17 - Triple Jump**Zone: 10.73m 2010****Madeline Bird, Tuggerah Lakes Mingara**

Pos	Comp#	Name	Centre
Flight	1 of 1	Final	
1	79	Rachael Mortell	Gosford
2	223	Abbey Rumbel	Tuggerah Lakes M
3	176	Maddison Langman	Woy Woy Peninsula
4	1	Bethany Kranendonk	Wyong
5	99	Aisling Young	Tuggerah Lakes M
6	55	Sarah Boarer	Tuggerah Lakes M
7	1	Bronte Carroll	Tuggerah Lakes M

CENTRAL COAST ZONE TRACK&FIELD CHAMPIONSHIPS - 11/12/2015 to 13/12/2015**Mingara Athletics Facility****Meet Program - Saturday Field Events****This is the Final List of Events 2/12/2015****Event 40 Girls U 8 - Discus (500 Gram)****Zone: 15.15m 2003 Samantha Farrant, Gosford**

Pos	Comp#	Name	Centre
Flight	1 of 1	Final	
1	59	Hayley Jackson	Tuggerah Lakes M
2	181	Eva Lynch	Woy Woy Peninsula
3	155	Savannah Lander	Tuggerah Lakes M
4	271	Taylah Markulin	Tuggerah Lakes M
5	16	Sienna Pitcher	Gosford
6	991	Cameron Stamper	Terrigal/Wamberal
7	231	Sarah Hyland	Gosford
8	137	Ava-marie Carlson	Tuggerah Lakes M
9	201	Grace Jones	Tuggerah Lakes M
10	171	Elizabeth Rodham	Woy Woy Peninsula
11	66	Phoenix Eldridge	Gosford
12	254	Chloe Masters	Gosford
13	184	Margrete Arthur	Gosford
14	52	Sophie Sita	Toukley

Event 41 Boys U 13 - Discus (1.0 Kg)**Zone: 41.06m 14/12/2013 Mason Leef, Wyong**

Pos	Comp#	Name	Centre
Flight	1 of 1	Final	
1	226	Evan Hillman	Tuggerah Lakes M
2	832	Seth Chapman	Terrigal/Wamberal
3	36	Reilly O'Neill	Tuggerah Lakes M
4	212	Jackson Knowles	Tuggerah Lakes M
5	94	Josh O'Brien	Tuggerah Lakes M
6	75	James Connolly	Toukley
7	163	Seamus Millen	Gosford

Event 42 Boys U 8 - Shot Put (1.5 Kg)**Zone: 8.02m 1994 D Morris, Gosford**

Pos	Comp#	Name	Centre
Flight	1 of 1	Final	
1	22	Griffon Dunne	Gosford
2	80	Kye Feltham	Gosford
3	76	Oliver Andrews-bohringer	Tuggerah Lakes M
4	208	Zane Cash	Gosford
5	76	Enda Connolly	Toukley
6	32	Travis Eagleton	Toukley
7	152	Jake Mitchell	Tuggerah Lakes M
8	107	Rylan Bryan	Gosford
9	62	Aidan Keegan	Tuggerah Lakes M

Event 43 Boys U 9 - Shot Put (2.0 Kg)**Zone: 8.74m 1991 A O'Brien, Gosford**

Pos	Comp#	Name	Centre
Flight	1 of 1	Final	
1	74	Ashton Patterson	Tuggerah Lakes M
2	80	Kyle Clarke	Tuggerah Lakes M
3	220	Benjamin Morgan	Gosford
4	13	Ihakara Leef	Wyong
5	800	Alexander Russell	Terrigal/Wamberal
6	126	Jack Testa	Tuggerah Lakes M

CENTRAL COAST ZONE TRACK&FIELD CHAMPIONSHIPS - 11/12/2015 to 13/12/2015**Mingara Athletics Facility****Meet Program - Saturday Field Events****This is the Final List of Events 2/12/2015****Event 44 Boys U 14 - High Jump (S/H 1.25m)****Zone: 1.78m 2006 Tom Evans, Tuggerah Lakes Mingara**

Pos	Comp#	Name	Centre
Flight	1 of 1	Final	
1	44	Liam Hull	Wyong
2	264	Will Powell	Tuggerah Lakes M
3	164	Cody Vanderwolf	Wyong
4	26	Alexander Jones	Tuggerah Lakes M
5	28	Drew Clarke	Tuggerah Lakes M
6	82	Liam Chaney	Tuggerah Lakes M

Event 45 Boys U 17 - High Jump (S/H 1.30m)**Zone: 1.80m 14/12/2013 Zac Simunovic, Gosford**

Pos	Comp#	Name	Centre
Flight	1 of 1	Final	
1	8	Tyson Vanderwolf	Wyong
2	2	John Dahan	Wyong
3	52	Andre Diaz	Tuggerah Lakes M
4	99	Tyler Gunn	Gosford
5	50	Alex Bauer	Tuggerah Lakes M
6	234	Thailah Pritchard	Wyong
7	65	Alexander Coutts	Wyong

Event 46 Girls U 10 - Long Jump**Zone: 4.41m 2002 Ellia Green, Gosford**

Pos	Comp#	Name	Centre
Flight	1 of 1	Final	
1	943	Laila Pickering	Terrigal/Wamberal
2	148	Grace Miotto	Woy Woy Peninsula
3	269	Tennikah Liedberg	Gosford
4	117	Laura-lee Mitchell	Tuggerah Lakes M
5	818	Liliya Tatarinoff	Terrigal/Wamberal
6	159	Brianna Puxty	Wyong
7	33	Leila George	Terrigal/Wamberal
8	51	Hayley Stadelmann	Tuggerah Lakes M
9	160	Riyani Puxty	Wyong
10	303	Leilani Alofia	Tuggerah Lakes M
11	359	Jazmine Rodden	Tuggerah Lakes M
12	238	Tarni Whitmore	Wyong
13	118	Jodie Miller	Woy Woy Peninsula
14	161	Alexis Eagleton	Wyong
15	68	Jessica Hunter	Gosford

Event 47 Girls U 15 - Triple Jump**Zone: 10.48m 1999 K Sheckleton, Woy Woy Peninsula**

Pos	Comp#	Name	Centre
Flight	1 of 1	Final	
1	13	April Brown-peters	Tuggerah Lakes M
2	43	Abigail Grimes	Woy Woy Peninsula
3	213	Savannah Wheeler	Gosford
4	17	Zoe Arigho	Tuggerah Lakes M

CENTRAL COAST ZONE TRACK&FIELD CHAMPIONSHIPS - 11/12/2015 to 13/12/2015**Mingara Athletics Facility****Meet Program - Saturday Field Events****This is the Final List of Events 2/12/2015****Event 48 Boys U 10 - Discus (500 Gram)****Zone: 33.62m 1995 C Bown, Terrigal / Wamberal**

Pos	Comp#	Name	Centre
Flight	1 of 1	Final	
1	180	Kynan Johnson	Wyong
2	4	George Wells	Tuggerah Lakes M
3	150	Jarrold Brown	Wyong
4	198	Taj Garner	Tuggerah Lakes M
5	103	Joshua Dickson	Wyong
6	60	Spencer Andrews-bohringer	Tuggerah Lakes M
7	19	Jett Tancred	Wyong
8	512	Kynan Patterson	Terrigal/Wamberal
9	26	Harry Burgess	Woy Woy Peninsula
10	10	Lachlan Gunn	Gosford
11	153	Zane Smith	Woy Woy Peninsula
12	51	Felix Tebbutt	Gosford

Event 49 Girls U 7 - Discus (350 Gram)**Zone: 13.92m 1997 R Saunders, Tuggerah Lakes Mingara**

Pos	Comp#	Name	Centre
Flight	1 of 1	Final	
1	266	Jacinta Liedberg	Gosford
2	183	Allira Lowe	Woy Woy Peninsula
3	237	Tabitha D'Bras	Tuggerah Lakes M
4	12	Maddie Cross	Toukley
5	99	Isabella Nicolussi	Woy Woy Peninsula
6	139	Keira Carlson	Tuggerah Lakes M

Event 50 Boys U 7 - Shot Put (1.0 Kg)**Zone: 7.70m 1993 D Morris, Gosford**

Pos	Comp#	Name	Centre
Flight	1 of 1	Final	
1	88	Hugh Argent	Woy Woy Peninsula
2	270	Oscar Furey	Tuggerah Lakes M
3	8	Calm Leger	Tuggerah Lakes M
4	29	Chase Blake	Wyong
5	69	William Hunter	Gosford
6	46	Finn Van Aalderen	Woy Woy Peninsula
7	102	Aiden Robard	Tuggerah Lakes M

Event 51 Girls U 9 - Shot Put (2.0 Kg)**Zone: 7.90m 1985 R Ferguson, Wyong**

Pos	Comp#	Name	Centre
Flight	1 of 1	Final	
1	10	Shelby Thompson	Toukley
2	70	Sophie Heineman	Toukley
3	828	Milla Melverton	Terrigal/Wamberal
4	24	Kourtney Freeman	Toukley
5	87	Kayla Adam-heron	Tuggerah Lakes M
6	109	Teratai Mcleish	Tuggerah Lakes M
7	230	Ashlyn Hyland	Gosford
8	101	Laura Reeves	Woy Woy Peninsula

CENTRAL COAST ZONE TRACK&FIELD CHAMPIONSHIPS - 11/12/2015 to 13/12/2015

Mingara Athletics Facility

Meet Program - Saturday Field Events

This is the Final List of Events 2/12/2015

Event 52 Girls U 14 - Long Jump**Zone: 5.17m 1996****Amy Carpenter, Tuggerah Lakes Mingara****Pos Comp# Name Centre****Flight 1 of 1 Final**

1	21	Darci Carroll	Tuggerah Lakes M
2	14	Paige Rigney	Wyong
3	153	Christianna Soares	Tuggerah Lakes M
4	2	Rebecca Casey	Gosford

Event 53 Boys U 11 - Triple Jump**Zone: 9.81m 2007****Joshua Parkinson, Tuggerah Lakes Mingara****Pos Comp# Name Centre****Flight 1 of 1 Final**

1	58	Noah Shelvey	Tuggerah Lakes M
2	51	Lewis Pratt	Woy Woy Peninsula
3	144	Aaron Neville-smith	Tuggerah Lakes M
4	46	Ikey Allen	Tuggerah Lakes M
5	108	Jayden Redfern	Tuggerah Lakes M
6	70	Dylan Daly	Wyong
7	838	Gilbert Johnston	Terrigal/Wamberal
8	90	Young Leon	Toukley
9	3	Leon Young	Toukley

Event 54 Boys U 12 - Discus (750 Gram)**Zone: 37.43m 15/12/2012 Mason Leef, Wyong****Pos Comp# Name Centre****Flight 1 of 1 Final**

1	1	Shaun Turnbull	Woy Woy Peninsula
2	203	Ethan Jeffrey	Wyong
3	38	Lachlan Pettitt	Tuggerah Lakes M
4	44	Zain Robards	Tuggerah Lakes M
5	5	Ryan Brown	Woy Woy Peninsula
6	112	Cameron Cheney	Wyong
7	520	Ryan Harland	Gosford

Event 55 Girls U 13 - Shot Put (3.0 Kg)**Zone: 12.58m 2008****Samantha Farrant, Gosford****Pos Comp# Name Centre****Flight 1 of 1 Final**

1	16	April Carty	Toukley
2	9	Taren Lebreton	Gosford
3	7	Abigia Barrett	Toukley
4	4	Allanah Pitcher	Gosford
5	528	Brianna Irvine	Gosford
6	272	Stella Russell	Gosford
7	214	Charlise Wheeler	Gosford
8	173	Brooke Beaven	Tuggerah Lakes M
9	85	Lucinda Middleton	Toukley

Event 56 Boys U 15 - Shot Put (4.0 Kg)**Zone: 15.78m 2001****Tom Mutch, Terrigal / Wamberal****Pos Comp# Name Centre****Flight 1 of 1 Final**

1	312	Jacob Lobley	Tuggerah Lakes M
2	160	Callum Sutton	Gosford

CENTRAL COAST ZONE TRACK&FIELD CHAMPIONSHIPS - 11/12/2015 to 13/12/2015**Mingara Athletics Facility****Meet Program - Saturday Field Events****This is the Final List of Events 2/12/2015****Event 57 Girls U 11 - Triple Jump****Zone: 9.31m 2002****Amanda Thorpe, Terrigal / Wamberal**

Pos	Comp#	Name	Centre
Flight	1 of 1	Final	
1	131	Keisha Neal	Wyong
2	43	Jade Beaven	Tuggerah Lakes M
3	181	Kirra Hillman	Tuggerah Lakes M
4	30	Lauren Gee	Terrigal/Wamberal
5	171	Ebony Stadelmann	Tuggerah Lakes M
6	241	Hayley Corderoy	Tuggerah Lakes M
7	609	Reilly Davis	Tuggerah Lakes M
8	287	Lani Clarke-knuth	Tuggerah Lakes M
9	87	Grace Dahan	Wyong
10	954	Mackenzie Chapman	Terrigal/Wamberal

Event 58 Girls U 15 - Discus (1.0 Kg)**Zone: 39.46m 1996****Debra Turnbull, Tuggerah Lakes Mingara**

Pos	Comp#	Name	Centre
Flight	1 of 1	Final	
1	13	April Brown-peters	Tuggerah Lakes M
2	976	Anita Rumore	Terrigal/Wamberal
3	207	Shelby Cochrane	Tuggerah Lakes M
4	17	Zoe Arigho	Tuggerah Lakes M

A Note on Footwear

Appropriate footwear is compulsory for all competitors in all events.

ii. No competitor may wear football boots or cleats in any event.

iii. Competitors in the U7-U10 age group may not wear spike shoes.

iv. Competitors in the U11-U17 age groups may wear spike shoes in events run entirely in lanes, as well as long jump, triple jump, high jump and javelin.

v. Competitors in the U13-U17 age groups may wear spike shoes in all of the events listed above, as well as events not run entirely within lanes, except walks.

vi. All spike shoes must be worn with all holes filled with a complete set of spikes, with no more than 2 blanks/slugs installed.

vii. Spike shoes must only be worn during the event and are not to be worn to and from the event.

viii. Any number of spikes up to 11 may be accommodated on each shoe, but the number of spike positions shall not exceed 11.

Calls

- i. Each event will receive 2 calls, except for any timed carnival.
- ii. Calls will not be made for individual competitors in any event

Do not leave a Field Event to go to Marshalling under any circumstances

CENTRAL COAST ZONE TRACK&FIELD CHAMPIONSHIPS - 11/12/2015 to 13/12/2015

Mingara Athletics Facility

Meet Program - Sunday Track Events

This is the Final List of Events 2/12/2015

Where there is not enough entries to make 2 heats, the heats have been removed

Event 151 Girls U 10 - 70 Metre Sprint**8 Advance: Top 3 Each Heat plus Next 2 Best Times****Zone: 10.20 2005 Bianca Mould, Terrigal / Wamberal**

Lane	Comp#	Name	Age	Centre	Seed Time
Heat	1 of 2	Heats			
2	131	Zoe Clarke		Tuggerah Lakes M	
3	161	Alexis Eagleton		Wyong	
4	12	Tylah Legge		Terrigal/Wamberal	
5	51	Hayley Stadelmann		Tuggerah Lakes M	
6	19	Kyra Cardy		Terrigal/Wamberal	
7	359	Jazmine Rodden		Tuggerah Lakes M	
Heat	2 of 2	Heats			
2	79	Hope Mcintosh-walsh		Wyong	
3	2	Ava Simos		Terrigal/Wamberal	
4	214	Maykayla Yates		Wyong	
5	33	Leila George		Terrigal/Wamberal	
6	238	Tarni Whitmore		Wyong	
7	206	Taalirah Gristwood		Wyong	

Event 152 Boys U 10 - 70 Metre Sprint**8 Advance: Top 3 Each Heat plus Next 2 Best Times****Zone: 9.50 2005 Jayden Priest, Gosford**

Lane	Comp#	Name	Age	Centre	Seed Time
Heat	1 of 2	Heats			
2	55	Dion Papalexion		Gosford	
3	19	Jett Tancred		Wyong	
4	616	Jack Woodhouse		Tuggerah Lakes M	
5	347	Jaiden Perse		Tuggerah Lakes M	
6	149	Hayden Jeffreys		Wyong	
7	90	Felix Kirton		Tuggerah Lakes M	
Heat	2 of 2	Heats			
3	3	Riley Holt		Woy Woy Peninsula	
4	142	Jed Hoyland		Woy Woy Peninsula	
5	346	Ryan Riley		Tuggerah Lakes M	
6	3	James Fleming		Terrigal/Wamberal	
7	169	Dylan Coyte		Wyong	

Event 153 Girls U 9 - 70 Metre Sprint**8 Advance: Top 3 Each Heat plus Next 2 Best Times****Zone: 10.30 2004 Bianca Mould, Terrigal / Wamberal**

Lane	Comp#	Name	Age	Centre	Seed Time
Heat	1 of 2	Heats			
1	4	Annie Lowbridge		Terrigal/Wamberal	
2	181	Kiarna Johnson		Wyong	
3	49	Ashley Smith		Terrigal/Wamberal	
4	101	Laura Reeves		Woy Woy Peninsula	
5	65	Brandy Simpson		Toukley	
6	19	Abigail Vogt		Gosford	
7	23	Hayden Channells		Terrigal/Wamberal	
8	24	Kourtney Freeman		Toukley	

CENTRAL COAST ZONE TRACK&FIELD CHAMPIONSHIPS - 11/12/2015 to 13/12/2015**Mingara Athletics Facility****Meet Program - Sunday Track Events****This is the Final List of Events 2/12/2015****Where there is not enough entries to make 2 heats, the heats have been removed**

Heat	2 of 2	Heats...(Event 153 Girls U 9 - 70 Metre Sprint)
2	28	Marissa Blake Wyong
3	133	Ella Williams Tuggerah Lakes M
4	11	Mia Cross Toukley
5	267	Tiana Baker Gosford
6	828	Milla Melverton Terrigal/Wamberal
7	70	Sophie Heineman Toukley
8	102	Georgie Lawton Wyong

Event 155 Girls U 8 - 70 Metre Sprint**Top 8 Advance by Time****Zone: 10.60 1989 Rosemary Hayward, Wyong**

Lane	Comp#	Name	Age	Centre	Seed Time
Heat	1 of 2	Heats			
2	155	Savannah Lander		Tuggerah Lakes M	
3	205	Olivia Booth		Gosford	
4	193	Katelyn Wardell		Gosford	
5	183	Eva McGregor-johnston		Tuggerah Lakes M	
6	66	Phoenix Eldridge		Gosford	
7	57	Heidi Ashdown		Woy Woy Peninsula	
Heat	2 of 2	Heats			
2	181	Eva Lynch		Woy Woy Peninsula	
3	137	Ava-marie Carlson		Tuggerah Lakes M	
4	254	Chloe Masters		Gosford	
5	231	Sarah Hyland		Gosford	
6	25	Ivy Leger		Tuggerah Lakes M	

Event 156 Boys U 8 - 70 Metre Sprint**Top 8 Advance by Time****Zone: 10.70 2002 Byron Cavender, Gosford**

Lane	Comp#	Name	Age	Centre	Seed Time
Heat	1 of 2	Heats			
2	44	Jaxson Tutt		Terrigal/Wamberal	
3	37	William Haswell		Gosford	
4	956	Matthew Fleming		Terrigal/Wamberal	
5	208	Zane Cash		Gosford	
6	21	Mitchell Rigney		Wyong	
Heat	2 of 2	Heats			
2	138	Rory Sohier		Tuggerah Lakes M	
3	207	Kahlil Gristwood		Wyong	
4	48	Thomas Smith		Terrigal/Wamberal	
5	168	Killian Byrne		Gosford	
6	34	Luca Quitadamo		Woy Woy Peninsula	

Event 157 Girls U 7 - 70 Metre Sprint**Top 8 Advance by Time****Zone: 12.00 1992 L Quick, Gosford**

Lane	Comp#	Name	Age	Centre	Seed Time
Heat	1 of 2	Heats			
2	63	Emmi Kirton		Tuggerah Lakes M	
3	177	Sallee Macey		Woy Woy Peninsula	
4	34	Jasmine George		Terrigal/Wamberal	
5	337	Chloe Armstrong		Tuggerah Lakes M	
6	226	Brooke McIntosh-walsh		Wyong	
7	12	Maddie Cross		Toukley	

Heat	2 of 2	Heats...(Event 157 Girls U 7 - 70 Metre Sprint)
------	--------	---

Do not leave a Field Event to go to Marshalling under any circumstances

CENTRAL COAST ZONE TRACK&FIELD CHAMPIONSHIPS - 11/12/2015 to 13/12/2015

Mingara Athletics Facility

Meet Program - Sunday Track Events

This is the Final List of Events 2/12/2015**Where there is not enough entries to make 2 heats, the heats have been removed**

2	339	Talia Armstrong	Tuggerah Lakes M
3	115	Ruby Waite	Tuggerah Lakes M
4	162	Abbie Eagleton	Wyong
5	149	Melina Mcpherson	Tuggerah Lakes M
6	266	Jacinta Liedberg	Gosford
7	139	Keira Carlson	Tuggerah Lakes M

Event 158 Boys U 7 - 70 Metre Sprint**Top 8 Advance by Time****Zone: 11.20 1989****G Towle, Gosford**

Lane	Comp#	Name	Age	Centre	Seed Time
Heat	1 of 2	Heats			
2	302	Hayden Etches		Tuggerah Lakes M	
3	170	Cooper Bolton		Gosford	
4	43	Jonathon Priest		Toukley	
5	526	Jai Smith		Gosford	
6	300	Jack Etches		Tuggerah Lakes M	
Heat	2 of 2	Heats			
2	100	Leroy Maccue		Tuggerah Lakes M	
3	66	Hunter Simpson		Toukley	
4	242	Zachary Scaysbrook		Tuggerah Lakes M	
5	840	Jimmy Johnston		Terrigal/Wamberal	
6	304	Jake Tracey		Tuggerah Lakes M	

Event 167 Girls U 7-17 100 Metre Run AWD

Lane	Comp#	Name	Age	Centre	Seed Time
Section	1 of 1	Timed Finals			
4	18	Tallara Sonter		Woy Woy Peninsula	
5	187	Cloe Reid		Tuggerah Lakes M	

Event 172 Boys U 9 - 70 Metre Sprint**Zone: 10.20 1999****J Mulligan, Gosford**

Lane	Comp#	Name	Age	Centre	Seed Time
Section	1 of 1	Timed Finals			
2	64	Oscar Mahoney		Tuggerah Lakes M	
3	62	Elijah Falconer		Toukley	
4	70	Travis Jackson		Tuggerah Lakes M	
5	110	Joshua Carroll		Tuggerah Lakes M	
6	516	Kaelan Zerdo		Gosford	
7	335	Jayden Armstrong		Tuggerah Lakes M	

Event 177 Girls U 11 - 200 Metre Sprint**8 Advance: Top 3 Each Heat plus Next 2 Best Times****Zone: 27.80 2007****Sara Marshall, Gosford**

Lane	Comp#	Name	Age	Centre	Seed Time
Heat	1 of 2	Heats			
2	363	Aoife O'Neill		Tuggerah Lakes M	
3	83	Alexis Aldous		Woy Woy Peninsula	
4	47	Tori Robertson		Tuggerah Lakes M	
5	45	Lexi Weber		Tuggerah Lakes M	
6	47	Susanna Palmer		Gosford	
7	235	Mia Zappia		Tuggerah Lakes M	

CENTRAL COAST ZONE TRACK&FIELD CHAMPIONSHIPS - 11/12/2015 to 13/12/2015

Mingara Athletics Facility

Meet Program - Sunday Track Events

This is the Final List of Events 2/12/2015**Where there is not enough entries to make 2 heats, the heats have been removed**

Heat	2 of 2	Heats...(Event 177 Girls U 11 - 200 Metre Sprint)
2	9	Siena Hall Toukley
3	954	Mackenzie Chapman Terrigal/Wamberal
4	209	Jessica Joester Wyong
5	215	Emelyn Wheeler Gosford
6	14	Amelia Carty Toukley
7	43	Jade Beaven Tuggerah Lakes M

Event 178 Boys U 11 - 200 Metre Sprint**8 Advance: Top 3 Each Heat plus Next 2 Best Times****Zone: 27.60 2010 Tyler Gunn, Gosford**

Lane	Comp#	Name	Age	Centre	Seed Time
Heat	1 of 2	Heats			
2	957	Jackson Adair		Terrigal/Wamberal	
3	5	Joshua Farrant		Gosford	
4	144	Aaron Neville-smith		Tuggerah Lakes M	
5	112	Aymn Hamilton		Tuggerah Lakes M	
6	838	Gilbert Johnston		Terrigal/Wamberal	
7	17	Jayden Morgan		Terrigal/Wamberal	
Heat	2 of 2	Heats			
2	164	Lorcan Hayes		Tuggerah Lakes M	
3	517	Luca Zerdo		Gosford	
4	117	Tommy Edmonds		Woy Woy Peninsula	
5	97	Jack Petrie		Wyong	
6	51	Lewis Pratt		Woy Woy Peninsula	
7	46	Ikey Allen		Tuggerah Lakes M	

Event 179 Girls U 12 - 200 Metre Sprint**8 Advance: Top 3 Each Heat plus Next 2 Best Times****Zone: 26.80 2008 Sara Marshall, Gosford**

Lane	Comp#	Name	Age	Centre	Seed Time
Heat	1 of 2	Heats			
1	119	Lucy Jacobs		Tuggerah Lakes M	
2	193	Isabella Dodsworth		Woy Woy Peninsula	
3	155	Lara Stevens		Gosford	
4	507	Erin Hamilton		Gosford	
5	7	Baylee Lebreton		Gosford	
6	128	Camryn Millar		Wyong	
7	11	Tahlia Coles		Terrigal/Wamberal	
Heat	2 of 2	Heats			
2	623	Charlotte Soares		Tuggerah Lakes M	
3	37	Jade Pettitt		Tuggerah Lakes M	
4	281	Elise Patrick		Tuggerah Lakes M	
5	54	Angie Faulks		Toukley	
6	104	Tamika Dickson		Wyong	
7	712	Chanelle Cross		Toukley	

Event 180 Boys U 12 - 200 Metre Sprint**8 Advance: Top 3 Each Heat plus Next 2 Best Times****Zone: 26.18 16/12/2012 Aaron Dudman, Gosford**

Lane	Comp#	Name	Age	Centre	Seed Time
Heat	1 of 2	Heats			
2	1	Shaun Turnbull		Woy Woy Peninsula	
3	42	Jackson Barnes		Tuggerah Lakes M	
4	213	Rohan Yates		Wyong	
5	257	Luke Batey		Gosford	
6	84	Hunter Finnigan		Wyong	

Do not leave a Field Event to go to Marshalling under any circumstances

CENTRAL COAST ZONE TRACK&FIELD CHAMPIONSHIPS - 11/12/2015 to 13/12/2015**Mingara Athletics Facility****Meet Program - Sunday Track Events****This is the Final List of Events 2/12/2015****Where there is not enough entries to make 2 heats, the heats have been removed**

Heat	2 of 2	Heats...(Event 180 Boys U 12 - 200 Metre Sprint)
2	2	Bailey Holt Woy Woy Peninsula
3	342	Jelle Van Der Ham Tuggerah Lakes M
4	176	Tygar Bruen Wyong
5	50	Archie Tebbutt Gosford
6	88	Eli Jeffreys Wyong
7	163	William Eagleton Wyong

Event 181 Girls U 13 - 80 Metre Hurdles (76cm)**Zone: 13.30 1999 Nicole Beaton, Tuggerah Lakes Mingara**

Lane	Comp#	Name	Age	Centre	Seed Time
Section	1 of 1	Timed Finals			
2	126	Tahnee Ball		Woy Woy Peninsula	
3	31	Ella Robertson		Tuggerah Lakes M	
4	196	Jemma Massoud-psaila		Gosford	
5	116	Skye Loder		Wyong	
6	71	Trinity Robards		Tuggerah Lakes M	

Event 182 Boys U 13 - 80 Metre Hurdles (76cm)**Zone: 12.90 2000 R Roberts, Gosford**

Lane	Comp#	Name	Age	Centre	Seed Time
Section	1 of 1	Timed Finals			
2	117	Conner Cogan		Gosford	
3	221	Samuel Morgan		Gosford	
4	291	Seb Plummer		Tuggerah Lakes M	
5	832	Seth Chapman		Terrigal/Wamberal	
6	273	Nicholas Hathway		Gosford	

Event 183 Girls U 14 - 80 Metre Hurdles (76cm)**Zone: 13.20 2000 K Wildman, Woy Woy Peninsula**

Lane	Comp#	Name	Age	Centre	Seed Time
Section	1 of 1	Timed Finals			
4	21	Darci Carroll		Tuggerah Lakes M	
5	157	Kyla Tucker		Woy Woy Peninsula	

Event 184 Boys U 14 - 90 Metre Hurdles (76cm)**Zone: 12.90 2004 Grant Nelson, Tuggerah Lakes Mingara**

Lane	Comp#	Name	Age	Centre	Seed Time
Section	1 of 1	Timed Finals			
2	164	Cody Vanderwolf		Wyong	
3	171	Kaya Ardita		Gosford	
4	18	Tom Boaler		Gosford	
5	28	Luke Brown		Woy Woy Peninsula	
6	5	Marley Coles		Terrigal/Wamberal	
7	28	Drew Clarke		Tuggerah Lakes M	

Event 185 Girls U 15 - 90 Metre Hurdles (76cm)**Zone: 13.50 2004 Trudy Thompson, Toukley**

Lane	Comp#	Name	Age	Centre	Seed Time
Section	1 of 1	Timed Finals			
4	17	Zoe Arigho		Tuggerah Lakes M	
5	105	Claudia Holt		Wyong	

CENTRAL COAST ZONE TRACK&FIELD CHAMPIONSHIPS - 11/12/2015 to 13/12/2015

Mingara Athletics Facility

Meet Program - Sunday Track Events

This is the Final List of Events 2/12/2015

Where there is not enough entries to make 2 heats, the heats have been removed

Event 186 Boys U 15 - 100 Metre Hurdles (76cm)**Zone: 13.30 2001 Karl Hewett, Gosford**

Lane	Comp#	Name	Age	Centre	Seed Time
Section	1 of 1	Timed Finals			
3	196	Nathaniel Lander		Tuggerah Lakes M	
4	54	Taine Peterson		Tuggerah Lakes M	
5	357	Jordan Biddle		Tuggerah Lakes M	

Event 187 Girls U 17 - 100 Metre Hurdles (76cm)**Zone: 14.90 2011 Jamie Carr, Gosford**

Lane	Comp#	Name	Age	Centre	Seed Time
Section	1 of 1	Timed Finals			
3	273	Cristabel Farmilo		Tuggerah Lakes M	
4	55	Sarah Boarer		Tuggerah Lakes M	
5	79	Rachael Mortell		Gosford	
6	123	Rebekah Kennedy		Wyong	

Event 188 Boys U 17 - 110 Metre Hurdles (76cm)**Zone: 14.26 15/12/2013 Zac Simunovic, Gosford**

Lane	Comp#	Name	Age	Centre	Seed Time
Section	1 of 1	Timed Finals			
3	6	Isaac Rumbel		Tuggerah Lakes M	
4	16	Jarryd Walter		Wyong	
5	65	Alexander Coutts		Wyong	
6	316	Jack Arigho		Tuggerah Lakes M	

Event 189 Girls U 8 - 700 Metre Run Pack Start**Zone: 2:36.70 2011 Marianne Mihellis, Tuggerah Lakes Mingara**

Lane	Comp#	Name	Age	Centre	Seed Time
Section	1 of 1	Timed Finals			
1	193	Katelyn Wardell		Gosford	
2	16	Sienna Pitcher		Gosford	
3	37	Olivia Falconi		Terrigal/Wamberal	
4	201	Grace Jones		Tuggerah Lakes M	
5	140	Sophia Grey		Woy Woy Peninsula	

Event 190 Boys U 8 - 700 Metre Run Pack Start**Zone: 2:29.90 2006 Sam Collett, Terrigal / Wamberal**

Lane	Comp#	Name	Age	Centre	Seed Time
Section	1 of 1	Timed Finals			
1	200	Crosby Peake		Gosford	
2	185	Bailey Magann		Gosford	
3	32	Travis Eagleton		Toukley	
4	168	Killian Byrne		Gosford	
5	519	Jay Buschmann		Gosford	
6	76	Oliver Andrews-bohringer		Tuggerah Lakes M	
7	34	Luca Quitadamo		Woy Woy Peninsula	
8	8	Connor Gunn		Gosford	

CENTRAL COAST ZONE TRACK&FIELD CHAMPIONSHIPS - 11/12/2015 to 13/12/2015**Mingara Athletics Facility****Meet Program - Sunday Track Events****This is the Final List of Events 2/12/2015****Where there is not enough entries to make 2 heats, the heats have been removed****Event 191 Girls U 7 - 500 Metre Run Pack Start****Zone: 1:52.90 2007 Ashlee Frorbes, Tuggerah Lakes Mingara**

Lane	Comp#	Name	Age	Centre	Seed Time
Section	1 of 1	Timed Finals			
2	12	Maddie Cross		Toukley	
3	65	Caetlin Ashby		Gosford	
7	36	Emily Falconi		Terrigal/Wamberal	
8	137	Keira Callaghan		Wyong	
10	99	Isabella Nicolussi		Woy Woy Peninsula	
12	22	Tyla Channells		Terrigal/Wamberal	
13	237	Tabitha D'Bras		Tuggerah Lakes M	
15	266	Jacinta Liedberg		Gosford	

Event 192 Boys U 7 - 500 Metre Run Pack Start**Zone: 1:45.60 2011 Lorcan Hayes, Woy Woy Peninsula**

Lane	Comp#	Name	Age	Centre	Seed Time
Section	1 of 1	Timed Finals			
2	160	Joel Washington		Tuggerah Lakes M	
3	43	Jonathon Priest		Toukley	
5	29	Chase Blake		Wyong	
6	246	Silas Allen		Tuggerah Lakes M	
9	959	Monty Lowbridge		Terrigal/Wamberal	
11	356	Fergus Patterson		Tuggerah Lakes M	
13	242	Zachary Scaysbrook		Tuggerah Lakes M	
14	100	Leroy Maccue		Tuggerah Lakes M	
16	102	Aiden Robard		Tuggerah Lakes M	

There will be a small break at Relay Time to get the officials Set**Event 193 Girls U 9-12 4x100 Metre Relay (Jnr)****Zone: 58.70 2007 , Gosford**

Lane	Comp#	Centre	Relay	Seed Time
Section	1 of 1	Timed Finals		
2		Terrigal/Wamberal		
3		Toukley		
4		Woy Woy Peninsula		
5		Wyong		
6		Tuggerah Lakes Mingara		
7		Gosford		

Event 194 Boys U 9-12 4x100 Metre Relay (Jnr)**Zone: 56.30 2/12/2007 , Tuggerah Lakes Mingara
J Carroll , A Pohla , S Drinkwater , N Martin**

Lane	Comp#	Centre	Relay	Seed Time
Section	1 of 1	Timed Finals		
2		Gosford		
3		Woy Woy Peninsula		
4		Tuggerah Lakes Mingara		
5		Terrigal/Wamberal		
6		Wyong		
7		Toukley		

Do not leave a Field Event to go to Marshalling under any circumstances

CENTRAL COAST ZONE TRACK&FIELD CHAMPIONSHIPS - 11/12/2015 to 13/12/2015

Mingara Athletics Facility

Meet Program - Sunday Track Events

This is the Final List of Events 2/12/2015

Where there is not enough entries to make 2 heats, the heats have been removed

Event 195 Girls U 12-17 4x100 Metre Relay (Snr)**Zone: 51.30 2008 , Gosford**

Lane	Comp#	Centre	Relay	Seed Time
Section	1 of 1	Timed Finals		
2		Wyong		
3		Woy Woy Peninsula		
4		Gosford		
5		Tuggerah Lakes Mingara		
6		Terrigal/Wamberal		
7		Toukley		

Event 196 Boys U 12-17 4x100 Metre Relay (Snr)**Zone: 48.15 14/12/2014 , Tuggerah Lakes Mingara
D Clarke, B Denham, H Cox, M Winsor**

Lane	Comp#	Centre	Relay	Seed Time
Section	1 of 1	Timed Finals		
2		Tuggerah Lakes Mingara		
3		Terrigal/Wamberal		
4		Wyong		
5		Toukley		
6		Woy Woy Peninsula		
7		Gosford		

Event 197 Girls U 9 - 800 Metre Run**Zone: 2:51.90 1992 A Lindahl, Toukley**

Lane	Comp#	Name	Age	Centre	Seed Time
Section	1 of 1	Timed Finals			
1	5	Mia Tongue		Toukley	
2	530	Mia Smyth		Terrigal/Wamberal	
3	121	Emily Neville-smith		Tuggerah Lakes M	
4	225	Sienna Etches		Tuggerah Lakes M	
5	823	Isabel Walsh		Terrigal/Wamberal	
6	143	Alexia Karas		Gosford	
7	133	Ella Williams		Tuggerah Lakes M	
8	85	Emma Jones		Tuggerah Lakes M	
9	230	Ashlyn Hyland		Gosford	
10	28	Marissa Blake		Wyong	
11	69	Georgia Payne		Tuggerah Lakes M	
12	77	Grace Minto		Tuggerah Lakes M	

Event 198 Boys U 9 - 800 Metre Run**Zone: 2:40.10 1990 R Wall, Woy Woy Peninsula**

Lane	Comp#	Name	Age	Centre	Seed Time
Section	1 of 1	Timed Finals			
1	136	Jai Callaghan		Wyong	
2	148	Bodie Jefferys		Wyong	
3	80	Kyle Clarke		Tuggerah Lakes M	
4	67	Joshua Ireland		Gosford	
5	136	Cooper Bemett		Tuggerah Lakes M	
6	63	Myles Ashby		Gosford	
7	74	Ashton Patterson		Tuggerah Lakes M	

CENTRAL COAST ZONE TRACK&FIELD CHAMPIONSHIPS - 11/12/2015 to 13/12/2015

Mingara Athletics Facility

Meet Program - Sunday Track Events

This is the Final List of Events 2/12/2015

Where there is not enough entries to make 2 heats, the heats have been removed

Event 199 Girls U 10 - 800 Metre Run

Zone: 2:37.30 2010

Ashlee Forbes, Tuggerah Lakes Mingara

Lane	Comp#	Name	Age	Centre	Seed Time
Section	1 of 1	Timed Finals			
1	160	Riyani Puxty		Wyong	
2	10	Charlotte Rousell		Woy Woy Peninsula	
3	159	Brianna Puxty		Wyong	
4	23	Izabella Dunne		Gosford	
5	812	Imogen Ryan		Terrigal/Wamberal	
6	203	Kiah Edmonds		Woy Woy Peninsula	
7	261	Stella Norris		Tuggerah Lakes M	
8	369	Marianne Papalexion		Tuggerah Lakes M	
9	138	Ellena Grey		Woy Woy Peninsula	

Event 200 Boys U 10 - 800 Metre Run

Zone: 2:32.60 1982

L O'Neill, Gosford

Lane	Comp#	Name	Age	Centre	Seed Time
Section	1 of 2	Timed Finals			
1	347	Jaiden Perse		Tuggerah Lakes M	
2	159	Brodie Smith		Gosford	
3	350	Harry Fennell		Tuggerah Lakes M	

Section 2 of 2 Timed Finals...(Event 200 Boys U 10 - 800 Metre Run)

1	30	Matthew Lowe		Tuggerah Lakes M	
2	992	Jackson Stamper		Terrigal/Wamberal	
3	308	Henry D'Bras		Tuggerah Lakes M	
4	38	Luke Falconi		Terrigal/Wamberal	
5	616	Jack Woodhouse		Tuggerah Lakes M	
6	172	Sawyer Etchells		Tuggerah Lakes M	
7	550	Logan Lee		Gosford	
8	298	Jordan Small		Tuggerah Lakes M	
9	202	Joel Parrelli		Tuggerah Lakes M	
10	60	Spencer Andrews-bohringer		Tuggerah Lakes M	
11	198	Taj Garner		Tuggerah Lakes M	
12	106	Brendan Minto		Tuggerah Lakes M	
13	51	Felix Tebbutt		Gosford	
14	288	William Jamieson		Tuggerah Lakes M	

Event 202 Boys U 13 - 200 Metre Sprint

8 Advance: Top 3 Each Heat plus Next 2 Best Times

Zone: 25.07 16/12/2012 Zac Boyd, Wyong

Lane	Comp#	Name	Age	Centre	Seed Time
Heat	1 of 2	Heats			
2	34	Ashton Hurley		Tuggerah Lakes M	
3	139	Cameron Torpy		Wyong	
4	291	Seb Plummer		Tuggerah Lakes M	
5	221	Samuel Morgan		Gosford	
6	273	Nicholas Hathway		Gosford	
Heat	2 of 2	Heats			
3	70	Cameron Steer		Woy Woy Peninsula	
4	368	Alex Spindler		Tuggerah Lakes M	
5	117	Conner Cogan		Gosford	
6	94	Josh O'Brien		Tuggerah Lakes M	

CENTRAL COAST ZONE TRACK & FIELD CHAMPIONSHIPS - 11/12/2015 to 13/12/2015

Mingara Athletics Facility

Meet Program - Sunday Track Events

This is the Final List of Events 2/12/2015

Where there is not enough entries to make 2 heats, the heats have been removed

Event 203 Girls U 14 - 200 Metre Sprint**8 Advance: Top 3 Each Heat plus Next 2 Best Times****Zone: 25.90 2005 Dannielle Bradbury, Terrigal / Wamberal**

Lane	Comp#	Name	Age	Centre	Seed Time
Heat	1 of 2	Heats			
2	21	Darci Carroll		Tuggerah Lakes M	
3	14	Paige Rigney		Wyong	
4	193	Jordyn Drysdale		Tuggerah Lakes M	
5	147	Taylah Seaborn		Tuggerah Lakes M	
6	100	Ruby Smith		Gosford	
Heat	2 of 2	Heats			
3	4	Courtney Doyle		Toukley	
4	327	Emily O'Meara		Tuggerah Lakes M	
5	153	Christianna Soares		Tuggerah Lakes M	
6	92	Chloe Daniel		Wyong	

Event 209 Girls U 8 - 200 Metre Sprint**Top 8 Advance by Time****Zone: 31.50 1989 Rosemary Hayward, Wyong**

Lane	Comp#	Name	Age	Centre	Seed Time
Heat	1 of 2	Heats			
1	505	Mimi Trivers		Terrigal/Wamberal	
2	183	Eva McGregor-johnston		Tuggerah Lakes M	
3	37	Olivia Falconi		Terrigal/Wamberal	
4	124	Ameliya Jolliffe		Gosford	
5	52	Sophie Sita		Toukley	
6	205	Olivia Booth		Gosford	
7	161	Isabella Parrelli		Tuggerah Lakes M	
Heat	2 of 2	Heats			
2	57	Heidi Ashdown		Woy Woy Peninsula	
3	140	Sophia Grey		Woy Woy Peninsula	
4	991	Cameron Stamper		Terrigal/Wamberal	
5	271	Taylah Markulin		Tuggerah Lakes M	
6	137	Ava-marie Carlson		Tuggerah Lakes M	
7	170	Isabel Aitken		Woy Woy Peninsula	

Event 210 Boys U 8 - 200 Metre Sprint**Top 8 Advance by Time****Zone: 32.36 15/12/2013 Dylan Coyte, Wyong**

Lane	Comp#	Name	Age	Centre	Seed Time
Heat	1 of 2	Heats			
2	207	Kahlil Gristwood		Wyong	
3	200	Crosby Peake		Gosford	
4	168	Killian Byrne		Gosford	
5	956	Matthew Fleming		Terrigal/Wamberal	
6	8	Connor Gunn		Gosford	
7	299	Tana Alofia		Tuggerah Lakes M	
Heat	2 of 2	Heats			
1	80	Kye Feltham		Gosford	
2	138	Rory Sohler		Tuggerah Lakes M	
3	519	Jay Buschmann		Gosford	
4	37	William Haswell		Gosford	
5	88	Cassius Kirton		Tuggerah Lakes M	
6	44	Jaxson Tutt		Terrigal/Wamberal	
7	352	Charlie Fennell		Tuggerah Lakes M	

CENTRAL COAST ZONE TRACK&FIELD CHAMPIONSHIPS - 11/12/2015 to 13/12/2015

Mingara Athletics Facility

Meet Program - Sunday Track Events

This is the Final List of Events 2/12/2015**Where there is not enough entries to make 2 heats, the heats have been removed****Event 211 Girls U 9 - 200 Metre Sprint****8 Advance: Top 3 Each Heat plus Next 2 Best Times****Zone: 31.00 1990 Rosemary Hayward, Wyong**

Lane	Comp#	Name	Age	Centre	Seed Time
Heat	1 of 2	Heats			
2	65	Brandy Simpson		Toukley	
3	133	Ella Williams		Tuggerah Lakes M	
4	4	Annie Lowbridge		Terrigal/Wamberal	
5	823	Isabel Walsh		Terrigal/Wamberal	
6	283	Malena Patrick		Tuggerah Lakes M	
7	77	Grace Minto		Tuggerah Lakes M	
Heat	2 of 2	Heats...(Event 211 Girls U 9 - 200 Metre Sprint)			
2	181	Kiarna Johnson		Wyong	
3	143	Alexia Karas		Gosford	
4	267	Tiana Baker		Gosford	
5	839	Libby Johnston		Terrigal/Wamberal	
6	225	Sienna Etches		Tuggerah Lakes M	
7	101	Laura Reeves		Woy Woy Peninsula	

Event 212 Boys U 9 - 200 Metre Sprint**8 Advance: Top 3 Each Heat plus Next 2 Best Times****Zone: 30.40 1985 D Binskin, Gosford**

Lane	Comp#	Name	Age	Centre	Seed Time
Heat	1 of 2	Heats			
2	89	Jake Argent		Woy Woy Peninsula	
3	136	Jai Callaghan		Wyong	
4	67	Joshua Ireland		Gosford	
5	335	Jayden Armstrong		Tuggerah Lakes M	
6	62	Elijah Falconer		Toukley	
Heat	2 of 2	Heats			
2	148	Bodie Jefferys		Wyong	
3	516	Kaelan Zerdo		Gosford	
4	70	Travis Jackson		Tuggerah Lakes M	
5	220	Benjamin Morgan		Gosford	
6	64	Oscar Mahoney		Tuggerah Lakes M	

Event 213 Girls U 10 - 200 Metre Sprint**8 Advance: Top 3 Each Heat plus Next 2 Best Times****Zone: 29.00 1991 Rosemary Hayward, Wyong**

Lane	Comp#	Name	Age	Centre	Seed Time
Heat	1 of 2	Heats			
2	161	Alexis Eagleton		Wyong	
3	49	Lilah Washington		Tuggerah Lakes M	
4	812	Imogen Ryan		Terrigal/Wamberal	
5	263	Jemma Young		Tuggerah Lakes M	
6	369	Marianne Papalexion		Tuggerah Lakes M	
Heat	2 of 2	Heats			
2	238	Tarni Whitmore		Wyong	
3	33	Leila George		Terrigal/Wamberal	
4	131	Zoe Clarke		Tuggerah Lakes M	
5	303	Leilani Alofia		Tuggerah Lakes M	
6	214	Maykayla Yates		Wyong	
7	12	Tylah Legge		Terrigal/Wamberal	

CENTRAL COAST ZONE TRACK&FIELD CHAMPIONSHIPS - 11/12/2015 to 13/12/2015

Mingara Athletics Facility

Meet Program - Sunday Track Events

This is the Final List of Events 2/12/2015

Where there is not enough entries to make 2 heats, the heats have been removed

Event 214 Boys U 10 - 200 Metre Sprint**8 Advance: Top 3 Each Heat plus Next 2 Best Times****Zone: 28.80 2009 Tyler Gunn, Gosford**

Lane	Comp#	Name	Age	Centre	Seed Time
Heat	1 of 2	Heats			
1	298	Jordan Small		Tuggerah Lakes M	
2	142	Jed Hoyland		Woy Woy Peninsula	
3	992	Jackson Stamper		Terrigal/Wamberal	
4	106	Brendan Minto		Tuggerah Lakes M	
5	149	Hayden Jeffreys		Wyang	
6	32	Mitchell Blyton		Gosford	
7	210	Darcy Knowles		Tuggerah Lakes M	
Heat	2 of 2	Heats...(Event 214 Boys U 10 - 200 Metre Sprint)			
1	51	Felix Tebbutt		Gosford	
2	3	Riley Holt		Woy Woy Peninsula	
3	150	Jarrod Brown		Wyang	
4	55	Dion Papalexion		Gosford	
5	169	Dylan Coyte		Wyang	
6	272	Ethan Shaddock		Tuggerah Lakes M	
7	90	Felix Kirton		Tuggerah Lakes M	

Event 215 Girls U 11 - 800 Metre Run**Zone: 2:30.87 15/12/2013 Charlotte Lowe, Tuggerah Lakes Mingara**

Lane	Comp#	Name	Age	Centre	Seed Time
Section	1 of 1	Timed Finals			
1	6	India Duguid		Woy Woy Peninsula	
2	209	Jessica Joester		Wyang	
3	287	Lani Clarke-knuth		Tuggerah Lakes M	
4	11	Kasey Boelhouwer		Gosford	
5	801	Kaitlyn Norris		Wyang	
6	87	Grace Dahan		Wyang	
7	3	Amalia Patterson		Tuggerah Lakes M	
8	185	Kirra Richardson		Tuggerah Lakes M	
9	954	Mackenzie Chapman		Terrigal/Wamberal	
10	974	Sienna Bolton		Terrigal/Wamberal	

Event 216 Boys U 11 - 800 Metre Run**Zone: 2:26.30 2001 Cameron Page, Gosford**

Lane	Comp#	Name	Age	Centre	Seed Time
Section	1 of 1	Timed Finals			
1	975	Luis Bolton		Terrigal/Wamberal	
2	256	Brendan Charrett		Tuggerah Lakes M	
3	156	Calan Tucker		Woy Woy Peninsula	
4	175	Oliver Ham		Woy Woy Peninsula	
5	128	Lachlan Bishell		Woy Woy Peninsula	
6	97	Jack Petrie		Wyang	
7	117	Tommy Edmonds		Woy Woy Peninsula	
8	24	Zane Mcmillan		Terrigal/Wamberal	
9	117	Connor Visser		Wyang	
10	353	Isaac Broomfield		Tuggerah Lakes M	
11	517	Luca Zerdo		Gosford	
12	164	Lorcan Hayes		Tuggerah Lakes M	
13	2	Ryan Vesper		Tuggerah Lakes M	

CENTRAL COAST ZONE TRACK & FIELD CHAMPIONSHIPS - 11/12/2015 to 13/12/2015**Mingara Athletics Facility****Meet Program - Sunday Track Events****This is the Final List of Events 2/12/2015****Where there is not enough entries to make 2 heats, the heats have been removed****Event 217 Girls U 12 - 800 Metre Run****Zone: 2:27.10 1991****A Zucca, Wyong**

Lane	Comp#	Name	Age	Centre	Seed Time
Section	1 of 1	Timed Finals			
1	59	Mariane Mihellis		Gosford	
2	5	Hannah Bolton		Tuggerah Lakes M	
3	189	Kara Reid		Tuggerah Lakes M	
4	281	Elise Patrick		Tuggerah Lakes M	
5	93	Sophie Daniels		Wyong	
6	229	Zoe Hyland		Gosford	
7	191	Alicia Weir		Wyong	
8	21	Daisy Duguid		Woy Woy Peninsula	
9	96	Sophie Boyd		Gosford	
10	111	Melakai O'Connor		Tuggerah Lakes M	
11	623	Charlotte Soares		Tuggerah Lakes M	
12	33	Ashley Pernecker		Tuggerah Lakes M	

Event 218 Boys U 12 - 800 Metre Run**Zone: 2:23.82 15/12/2013****Joel Durrington, Wyong**

Lane	Comp#	Name	Age	Centre	Seed Time
Section	1 of 1	Timed Finals			
1	190	Michael Seaborn		Tuggerah Lakes M	
2	77	Elliot Easson		Woy Woy Peninsula	
3	176	Tygar Bruen		Wyong	
4	38	Lachlan Pettitt		Tuggerah Lakes M	
5	28	Jamie Trivers		Terrigal/Wamberal	
6	520	Ryan Harland		Gosford	
7	257	Luke Batey		Gosford	
8	163	William Eagleton		Wyong	

Event 219 Girls U 13 - 800 Metre Run**Zone: 2:20.48 16/12/2012****Elizabeth Chippendale, Gosford**

Lane	Comp#	Name	Age	Centre	Seed Time
Section	1 of 1	Timed Finals			
1	4	Allanah Pitcher		Gosford	
2	19	Charlotte Lowe		Tuggerah Lakes M	
3	237	Kimberley Harrison		Gosford	
4	85	Lucinda Middleton		Toukley	

Event 220 Boys U 13 - 800 Metre Run**Zone: 2:18.10 2007****Byron Cavender, Gosford**

Lane	Comp#	Name	Age	Centre	Seed Time
Section	1 of 1	Timed Finals			
1	291	Seb Plummer		Tuggerah Lakes M	
2	183	Liam Golledge		Gosford	
3	832	Seth Chapman		Terrigal/Wamberal	
4	32	Joel Kemp		Tuggerah Lakes M	
5	94	Josh O'Brien		Tuggerah Lakes M	

CENTRAL COAST ZONE TRACK&FIELD CHAMPIONSHIPS - 11/12/2015 to 13/12/2015

Mingara Athletics Facility

Meet Program - Sunday Track Events

This is the Final List of Events 2/12/2015

Where there is not enough entries to make 2 heats, the heats have been removed

Event 221 Girls U 14 - 800 Metre Run**Zone: 2:20.00 15/12/2013 Elizabeth Chippendale, Gosford**

Lane	Comp#	Name	Age	Centre	Seed Time
Section	1 of 1	Timed Finals			
1	191	Taylor Reid		Tuggerah Lakes M	
2	27	Isabella Jones		Tuggerah Lakes M	
3	92	Chloe Daniel		Wyong	
4	147	Taylah Seaborn		Tuggerah Lakes M	
5	23	Summer Mcshane-cale		Tuggerah Lakes M	
6	100	Ruby Smith		Gosford	

Event 222 Boys U 14 - 800 Metre Run**Zone: 2:10.80 2008 Byron Cavender, Gosford**

Lane	Comp#	Name	Age	Centre	Seed Time
Section	1 of 1	Timed Finals			
1	18	Tom Boaler		Gosford	
2	154	Deacan Lander		Tuggerah Lakes M	
3	7	Lachlan Rousell		Woy Woy Peninsula	
4	82	Liam Chaney		Tuggerah Lakes M	

Event 223 Girls U 15 - 800 Metre Run**Zone: 2:19.40 1996 Rosemary Hayward, Toukley**

Lane	Comp#	Name	Age	Centre	Seed Time
Section	1 of 1	Timed Finals			
1	325	Eryn Dorman		Tuggerah Lakes M	
2	7	Ivy Garrick		Terrigal/Wamberal	
3	15	Ashlee Forbes		Tuggerah Lakes M	

Event 224 Boys U 15 - 800 Metre Run**Zone: 2:02.00 2011 Jack Collett, Gosford**

Lane	Comp#	Name	Age	Centre	Seed Time
Section	1 of 1	Timed Finals			
1	312	Jacob Lobley		Tuggerah Lakes M	
2	260	Jack Wetherall		Tuggerah Lakes M	
3	16	Jakob Madden		Tuggerah Lakes M	
4	14	Luke Jacobs		Tuggerah Lakes M	
5	22	Corey Weller		Tuggerah Lakes M	
6	196	Nathaniel Lander		Tuggerah Lakes M	

Event 225 Girls U 17 - 800 Metre Run**Zone: 2:26.50 2010 Caitlin Delaney, Tuggerah Lakes Mingara**

Lane	Comp#	Name	Age	Centre	Seed Time
Section	1 of 1	Timed Finals			
1	1	Jasmyn Garrick		Terrigal/Wamberal	
2	11	Taylor Stojanovic		Tuggerah Lakes M	
3	7	Mackenzie Penn		Tuggerah Lakes M	
4	123	Jessica Morrice		Gosford	

Event 226 Boys U 17 - 800 Metre Run**Zone: 2:03.30 2009 Craig Cameron, Gosford**

Lane	Comp#	Name	Age	Centre	Seed Time
Section	1 of 1	Timed Finals			
1	99	Tyler Gunn		Gosford	
2	58	Terry Mihellis		Gosford	
3	50	Alex Bauer		Tuggerah Lakes M	
4	86	Josh Walker		Tuggerah Lakes M	
5	45	Dane Priest		Toukley	

Do not leave a Field Event to go to Marshalling under any circumstances

CENTRAL COAST ZONE TRACK&FIELD CHAMPIONSHIPS - 11/12/2015 to 13/12/2015

Mingara Athletics Facility

Meet Program - Sunday Track Events

This is the Final List of Events 2/12/2015

Where there is not enough entries to make 2 heats, the heats have been removed

Event 237 Girls U 13 - 200 Metre Sprint**Zone: 26.30 1994 Rosemary Hayward, Toukley**

Lane	Comp#	Name	Age	Centre	Seed Time
Section	1 of 1	Timed Finals			
1	116	Skye Loder		Wyong	
2	233	Ava Zappia		Tuggerah Lakes M	
3	11	Paris Croke		Wyong	
4	255	Jezebel Navusolo		Tuggerah Lakes M	
5	7	Abigia Barrett		Toukley	
6	214	Charlise Wheeler		Gosford	
7	13	Katie Gunn		Gosford	
8	237	Kimberley Harrison		Gosford	

Event 240 Boys U 14 - 200 Metre Sprint**Zone: 23.40 2004 Thomas Andrew, Gosford**

Lane	Comp#	Name	Age	Centre	Seed Time
Section	1 of 1	Timed Finals			
2	28	Luke Brown		Woy Woy Peninsula	
3	171	Kaya Ardita		Gosford	
4	18	Tom Boaler		Gosford	
5	2	Nicholas Bignall		Toukley	
6	264	Will Powell		Tuggerah Lakes M	

Event 241 Girls U 15 - 200 Metre Sprint**Zone: 24.60 1996 Rosemary Hayward, Toukley**

Lane	Comp#	Name	Age	Centre	Seed Time
Section	1 of 1	Timed Finals			
3	121	Amber Leggett		Woy Woy Peninsula	
4	213	Savannah Wheeler		Gosford	
5	15	Ashlee Forbes		Tuggerah Lakes M	

Event 242 Boys U 15 - 200 Metre Sprint**Zone: 22.71 15/12/2013 John Dahan, Wyong**

Lane	Comp#	Name	Age	Centre	Seed Time
Section	1 of 1	Timed Finals			
2	357	Jordan Biddle		Tuggerah Lakes M	
3	260	Jack Wetherall		Tuggerah Lakes M	
4	178	Dominic Reed		Tuggerah Lakes M	
5	18	Han Cox		Tuggerah Lakes M	
6	21	Cooper Boelhauer		Gosford	

Event 243 Girls U 17 - 200 Metre Sprint**Zone: 24.70 2011 Jamie Carr, Gosford**

Lane	Comp#	Name	Age	Centre	Seed Time
Section	1 of 1	Timed Finals			
4	79	Rachael Mortell		Gosford	
5	1	Bronte Carroll		Tuggerah Lakes M	

Event 244 Boys U 17 - 200 Metre Sprint**Zone: 22.64 14/12/2014 Jack Vane-Tempest, Gosford**

Lane	Comp#	Name	Age	Centre	Seed Time
Section	1 of 1	Timed Finals			
2	50	Alex Bauer		Tuggerah Lakes M	
3	2	John Dahan		Wyong	
4	345	Jack Perry		Tuggerah Lakes M	
5	12	Benjamin Denham		Tuggerah Lakes M	
6	57	Theo Mihellis		Gosford	

Do not leave a Field Event to go to Marshalling under any circumstances

CENTRAL COAST ZONE TRACK&FIELD CHAMPIONSHIPS - 11/12/2015 to 13/12/2015**Mingara Athletics Facility****Meet Program - Sunday Field Events****This is the Final List of Events 2/12/2015****Event 59 Boys U 11 - High Jump (S/H 1.05m)****Zone: 1.46m 1988 D Whitehead, Woy Woy Peninsula**

Pos	Comp#	Name	Age	Centre	Seed Mark
Flight	1 of 1	Final			
1	108	Jayden Redfern		Tuggerah Lakes M	
2	112	Aymn Hamilton		Tuggerah Lakes M	
3	3	Leon Young		Toukley	
4	70	Dylan Daly		Wyong	
5	97	Jack Petrie		Wyong	
6	153	Jaryd Doyle		Gosford	
7	258	Dominic Charrett		Tuggerah Lakes M	
8	353	Isaac Broomfield		Tuggerah Lakes M	
9	975	Luis Bolton		Terrigal/Wamberal	
10	100	Tom Lawton		Wyong	
11	90	Young Leon		Toukley	
12	24	Zane Mcmillan		Terrigal/Wamberal	

Event 60 Girls U 12 - High Jump (S/H 1.10m)**Zone: 1.53m 2008 Mercy Agbeze, Gosford**

Pos	Comp#	Name	Age	Centre	Seed Mark
Flight	1 of 1	Final			
1	24	Mia Barber		Gosford	
2	193	Isabella Dodsworth		Woy Woy Peninsula	
3	128	Camryn Millar		Wyong	
4	191	Alicia Weir		Wyong	
5	22	Mackenzie Freeman		Toukley	
6	281	Elise Patrick		Tuggerah Lakes M	
7	111	Melakai O'Connor		Tuggerah Lakes M	
8	41	Anna Mckechnie		Tuggerah Lakes M	
9	224	Brooke Lane		Gosford	

Event 61 Boys U 9 - Long Jump**Zone: 4.17m 1986 D Whitehead, Woy Woy Peninsula**

Pos	Comp#	Name	Age	Centre	Seed Mark
Flight	1 of 1	Final			
1	136	Cooper Bemet		Tuggerah Lakes M	
2	80	Kyle Clarke		Tuggerah Lakes M	
3	239	Mitchell Harrison		Gosford	
4	89	Jake Argent		Woy Woy Peninsula	
5	148	Bodie Jefferys		Wyong	

Event 62 Girls U 17 - Long Jump**Zone: 4.85m 2010 Madeline Bird, Tuggerah Lakes Mingara**

Pos	Comp#	Name	Age	Centre	Seed Mark
Flight	1 of 1	Final			
1	55	Sarah Boarer		Tuggerah Lakes M	
2	1	Bronte Carroll		Tuggerah Lakes M	
3	176	Maddison Langman		Woy Woy Peninsula	
4	79	Rachael Mortell		Gosford	
5	1	Jasmyn Garrick		Terrigal/Wamberal	
6	11	Taylor Stojanovic		Tuggerah Lakes M	
7	1	Bethany Kranendonk		Wyong	

CENTRAL COAST ZONE TRACK&FIELD CHAMPIONSHIPS - 11/12/2015 to 13/12/2015**Mingara Athletics Facility
Meet Program - Sunday Field Events****This is the Final List of Events 2/12/2015****Event 63 Girls U 14 - Triple Jump****Zone: 11.11m 2010****Mercy Agbeze, Gosford**

Pos	Comp#	Name	Age	Centre	Seed Mark
Flight	1 of 1	Final			
1	92	Chloe Daniel		Wyong	
2	100	Ruby Smith		Gosford	
3	14	Paige Rigney		Wyong	

Event 64 Girls U 11 - Discus (750 Gram)**Zone: 27.55m 2006****Samantha Farrant, Gosford**

Pos	Comp#	Name	Age	Centre	Seed Mark
Flight	1 of 1	Final			
1	96	Elizabeth Petrie		Wyong	
2	83	Cheyenne Finnigan		Wyong	
3	215	Emelyn Wheeler		Gosford	
4	45	Lexi Weber		Tuggerah Lakes M	
5	235	Mia Zappia		Tuggerah Lakes M	
6	181	Kirra Hillman		Tuggerah Lakes M	
7	63	Mia Watts		Toukley	
8	209	Jessica Joester		Wyong	
9	363	Aoife O'Neill		Tuggerah Lakes M	

Event 65 Boys U 15 - Discus (1.0 Kg)**Zone: 54.52m 2000****A Hamstra, Woy Woy Peninsula**

Pos	Comp#	Name	Age	Centre	Seed Mark
Flight	1 of 1	Final			
1	178	Dominic Reed		Tuggerah Lakes M	
2	312	Jacob Lobley		Tuggerah Lakes M	
3	21	Cooper Boelhouwer		Gosford	
4	160	Callum Sutton		Gosford	

Event 66 Girls U 10 - Shot Put (2.0 Kg)**Zone: 9.93m 2005****Samantha Farrant, Gosford**

Pos	Comp#	Name	Age	Centre	Seed Mark
Flight	1 of 1	Final			
1	303	Leilani Alofia		Tuggerah Lakes M	
2	2	Ava Simos		Terrigal/Wamberal	
3	206	Taalirah Gristwood		Wyong	
4	133	Samantha Nowland		Wyong	
5	812	Imogen Ryan		Terrigal/Wamberal	
6	203	Kiah Edmonds		Woy Woy Peninsula	
7	117	Laura-lee Mitchell		Tuggerah Lakes M	
8	214	Maykayla Yates		Wyong	
9	269	Tennikah Liedberg		Gosford	
10	118	Jodie Miller		Woy Woy Peninsula	
11	373	Patience Leger		Tuggerah Lakes M	
12	31	Tarni Eagleton		Toukley	
13	68	Jessica Hunter		Gosford	

Event 67 Boys U 14 - Shot Put (3.0 Kg)**Zone: 12.05m 16/12/2012****Isaac Rumbel, Tuggerah Lakes Mingara**

Pos	Comp#	Name	Age	Centre	Seed Mark
Flight	1 of 1	Final			
1	2	Nicholas Bignall		Toukley	
2	17	Joshua Wadeson		Woy Woy Peninsula	
3	24	Corey-jay Eyndhoven		Tuggerah Lakes M	
4	8	Marcus Mccarthy		Woy Woy Peninsula	

Do not leave a Field Event to go to Marshalling under any circumstances

CENTRAL COAST ZONE TRACK&FIELD CHAMPIONSHIPS - 11/12/2015 to 13/12/2015**Mingara Athletics Facility
Meet Program - Sunday Field Events****This is the Final List of Events 2/12/2015****Event 68 Boys U 10 - High Jump (S/H 0.95m)**

Zone:		1.33m	1987	D Whitehead, Woy Woy Peninsula		
Pos	Comp#	Name		Age	Centre	Seed Mark
Flight	1 of 1	Final				
1	153	Zane Smith			Woy Woy Peninsula	
2	172	Sawyer Etchells			Tuggerah Lakes M	
3	288	William Jamieson			Tuggerah Lakes M	
4	350	Harry Fennell			Tuggerah Lakes M	
5	346	Ryan Riley			Tuggerah Lakes M	
6	198	Taj Garner			Tuggerah Lakes M	
7	180	Kynan Johnson			Wyong	
8	3	James Fleming			Terrigal/Wamberal	
9	360	Lincoln Markulin			Tuggerah Lakes M	
10	308	Henry D'Bras			Tuggerah Lakes M	
11	103	Joshua Dickson			Wyong	
12	32	Mitchell Blyton			Gosford	
13	550	Logan Lee			Gosford	

Event 69 Boys U 13 - High Jump (S/H 1.20m)

Zone:		1.70m	1995	N Smithers, Gosford		
Pos	Comp#	Name		Age	Centre	Seed Mark
Flight	1 of 1	Final				
1	221	Samuel Morgan			Gosford	
2	832	Seth Chapman			Terrigal/Wamberal	
3	226	Evan Hillman			Tuggerah Lakes M	
4	291	Seb Plummer			Tuggerah Lakes M	
5	139	Cameron Torpy			Wyong	
6	163	Seamus Millen			Gosford	
7	44	Harry Grimes			Woy Woy Peninsula	
8	273	Nicholas Hathway			Gosford	

Event 70 Girls U 9 - Long Jump

Zone:		3.96m	1987	J Hayden, Gosford		
Pos	Comp#	Name	Age	Centre	Seed Mark	
Flight	1 of 1	Final				
1	109	Teratai Mcleish		Tuggerah Lakes M		
2	85	Emma Jones		Tuggerah Lakes M		
3	115	Charlotte Spindler		Wyong		
4	52	Sophie Pratt		Woy Woy Peninsula		
5	23	Hayden Channells		Terrigal/Wamberal		
6	24	Kourtney Freeman		Toukley		
7	5	Mia Tongue		Toukley		
8	181	Kiarna Johnson		Wyong		
9	530	Mia Smyth		Terrigal/Wamberal		
10	11	Mia Cross		Toukley		
11	839	Libby Johnston		Terrigal/Wamberal		
12	102	Georgie Lawton		Wyong		
13	121	Emily Neville-smith		Tuggerah Lakes M		
14	283	Malena Patrick		Tuggerah Lakes M		

CENTRAL COAST ZONE TRACK&FIELD CHAMPIONSHIPS - 11/12/2015 to 13/12/2015**Mingara Athletics Facility****Meet Program - Sunday Field Events****This is the Final List of Events 2/12/2015****Event 71 Girls U 15 - Long Jump****Zone: 5.36m 1992****N Gale, Toukley**

Pos	Comp#	Name	Age	Centre	Seed Mark
Flight	1 of 1	Final			
1	17	Zoe Arigho		Tuggerah Lakes M	
2	13	April Brown-peters		Tuggerah Lakes M	
3	213	Savannah Wheeler		Gosford	
4	7	Ivy Garrick		Terrigal/Wamberal	
5	43	Abigail Grimes		Woy Woy Peninsula	
6	121	Amber Leggett		Woy Woy Peninsula	

Event 72 Boys U 15 - Triple Jump**Zone: 12.50m 2003****Christopher Dodd, Terrigal / Wamberal**

Pos	Comp#	Name	Age	Centre	Seed Mark
Flight	1 of 1	Final			
1	312	Jacob Loble		Tuggerah Lakes M	
2	21	Cooper Boelhauwer		Gosford	
3	18	Han Cox		Tuggerah Lakes M	
4	196	Nathaniel Lander		Tuggerah Lakes M	
5	54	Taine Peterson		Tuggerah Lakes M	

Event 73 Boys U 17 - Discus (1.5 Kg)**Zone: 41.12m 15/12/2013****Zac Simunovic, Gosford**

Pos	Comp#	Name	Age	Centre	Seed Mark
Flight	1 of 1	Final			
1	6	Isaac Rumbel		Tuggerah Lakes M	
2	234	Thailah Pritchard		Wyang	
3	16	Jarryd Walter		Wyang	
4	52	Andre Diaz		Tuggerah Lakes M	
5	12	Benjamin Denham		Tuggerah Lakes M	

Event 74 Girls U 7-17 Discus AWD

Pos	Comp#	Name	Age	Centre	Seed Mark
Flight	1 of 1	Final			
1	187	Cloe Reid		Tuggerah Lakes M	
2	18	Tallara Sonter		Woy Woy Peninsula	

Event 76 Girls U 13 - Discus (750 Gram)**Zone: 37.32m 2010****Jamie Farrant, Gosford**

Pos	Comp#	Name	Age	Centre	Seed Mark
Flight	1 of 1	Final			
1	7	Abigia Barrett		Toukley	
2	214	Charlise Wheeler		Gosford	
3	71	Trinity Robards		Tuggerah Lakes M	
4	16	April Carty		Toukley	
5	11	Paris Croke		Wyang	
6	9	Taren Lebreton		Gosford	
7	233	Ava Zappia		Tuggerah Lakes M	
8	528	Brianna Irvine		Gosford	
9	4	Allanah Pitcher		Gosford	

CENTRAL COAST ZONE TRACK&FIELD CHAMPIONSHIPS - 11/12/2015 to 13/12/2015**Mingara Athletics Facility****Meet Program - Sunday Field Events****This is the Final List of Events 2/12/2015****Event 77 Boys U 12 - Shot Put (3.0 Kg)****Zone: 12.81m 16/12/2012 Mason Leef, Wyong**

Pos	Comp#	Name	Age	Centre	Seed Mark
Flight	1 of 1	Final			
1	5	Ryan Brown		Woy Woy Peninsula	
2	203	Ethan Jeffrey		Wyong	
3	112	Cameron Cheney		Wyong	
4	520	Ryan Harland		Gosford	

Event 78 Girls U 17 - Shot Put (3.0 Kg)**Zone: 13.18m 2011 Samantha Farrant, Wyong**

Pos	Comp#	Name	Age	Centre	Seed Mark
Flight	1 of 1	Final			
1	46	Justine Priest		Toukley	
2	1	Paige Farrant		Gosford	
3	351	Brooke Guthrie		Tuggerah Lakes M	
4	223	Abbey Rumbel		Tuggerah Lakes M	
5	158	Piper Nowland		Wyong	
6	123	Rebekah Kennedy		Wyong	
7	176	Maddison Langman		Woy Woy Peninsula	

Event 79 Girls U 14 - High Jump (S/H 1.20m)**Zone: 1.65m 2010 Nicola McDermott, Gosford**

Pos	Comp#	Name	Age	Centre	Seed Mark
Flight	1 of 1	Final			
1	327	Emily O'Meara		Tuggerah Lakes M	
2	3	Kyra Powell-caffyn		Toukley	
3	100	Ruby Smith		Gosford	
4	153	Christianna Soares		Tuggerah Lakes M	
5	3	Powell-kaffyn Kyra		Toukley	
6	14	Paige Rigney		Wyong	

Event 80 Girls U 10 - High Jump (S/H 0.90m)**Zone: 1.28m 2006 Nicola McDermott, Gosford**

Pos	Comp#	Name	Age	Centre	Seed Mark
Flight	1 of 1	Final			
1	49	Lilah Washington		Tuggerah Lakes M	
2	79	Hope McIntosh-walsh		Wyong	
3	261	Stella Norris		Tuggerah Lakes M	
4	9	Amber Sheary		Terrigal/Wamberal	
5	53	Milly Hampson		Tuggerah Lakes M	
6	117	Laura-lee Mitchell		Tuggerah Lakes M	
7	68	Jessica Hunter		Gosford	
8	64	Tara Beyer		Gosford	
9	943	Laila Pickering		Terrigal/Wamberal	

CENTRAL COAST ZONE TRACK&FIELD CHAMPIONSHIPS - 11/12/2015 to 13/12/2015**Mingara Athletics Facility****Meet Program - Sunday Field Events****This is the Final List of Events 2/12/2015****Event 81 Boys U 11 - Long Jump****Zone: 4.86m 1992****Joshua Ross, Woy Woy Peninsula**

Pos	Comp#	Name	Age	Centre	Seed Mark
Flight	1 of 1	Final			
1	975	Luis Bolton		Terrigal/Wamberal	
2	128	Lachlan Bishell		Woy Woy Peninsula	
3	100	Tom Lawton		Wyang	
4	51	Lewis Pratt		Woy Woy Peninsula	
5	156	Calan Tucker		Woy Woy Peninsula	
6	17	Jayden Morgan		Terrigal/Wamberal	
7	2	Ryan Vesper		Tuggerah Lakes M	
8	838	Gilbert Johnston		Terrigal/Wamberal	
9	58	Noah Shelvey		Tuggerah Lakes M	
10	90	Young Leon		Toukley	
11	144	Aaron Neville-smith		Tuggerah Lakes M	
12	97	Jack Petrie		Wyang	
13	3	Leon Young		Toukley	
14	153	Jaryd Doyle		Gosford	
15	238	Murray Harrison		Gosford	

Event 82 Boys U 14 - Long Jump**Zone: 5.89m 2010****Joshua Parkinson, Tuggerah Lakes Mingara**

Pos	Comp#	Name	Age	Centre	Seed Mark
Flight	1 of 1	Final			
1	28	Drew Clarke		Tuggerah Lakes M	
2	24	Corey-jay Eyndhoven		Tuggerah Lakes M	
3	171	Kaya Ardita		Gosford	
4	8	Marcus Mccarthy		Woy Woy Peninsula	
5	82	Liam Chaney		Tuggerah Lakes M	
6	44	Liam Hull		Wyang	
7	264	Will Powell		Tuggerah Lakes M	
8	164	Cody Vanderwolf		Wyang	

Event 83 Boys U 12 - Triple Jump**Zone: 10.30m 1995****Tyler Gunn, Gosford**

Pos	Comp#	Name	Age	Centre	Seed Mark
Flight	1 of 1	Final			
1	2	Bailey Holt		Woy Woy Peninsula	
2	42	Jackson Barnes		Tuggerah Lakes M	
3	38	Lachlan Pettitt		Tuggerah Lakes M	
4	203	Ethan Jeffrey		Wyang	
5	12	Lachlan Rigney		Wyang	
6	342	Jelle Van Der Ham		Tuggerah Lakes M	

CENTRAL COAST ZONE TRACK&FIELD CHAMPIONSHIPS - 11/12/2015 to 13/12/2015**Mingara Athletics Facility****Meet Program - Sunday Field Events****This is the Final List of Events 2/12/2015****Event 84 Boys U 8 - Discus (500 Gram)****Zone: 22.26m 1994 C Currie, Woy Woy Peninsula**

Pos	Comp#	Name	Age	Centre	Seed Mark
Flight	1 of 1	Final			
1	62	Aidan Keegan		Tuggerah Lakes M	
2	208	Zane Cash		Gosford	
3	207	Kahlil Gristwood		Wyong	
4	21	Mitchell Rigney		Wyong	
5	48	Thomas Smith		Terrigal/Wamberal	
6	152	Jake Mitchell		Tuggerah Lakes M	
7	252	Jack Busch		Gosford	
8	956	Matthew Fleming		Terrigal/Wamberal	
9	80	Kye Feltham		Gosford	
10	76	Enda Connolly		Toukley	
11	157	Baily Doyle		Gosford	
12	76	Oliver Andrews-bohringer		Tuggerah Lakes M	
13	200	Crosby Peake		Gosford	

Event 85 Boys U 9 - Discus (500 Gram)**Zone: 26.24m 1984 D Lockhart, Morrisett**

Pos	Comp#	Name	Age	Centre	Seed Mark
Flight	1 of 1	Final			
1	13	Ihakara Leef		Wyong	
2	220	Benjamin Morgan		Gosford	
3	74	Ashton Patterson		Tuggerah Lakes M	
4	89	Jake Argent		Woy Woy Peninsula	
5	80	Kyle Clarke		Tuggerah Lakes M	

Event 86 Girls U 8 - Shot Put (1.5 Kg)**Zone: 6.12m 1999 K Kinna, Terrigal / Wamberal**

Pos	Comp#	Name	Age	Centre	Seed Mark
Flight	1 of 1	Final			
1	201	Grace Jones		Tuggerah Lakes M	
2	16	Sienna Pitcher		Gosford	
3	170	Isabel Aitken		Woy Woy Peninsula	
4	254	Chloe Masters		Gosford	
5	59	Hayley Jackson		Tuggerah Lakes M	
6	66	Phoenix Eldridge		Gosford	
7	231	Sarah Hyland		Gosford	

Event 87 Girls U 12 - Shot Put (2.0 Kg)**Zone: 12.50m 1997 V Oliver, Gosford**

Pos	Comp#	Name	Age	Centre	Seed Mark
Flight	1 of 1	Final			
1	270	Belynda Liedberg		Gosford	
2	315	Emily Porter		Tuggerah Lakes M	
3	297	Nataya Alofia		Tuggerah Lakes M	
4	229	Zoe Hyland		Gosford	
5	7	Baylee Lebreton		Gosford	
6	33	Samantha Koedsawang-roberts		Toukley	
7	93	Sophie Daniels		Wyong	

CENTRAL COAST ZONE TRACK&FIELD CHAMPIONSHIPS - 11/12/2015 to 13/12/2015

Mingara Athletics Facility

Meet Program - Sunday Field Events

This is the Final List of Events 2/12/2015

Event 88 Boys U 15 - High Jump (S/H 1.25m)**Zone: 1.81m 2002 Trent Allard, Gosford**

Pos	Comp#	Name	Age	Centre	Seed Mark
Flight	1 of 1	Final			
1	260	Jack Wetherall		Tuggerah Lakes M	
2	95	Jackson Boyd		Gosford	
3	54	Taine Peterson		Tuggerah Lakes M	

Event 89 Girls U 17 - High Jump (S/H 1.25m)**Zone: 1.60m 2010 Madeline Bird, Tuggerah Lakes Mingara**

Pos	Comp#	Name	Age	Centre	Seed Mark
Flight	1 of 1	Final			
1	176	Maddison Langman		Woy Woy Peninsula	
2	273	Cristabel Farmilo		Tuggerah Lakes M	
3	1	Bronte Carroll		Tuggerah Lakes M	
4	55	Sarah Boarer		Tuggerah Lakes M	
5	1	Bethany Kranendonk		Wyang	
6	123	Rebekah Kennedy		Wyang	
7	1	Paige Farrant		Gosford	
8	1	Jasmyn Garrick		Terrigal/Wamberal	

Event 90 Girls U 11 - Long Jump**Zone: 4.61m 1992 Rosemary Hayward, Toukley**

Pos	Comp#	Name	Age	Centre	Seed Mark
Flight	1 of 1	Final			
1	14	Amelia Carty		Toukley	
2	47	Susanna Palmer		Gosford	
3	974	Sienna Bolton		Terrigal/Wamberal	
4	9	Siena Hall		Toukley	
5	209	Jessica Joester		Wyang	
6	235	Mia Zappia		Tuggerah Lakes M	
7	43	Jade Beaven		Tuggerah Lakes M	
8	87	Grace Dahan		Wyang	
9	609	Reilly Davis		Tuggerah Lakes M	
10	215	Sienna Sawers		Tuggerah Lakes M	
11	801	Kaitlyn Norris		Wyang	
12	11	Kasey Boelhouwer		Gosford	

Event 91 Boys U 13 - Long Jump**Zone: 5.41m 1984 M Scarth, Wyong**

Pos	Comp#	Name	Age	Centre	Seed Mark
Flight	1 of 1	Final			
1	273	Nicholas Hathway		Gosford	
2	291	Seb Plummer		Tuggerah Lakes M	
3	221	Samuel Morgan		Gosford	
4	117	Conner Cogan		Gosford	
5	34	Ashton Hurley		Tuggerah Lakes M	
6	75	James Connolly		Toukley	
7	70	Cameron Steer		Woy Woy Peninsula	
8	139	Cameron Torpy		Wyang	
9	163	Seamus Millen		Gosford	

CENTRAL COAST ZONE TRACK&FIELD CHAMPIONSHIPS - 11/12/2015 to 13/12/2015**Mingara Athletics Facility****Meet Program - Sunday Field Events****This is the Final List of Events 2/12/2015****Event 92 Boys U 17 - Triple Jump****Zone: 13.07m 15/12/2013 Zac Simunovic, Gosford**

Pos	Comp#	Name	Age	Centre	Seed Mark
Flight	1 of 1	Final			
1	234	Thailah Pritchard		Wyong	
2	2	John Dahan		Wyong	
3	65	Alexander Coutts		Wyong	
4	345	Jack Perry		Tuggerah Lakes M	
5	16	Jarryd Walter		Wyong	
6	6	Isaac Rumbel		Tuggerah Lakes M	
7	86	Josh Walker		Tuggerah Lakes M	
8	8	Tyson Vanderwolf		Wyong	
9	316	Jack Arigho		Tuggerah Lakes M	

Event 93 Girls U 7-17 Long Jump AWD

Pos	Comp#	Name	Age	Centre	Seed Mark
Flight	1 of 1	Final			
1	18	Tallara Sonter		Woy Woy Peninsula	
2	187	Cloe Reid		Tuggerah Lakes M	

Event 95 Boys U 7 - Discus (350 Gram)**Zone: 17.51m 2005 Jack Weir, Gosford**

Pos	Comp#	Name	Age	Centre	Seed Mark
Flight	1 of 1	Final			
1	270	Oscar Furey		Tuggerah Lakes M	
2	29	Chase Blake		Wyong	
3	242	Zachary Scaysbrook		Tuggerah Lakes M	
4	170	Cooper Bolton		Gosford	
5	102	Aiden Robard		Tuggerah Lakes M	
6	88	Hugh Argent		Woy Woy Peninsula	
7	69	William Hunter		Gosford	

Event 96 Girls U 9 - Discus (500 Gram)**Zone: 19.68m 1995 Erin Carpenter, Tuggerah Lakes Mingara**

Pos	Comp#	Name	Age	Centre	Seed Mark
Flight	1 of 1	Final			
1	69	Georgia Payne		Tuggerah Lakes M	
2	177	Ruby Garner		Tuggerah Lakes M	
3	4	Annie Lowbridge		Terrigal/Wamberal	
4	10	Shelby Thompson		Toukley	
5	19	Abigail Vogt		Gosford	
6	24	Kourtney Freeman		Toukley	
7	101	Laura Reeves		Woy Woy Peninsula	
8	65	Brandy Simpson		Toukley	
9	230	Ashlyn Hyland		Gosford	

Event 97 Girls U 7 - Shot Put (1.0 Kg)**Zone: 6.94m 1983 R Ferguson, Wyong**

Pos	Comp#	Name	Age	Centre	Seed Mark
Flight	1 of 1	Final			
1	149	Melina Mcpherson		Tuggerah Lakes M	
2	183	Allira Lowe		Woy Woy Peninsula	
3	139	Keira Carlson		Tuggerah Lakes M	
4	99	Isabella Nicolussi		Woy Woy Peninsula	

Do not leave a Field Event to go to Marshalling under any circumstances

CENTRAL COAST ZONE TRACK&FIELD CHAMPIONSHIPS - 11/12/2015 to 13/12/2015**Mingara Athletics Facility****Meet Program - Sunday Field Events****This is the Final List of Events 2/12/2015****Event 98 Girls U 15 - Shot Put (3.0 Kg)****Zone: 13.10m 1994****Debra Turnbull, Tuggerah Lakes Mingara**

Pos	Comp#	Name	Age	Centre	Seed Mark
Flight	1 of 1	Final			
1	207	Shelby Cochrane		Tuggerah Lakes M	
2	13	April Brown-peters		Tuggerah Lakes M	
3	179	Amy Marie Walker		Wyong	

Event 99 Girls U 12 - Triple Jump**Zone: 10.38m 2008****Mercy Agbeze, Gosford**

Pos	Comp#	Name	Age	Centre	Seed Mark
Flight	1 of 1	Final			
1	33	Samantha Koedsawang-roberts		Toukley	
2	7	Baylee Lebreton		Gosford	
3	24	Mia Barber		Gosford	
4	22	Mackenzie Freeman		Toukley	
5	224	Brooke Lane		Gosford	
6	140	Ella Aldrick-emanuel		Gosford	
7	37	Jade Pettitt		Tuggerah Lakes M	
8	119	Lucy Jacobs		Tuggerah Lakes M	

Event 100 Boys U 11 - Discus (750 Gram)**Zone: 30.10m 1996****C Brown, Terrigal / Wamberal**

Pos	Comp#	Name	Age	Centre	Seed Mark
Flight	1 of 1	Final			
1	14	Jack Legge		Terrigal/Wamberal	
2	957	Jackson Adair		Terrigal/Wamberal	
3	153	Jaryd Doyle		Gosford	
4	5	Joshua Farrant		Gosford	
5	256	Brendan Charrett		Tuggerah Lakes M	
6	175	Oliver Ham		Woy Woy Peninsula	

Event 101 Boys U 10 - Shot Put (2.0 Kg)**Zone: 10.10m 1995****C Brown, Terrigal / Wamberal**

Pos	Comp#	Name	Age	Centre	Seed Mark
Flight	1 of 1	Final			
1	19	Jett Tancred		Wyong	
2	512	Kynan Patterson		Terrigal/Wamberal	
3	10	Lachlan Gunn		Gosford	
4	60	Spencer Andrews-bohringer		Tuggerah Lakes M	
5	149	Hayden Jeffreys		Wyong	
6	210	Darcy Knowles		Tuggerah Lakes M	
7	272	Ethan Shaddock		Tuggerah Lakes M	
8	4	George Wells		Tuggerah Lakes M	

Event 102 Boys U 13 - Shot Put (3.0 Kg)**Zone: 14.90m 15/12/2013 Mason Leef, Wyong**

Pos	Comp#	Name	Age	Centre	Seed Mark
Flight	1 of 1	Final			
1	212	Jackson Knowles		Tuggerah Lakes M	
2	75	James Connolly		Toukley	
3	291	Seb Plummer		Tuggerah Lakes M	
4	226	Evan Hillman		Tuggerah Lakes M	
5	3	Thomas Shannon		Gosford	

Do not leave a Field Event to go to Marshalling under any circumstances

CENTRAL COAST ZONE TRACK&FIELD CHAMPIONSHIPS - 11/12/2015 to 13/12/2015**Mingara Athletics Facility****Meet Program - Sunday Field Events****This is the Final List of Events 2/12/2015****Event 103 Girls U 13 - Triple Jump****Zone: 10.80m 2009****Merce Agbeze, Gosford**

Pos	Comp#	Name	Age	Centre	Seed Mark
Flight	1 of 1	Final			
1	13	Katie Gunn		Gosford	
2	255	Jezebel Navusolo		Tuggerah Lakes M	
3	196	Jemma Massoud-psaila		Gosford	

Event 104 Girls U 14 - Discus (1.0 Kg)**Zone: 34.80m 1993****Debra Turnbull, Tuggerah Lakes Mingara**

Pos	Comp#	Name	Age	Centre	Seed Mark
Flight	1 of 1	Final			
1	243	Emma Herford		Tuggerah Lakes M	
2	193	Jordyn Drysdale		Tuggerah Lakes M	
3	2	Rebecca Casey		Gosford	
4	27	Tanisha Blake		Wyong	

**Marshalling is in the Blue Tent
on the South East Side of the Main Building**



Timing Gates will be used for Times & Place Judging

Hand Timing & Manual Place Judging will be done over the weekend as a Back Up

**Relay Lanes were Drawn by Club Representatives
at a Central Coast Zone Committee Meeting**

Thank you to all parents who volunteered for the weekend