



## CLUB RECORDS

Little Athletics began in 1968 with U6 – U12 age groups and added U13 in 1982, U14 in 1985, U15 in 1987, and U17 in 2008. In 2024, LANSW split the U17 age group into two groups and renamed all groups without the “U”. The U is still used for ANSW events but does not correspond with the Little Athletics age groups in all instances.

TWLA only maintains club records for LANSW-recognized events for a particular age group. Previously published results for athletes in unofficial events are no longer recognized as club records.

LANSW periodically adds/eliminates events or changes event specifications. TWLA keeps separate records for each event/specification and only the current event/specification record may be broken.

Prior to the 2004/2005 season, the Central Coast Zone Championships (“CCZC”) were held *after* the Christmas break (undated records set at the 2003/2004 CCZC have been defaulted to 24 January 2004 as no date is accessible in our records). The CCZC for the 2004/2005 season were held on 4/5 December 2004 and have been held in late November to the middle of December ever since.

Championships cancellations during the COVID-19 pandemic from March 2020 to February 2021 and then again in December 2021 limited opportunities for athletes to set records. There were no 2020 State Championships, 2020 Zone Championships, 2021 Region Championships and 2021 Zone Championships. The 2021 State Championships were held with a modified qualification process.

A thorough audit of the Club’s records exposed numerous errors (in some cases carried forward over many years) as did the standardization of hand-timed versus electronic times for sprints and hurdles events shorter than 400m. The current records information supersedes all previously published records information online and in past Bluebooks.

For any records questions, contact the Club Historian at [twlahistorian@gmail.com](mailto:twlahistorian@gmail.com).

## GIRLS INDIVIDUAL RECORDS

### 6's/Under 6 GIRLS

50m	12/03/2021	Nellie Lowbridge	8.89h/9.13s
70m	21/10/2016	Ava Knight	12.59h/12.83s
100m	12/03/2021	Nellie Lowbridge	18.01h/18.25s
*200m (-2021)	12/02/2021	Nellie Lowbridge	38.43h/38.67s
Pack Start – 200m (2021-)	10/03/2023	Tylah Robinson	44.66h/44.90s
Pack Start - 300m (2013-)	20/02/2022	Matilda Aulsebrook	1:10.93h/1:11.17s
Long Jump	25/01/1991	Lauren Bowman	2.92
*Shot Put – 1kg (-2017)	01/11/1991	Maree Brown	4.91
Shot Put - 500g (2017-)	17/03/2023	Tylah Robinson	5.17
Discus – 350g (2018-)	12/03/2021	Nellie Lowbridge	9.26

### 7's/Under 7 GIRLS

50m	11/03/2022	Nellie Lowbridge	8.44h/8.68s
70m	30/01/1987	Melissa Sherringham	12.00h/12.24s
100m	04/12/2025	Evie Collie	16.60h/16.84s
200m	27/02/1987	Acushla Munday	36.60h/36.84s
Pack Start - 500m	04/02/1996	Jade Roughan	1:53.90
Long Jump	27/02/1987	Acushla Munday	3.21
Shot Put – 1kg	14/02/1997	Tiffany Massey	6.11
*Discus – 375g (-2017)	21/03/1993	Maree Brown	14.02
Discus – 350g (2017-)	08/03/2019	Emmy Clark	11.52

### 8's/Under 8 GIRLS

70m	06/11/1987	Acushla Munday	10.76h/11.00s
100m	03/12/2022	Nellie Lowbridge	15.20h/15.44s
200m	18/10/1996	Jade Roughan	33.60h/33.84s
*400m (-2021)	18/02/2017	Layla Pace	1:21.55
Pack Start – 400m (2021-)	10/12/2023	Evie Collie	1:22.30
Pack Start - 700m	18/02/2017	Layla Pace	2:35.73
60m Hurdles	06/12/2025	Milla Fortey	11.49h/11.73s
*400m Walk (-1996)	28/10/1994	Ashley Buncher	2:42.00
Long Jump	23/02/2024	Evie Collie	3.69
*High Jump (-2019)	14/03/1997	Jade Roughan	1.07
*Shot Put – 1kg (-1995)	24/10/1990	Anastasia Comninos	7.31
Shot Put – 1.5kg (1995-)	13/11/1998	Katherine Kinna	6.70
*Discus – 375g (-1995)	21/02/1994	Maree Brown	15.98
Discus – 500g	24/01/1997	Jade Roughan	16.20

## 9's/Under 9 GIRLS

70m (1993-)	04/12/2004	Bianca Mould	10.30h/10.54s
100m	20/03/1999	Tiffany Massey	14.80h/15.04s
200m	29/01/1994	Michelle O'Connor	31.60h/31.84s
400m	24/03/2018	Layla Pace	1:12.40
800m	21/03/2024	Violet Miller	2:50.73
60m Hurdles	04/12/2004	Bianca Mould	10.40h/10.64s
*800m Walk (-1996)	03/10/1993	Amanda Sherringham	4:03.10
700m Walk (1996-)	28/01/2001	Olivia Little	4:35.30
Long Jump	21/02/1998	Jade Roughan	3.84
*High Jump (-2018)	21/03/1999	Molly Lewis	1.23
High Jump -Scissors (2018-)	11/03/2022	Claire Frost	1.08
*Shot Put – 1.5kg (-1995)	22/10/1993	Victoria Wilcox	7.24
Shot Put – 2kg (1995-)	20/03/2021	Emmy Clark	6.26
Discus – 500g	13/03/1998	Jade Roughan	22.36

## 10's/Under 10 GIRLS

70m (1996-)	22/03/2026	Evie Collie	10.17h/10.41s
100m	18/03/1995	Michelle O'Connor	14.10h/14.34s
	18/03/2006	Bianca Mould	14.10h/14.34
200m	19/02/1995	Michelle O'Connor	29.70h/29.94s
400m	21/03/1992	Stacy Reed	1:09.80
800m	22/03/2026	Mackenzie Cowan	2:44.12
*1500m (-2018)	18/02/2017	Mia Smyth	5:50.83
60m Hurdles	21/03/2026	Evie Collie	10.28h/10.52s
*800m Walk (-1996)	21/02/1994	Amanda Sherringham	4:01.70
1100m Walk (1996-)	26/01/2002	Olivia Little	6:56.90
Long Jump	21/02/1999	Jade Roughan	4.24
*High Jump (-2018)	24/02/2000	Molly Lewis	1.31
High Jump -Scissors (2018-)	08/12/2024	Evie Fortey	1.18
*Shot Put – 1.5kg (-1995)	27/01/1995	Victoria Wilcox	8.24
Shot Put – 2kg (1995-)	02/03/2001	Katherine Kinna	8.54
Discus – 500g	05/02/2022	Emmy Clark	25.89

## 11's/Under 11 GIRLS

100m	20/03/2004	Megan Tully	14.00h/14.24s
200m	02/03/1997	Rebecca Daly	29.20h/29.44s
400m	14/01/2000	Amy Brown	1:08.14
800m	15/02/2026	Violet Miller	2:40.94
1500m	22/02/1996	Lauren Palmer	5:31.10
*60m Hurdles (-2019)	18/03/2000	Virginia Ball	10.00h/10.24s
80m Hurdles (2019-)	21/03/2026	Evie Fortey	14.32h/14.56s
*1500m Walk (-1996)	19/02/1995	Amanda Sherringham	7:53.00
1100m Walk (1996-)	03/02/1997	Rhiannon Lea	6:52.10
Long Jump	22/02/1991	Acushla Munday	4.27
High Jump	23/02/2001	Tiffany Massey	1.35
	17/02/2001	Kate Mitchell	1.35
	05/03/2005	Karly O'Brien	1.35
Triple Jump	22/03/2026	Evie Fortey	8.96
*Shot Put – 1.5kg (-1995)	02/04/1994	Anastasia Comninos	8.95
Shot Put – 2kg (1995-)	15/03/1996	Victoria Wilcox	9.70
*Discus – 750g (-2018)	18/03/2001	Kate Mitchell	25.06
Discus – 500g (2018-)	06/02/2026	Tess Hardy	21.98
Javelin – 400g	10/12/2016	Kyra Cardy	10.99

## 12's/Under 12 GIRLS

100m	15/03/1997	Michelle O'Connor	13.10h/13.34s
200m	24/03/2018	Ava Simos	27.17h/27.41s
400m	16/03/1997	Victoria Wilcox	1:03.20
800m	15/02/1997	Kim McMinimee	2:35.10
1500m	09/12/2023	Sienna Small	5:22.62
*60m Hurdles (-2019)	17/03/2001	Virginia Ball	9.70h/9.94s
80m Hurdles (2019-)	05/02/2022	Kara Tobey	14.41h/14.65s
*200m Hurdles (-1997)	11/11/1988	Leanne Roberts	32.80h/33.04s
1500m Walk	10/04/1996	Amanda Sherringham	7:21.70
Long Jump	20/11/1986	Sharon Hooper	4.69
High Jump	16/02/2001	Jade Roughan	1.42
	16/02/2002	Kate Mitchell	1.42
Triple Jump	10/03/2001	Jade Roughan	9.40
Shot Put – 2kg	07/03/1995	Anastasia Comninos	11.22
Discus – 750g	07/03/1995	Anastasia Comninos	26.60
Javelin – 400g	10/12/2016	Gemma Stanley	9.28

### 13's/Under 13 GIRLS

100m	01/12/2018	Ava Simos	12.57h/12.81s
200m	04/12/2004	Danielle Bradbury	27.20h/27.44s
400m	21/02/1998	Victoria Wilcox	1:03.70
800m	03/03/2002	Lisa Syme	2:32.00
1500m	24/01/2004	Kaitlin Murphy	5:19.17
3000m (1996-)	20/03/2004	Kaitlin Murphy	11:11.10
*90m Hurdles (-1995)	20/02/1987	Beth Halon	16.90h/17.14s
80m Hurdles (1995-)	02/03/2019	Ava Simos	12.34h/12.58s
*200m Hurdles - 68" (-2024)	16/03/2019	Ava Simos	29.53h/29.77s
200m Hurdles – 76" (2024-)	08/12/2024	Sienna Small	34.50h/34.74s
1500m Walk	21/02/1993	Melissa Sherringham	7:37.30
3000m Walk (state comp only)	-	-	-
Long Jump	16/03/2002	Jade Roughan	4.76
High Jump	07/02/2003	Kate Mitchell	1.50
Triple Jump	23/02/2002	Jade Roughan	9.80
Shot Put – 3kg	21/02/1998	Carly Bright	11.22
Discus – 750g	21/02/1998	Victoria Wilcox	33.54
Javelin – 400g	01/02/1998	Victoria Wilcox	30.79

### 14's/Under 14 GIRLS

100m	18/03/2006	Danielle Bradbury	12.30h/12.54s
200m	18/03/2006	Danielle Bradbury	25.60h.25.84
400m	08/02/2025	Bethan Kos	1:02.59
800m	20/02/2005	Kaitlin Murphy	2:22.70
1500m	19/03/2005	Kaitlin Murphy	4:47.10
3000m (1996-)	19/03/2005	Kaitlin Murphy	10:33.90
*90m Hurdles (-1995)	09/03/1991	Beth Halon	16.70h/16.94
80m Hurdles (1995-)	29/02/2020	Ava Simos	12.84h/13.08s
*200m Hurdles – 76" (-2024)	15/03/2003	Lisa Syme	30.00h/30.24s
300m Hurdles – 76" (2024-)	16/03/2025	Bethan Kos	48.84h/49.08s
1500m Walk	09/02/2019	Izabella Dunne	7:03.73
3000m Walk (state comp only)	-	-	-
Long Jump	02/02/1999	Michelle O'Connor	4.85
High Jump	17/03/1995	Rebekah Rule	1.54
Triple Jump	06/02/1988	Beth Halon	10.17
Shot Put – 3kg	02/02/1999	Victoria Wilcox	11.70
Discus – 1kg	21/02/1999	Victoria Wilcox	31.04
*Javelin – 400g (-2011)	-	-	-
Javelin – 600g (2011-)	14/03/2000	Rebecca Daly	28.83

## 15's/Under 15 GIRLS

100m	27/03/2021	Ava Simos	12.19h/12.43s
200m	24/01/2004	Jade Roughan	26.06h/26.34
400m	13/03/2026	Bethan Kos	59.88
800m	18/03/2006	Kaitlin Murphy	2:22.90
1500m	18/02/2006	Kaitlin Murphy	4:49.90
3000m (1996-)	13/12/2014	Jasmyn Garrick	10:45.40
90m Hurdles	27/03/2021	Ava Simos	14.12h/14.36s
*200m Hurdles (-2018)	20/02/2005	Kate Mitchell	29.20h/29.44s
300m Hurdles (2018-)	14/03/2026	Bethan Kos	48.67h/48.91s
1500m Walk	30/11/2019	Izabella Dunne	7:35.40
3000m Walk (state comp only)	-	-	-
Long Jump	22/02/2000	Michelle O'Connor	4.79
High Jump	28/02/1996	Rebekah Rule	1.56
Triple Jump	27/10/2000	Rebecca Daly	9.66
Shot Put – 3kg	10/11/2000	Carly Bright	12.19
Discus – 1kg	23/02/2001	Rebecca Daly	32.02
*Javelin – 600g (-2011)	05/12/1997	Janessa Riach-Constantine	33.84
Javelin – 500g (2011-)	-	-	-

**16's/Under 16 GIRLS (The below standards were established in the 2025-2026 season. The next time/distance that bests these standards will become a record. For any event not yet contested, a standard will need to be set by taking the best time/distance in that event in a future season and then a record will be established once that time/distance is bested in a subsequent season.)**

100m	20/02/2026	Kiani Morrison	14.53h/14.77
200m	14/11/2025	Ebony McDonald	30.37h/30.61
400m	07/11/2025	Ebony McDonald	1:07.54h
800m	15/03/2026	Ebony McDonald	2:33.43
1500m	15/03/2026	Ebony McDonald	5:26.98
3000m	15/03/2026	Ebony McDonald	11:39.19
100m Hurdles – 76"	20/02/2026	Kiani Morrison	19.60h/19.84
400m Hurdles – 76"	-	-	-
1500m Walk	-	-	-
5000m Walk	-	-	-
Long Jump	07/12/2025	Kiani Morrison	4.02
High Jump	07/12/2025	Kiani Morrison	1.48
Triple Jump	15/02/2026	Kiani Morrison	8.10
Shot Put – 3kg	06/02/2026	Kiani Morrison	5.64
Discus – 1kg	20/02/2026	Kiani Morrison	14.79
Javelin – 500g	-	-	-

## 17's/Under 17 GIRLS

100m	01/12/2018	Anya Tatarinoff	12.9h/13.16s
200m	09/11/2018	Anya Tatarinoff	28.07h/28.31s
400m	09/02/2019	Anya Tatarinoff	1:02.67
800m	18/02/2017	Jasmyn Garrick	2:25.76
1500m	18/02/2017	Jasmyn Garrick	5:07.14
3000m	11/12/2015	Jasmyn Garrick	11:20.49
100m Hurdles	08/03/2019	Anya Tatarinoff	19.72h/19.96s
*300m Hurdles – 76" (-2024)	13/10/2017	Anya Tatarinoff	54.81h/55.05s
400m Hurdles -76" (2024-)	-	-	-
1500m Walk	-	-	-
5000m Walk (2024-)	-	-	-
Long Jump	16/03/2018	Anya Tatarinoff	4.35
High Jump	06/10/2017	Anya Tatarinoff	1.47
Triple Jump	16/03/2018	Anya Tatarinoff	9.86
Shot Put – 3kg	08/03/2019	Elizabeth Huggins	9.23
Discus – 1kg	15/03/2019	Elizabeth Huggins	20.95
*Javelin – 600g (-2011)	-	-	-
Javelin – 500g (2011-)	-	-	-

## BOYS INDIVIDUAL RECORDS

### 6's/Under 6 BOYS

50m	24/02/2023	Braxton Dowell	9.23h/9.47s
70m	09/11/2007	Matthew Buetner	12.22h/12.46s
	09/11/2007	Jamal Belkadi	12.22h/12.46s
100m	04/11/2016	Harry Lowbridge	18.25h/18.49s
*200m (-2021)	03/02/2017	Harry Lowbridge	39.61h/39.81s
Pack Start – 200m (2021-)	10/03/2023	Braxton Dowell	40.43h/40.67s
Pack Start - 300m (2013-)	17/03/2023	Braxton Dowell	1:07.79
Long Jump	01/10/1993	Glen Plater	3.01
*Shot Put – 1kg (-2017)	01/03/1991	Christopher Brown	5.36
Shot Put - 500g (2017-)	26/02/2021	Archie Marler	5.88
Discus – 350g (2018-)	20/02/2026	Kobi Liddle	9.48

### 7's/Under 7 BOYS

50m	10/10/2023	Braxton Dowell	8.39h/8.63s
70m	06/11/1987	Jonathan Hirst	11.04h/11.28s
100m	06/10/1988	Nathan Thomas	16.20h/16.44s
200m	27/10/2017	Harry Lowbridge	33.37h/33.61s
Pack Start - 500m	07/03/1995	Mitchell Knox	1:44.20
Long Jump	15/01/1988	Jonathan Hirst	3.15
Shot Put – 1kg	07/01/1992	Christopher Brown	7.21
*Discus – 375g (-2017)	17/03/1995	Mitchell Knox	17.40
Discus – 350g (2017-)	15/03/2024	Braxton Dowell	16.04

### 8's/Under 8 BOYS

70m	05/03/1999	Tom Paavola	10.60h/10.84s
100m	10/12/1988	Jonathan Hirst	15.00h/15.24s
200m	12/03/1999	Tom Paavola	31.50h/31.74s
*400m (-2021)	25/02/1989	Jonathan Hirst	1:11.60
Pack Start – 400m (2021-)	08/02/2025	Knox Mumford	1:14.54a (?)
Pack Start - 700m	24/11/1990	Bradley Small	2:22.20
60m Hurdles	18/02/2000	Mark O'Dare	11.10h/11.34s
*400m Walk (-1996)	27/11/1992	Daniel Smith	2:31.67
Long Jump	03/02/2024	Darcy Doyle	3.53
*High Jump (-2019)	02/02/2001	Aaron Vassilopoulos	1.06
*Shot Put – 1kg (-1995)	21/02/1993	Christopher Brown	10.51
Shot Put – 1.5kg (1995-)	08/12/1996	Mitchell Knox	7.32
*Discus – 375g (-1995)	26/02/1993	Christopher Brown	24.44
Discus – 500g (1995-)	15/03/1996	Mitchell Knox	23.38

### 9's/Under 9 BOYS

70m (1993-)	06/02/1998	Simon Leahy	10.10h/10.34s
100m	13/03/1998	Simon Leahy	14.40h/14.64s
200m	11/02/2000	Tom Paavola	29.60h/29.84s
400m	18/03/2000	Tom Paavola	1:06.30
800m	19/03/2022	Lakin Barber	2:36.81
60m Hurdles	06/12/2025	Braxton Dowell	10.02h/10.26s
*800m Walk (-1996)	06/02/1987	Corey Myers	4:56.40
700m Walk (1996-)	16/02/1997	Aristides Comninos	4:21.10
Long Jump	04/11/1985	Michael Griesser	4.00
*High Jump (-2018)	23/02/1996	Brodie Buchal	1.29
High Jump -Scissors (2018-)	10/03/2023	Benjamin Sullivan	1.20
*Shot Put – 1.5kg (-1995)	29/01/1994	Christopher Brown	7.86
Shot Put – 2kg (1995-)	16/03/2002	Daniel Aguirre	8.71
Discus – 500g	22/03/1994	Christopher Brown	31.48

### 10's/Under 10 BOYS

70m (1996-)	20/02/2026	Ford Ellison	9.90h/10.14s
100m	19/10/2000	Tom Paavola	13.50h/13.74s
200m	18/03/2001	Tom Paavola	28.60h/28.84s
400m	17/03/2001	Tom Paavola	1:03.20
800m	11/02/1993	Bradley Small	2:34.00
*1500m (-2018)	11/02/1993	Bradley Small	5:06.40
60m Hurdles	18/03/2000	Matthew Boreland	9.60h/9.84s
*800m Walk (-1996)	26/02/1993	Ryan Fitton	4:35.20
1100m Walk (1996-)	03/02/1998	Aristides Comninos	6:03.10
Long Jump	21/02/1998	Nicholas Buscombe	4.48
*High Jump (-2018)	15/03/1997	Brodie Buchal	1.40
High Jump -Scissors (2018-)	06/03/2026	Darcy Doyle	1.21
*Shot Put – 1.5kg (-1995)	22/03/1995	Christopher Brown	10.76
Shot Put – 2kg (1995-)	15/03/2003	Daniel Aguirre	9.81
Discus – 500g	19/02/1995	Christopher Brown	34.50

## 11s/Under 11 BOYS

100m	31/10/1997	Owen Martin	13.40h/13.64s
	26/01/2003	Mark O'Dare	13.40h/13.64s
200m	28/01/2001	Matthew Boreland	27.70h/27.94s
400m	16/03/2002	Tom Paavola	1:02.30
800m	03/10/1993	Bradley Small	2:29.50
1500m	11/02/1993	Samuel Fortey	4:57.10
*60m Hurdles (-2019)	27/01/2001	Matthew Boreland	9.60h/9.84s
80m Hurdles (2019-)	05/03/2021	Tobias Gray	14.65h/14.89s
*1500m Walk (-1996)	16/12/1988	Richard Griesser	9:09.08
1100m Walk (1996-)	02/02/1999	Aristides Comninos	6:22.30
Long Jump	29/11/1986	Glenn Morrison	4.68
High Jump	21/02/1997	Ryan Hardey	1.42
	10/11/2000	Matthew Boreland	1.42
Triple Jump	03/02/1991	Gavin Alexander	9.53
*Shot Put – 1.5kg (-1995)	01/03/1991	Christopher Hickman	8.87
Shot Put – 2kg (1995-)	10/04/1996	Christopher Brown	12.15
*Discus – 750g (-2018)	10/04/1996	Christopher Brown	32.66
Discus – 500g (2018-)	28/02/2020	Hugh Argent	31.23
Javelin – 400g	04/02/2023	Jack Sullivan	22.74

## 12's/Under 12 BOYS

100m	20/03/1999	Owen Martin	12.60h/12.84s
200m	19/02/1995	Matthew Biggins	26.70h/26.94s
400m	15/03/2003	Tom Paavola	1:00.00
800m	19/02/1995	Bradley Small	2:25.60
1500m	22/03/1995	Bradley Small	4:50.10
*60m Hurdles (-2019)	16/03/2002	Matthew Boreland	9.70h/9.94s
80m Hurdles (2019-)	22/03/2025	Lakin Barber	13.97h/14.21s
*200m Hurdles (-1997)	29/10/1993	Jess VanStrattan	30.89h/31.13s
1500m Walk	28/10/1988	Michael Greisser	8:42.9
Long Jump	24/02/1995	Matthew Biggins	4.90
High Jump	19/02/1995	Timothy Elbra	1.52
Triple Jump	22/03/1995	Matthew Biggins	10.69
*Shot Put – 3kg (-2018)	21/02/1999	Tom Mutch	11.38
Shot Put – 2kg (2018-)	06/02/2021	Hugh Argent	10.54
Discus – 750g	15/03/1997	Christopher Brown	37.18
Javelin – 400g	-	-	-

### 13's/Under 13 BOYS

100m	18/03/2000	Owen Martin	12.00h/12.24
200m	19/03/2000	Owen Martin	24.40h/24.64s
400m	20/03/2004	Tom Paavola	57.00
800m	19/02/1995	Cal Roper	2:19.80
1500m	18/03/2000	Nick Freeman	4:38.40
3000m (1996-)	18/03/2017	Talon Woodward	10:27.13
90m Hurdles (-1993, 2024-)	15/12/1989	Michael Griesser	14.09h/14.35s
*80m Hurdles (1993-2024)	19/02/1995	Cal Roper	13.30h/13.54s
*200m Hurdles – 68" (-2024)	15/03/1997	Robert Blackley	28.30h/28.54s
200m Hurdles – 76" (2024-)	06/03/2026	Lakin Barber	32.45h/32.69s
1500m Walk	03/02/1989	Bryce Johnson	8:48.00
3000m Walk (state comp only)	-	-	-
Long Jump	12/03/1999	Daniel Laczkowski	5.15
High Jump	24/01/2004	Aidan Cranney	1.65
Triple Jump	22/02/1996	Matthew Biggins	10.74
Shot Put – 3kg	21/02/1998	Christopher Brown	13.40
*Discus – 1kg (-2018)	25/03/1998	Christopher Brown	39.66
Discus – 750g (2018-)	17/03/2023	Leon Haak	28.74
*Javelin – 400g (-1997)	04/02/1996	Timothy Elbra	19.38
Javelin – 600g (1997-)	06/03/2001	Matt Kinna	28.61

### 14's/Under BOYS

100m	17/03/2001	Owen Martin	11.50h/11.74s
200m	18/03/2001	Owen Martin	23.00h/23.24s
400m	20/03/2004	Warrick Whitmore	52.40
800m	20/03/2004	Warrick Whitmore	2:07.00
1500m	17/03/2001	Nick Freeman	4:31.40
3000m (1996-)	17/03/2001	Nick Freeman	10:14.40
*90m Hurdles – 76" (-2024)	27/01/2003	Chris Dodd	13.57h/13.81s
100m Hurdles – 76" (2024-)	08/02/2025	Max Collie	19.43h/19.67s
*200m Hurdles – 76" (-2024)	25/03/1998	Robert Blackley	26.40h/26.64s
300m Hurdles – 76" (2024-)	06/03/2026	Mason Hardey	56.17h/56.41s
1500m Walk	29/10/1993	Ryan Haggerty	8:43.50
3000m Walk (state comp only)	-	-	-
Long Jump	19/03/2000	Daniel Laczkowski	5.86
High Jump	13/12/1996	Timothy Elbra	1.62
	19/11/2000	Owen Martin	1.62
Triple Jump	15/02/2003	Chris Dodd	11.42
Shot Put – 4kg	27/01/2001	Tom Mutch	15.33
Discus – 1kg	09/02/2001	Tom Mutch	44.76
Javelin – 600g	22/02/1996	Geoff Wilkin	36.60

## 15's/Under 15 BOYS

100m	26/01/2002	Owen Martin	11.00h/11.24s
200m	17/03/2002	Owen Martin	22.70h/22.94s
400m	19/03/2005	Warrick Whitmore	51.30
800m	17/03/2002	Nick Freeman	2:04.60
1500m	20/03/1999	Brad Warner	4:31.60
3000m (1996-)	26/01/2002	Nick Freeman	10:31.10
*90m Hurdles (-1995)	01/12/1991	Michael Greisser	13.90h/14.14s
100m Hurdles (1995-)	20/03/2004	Chris Dodd	14.20h/14.44s
*200m Hurdles (-2017)	17/03/2007	Tommy Robinson	25.20h/25.44s
300m Hurdles (2017-)	20/12/2025	Tobias Gray	49.89h/50.13s
1500m Walk	17/01/1992	Michael Greisser	8:07.70
3000m Walk (state comp only)	-	-	-
Long Jump	24/01/2004	Chris Dodd	6.31
High Jump	15/03/1996	Peter Waters	1.70
	03/12/2001	Ryan Hardey	1.70
Triple Jump	24/01/2004	Chris Dodd	12.35
Shot Put – 4kg	04/01/2002	Tom Mutch	16.72
Discus – 1kg	09/11/2001	Tom Mutch	48.42
*Javelin – 600g (-2011)	15/02/1997	James Latham	42.00
Javelin – 700g (2011-)	-	-	-

**16's/Under 16 BOYS (The below standards were established in the 2025-2026 season. The next time/distance that bests these standards will become a record. For any event not yet contested, a standard will need to be set by taking the best time/distance in that event in a future season and then a record will be established once that time/distance is bested in a subsequent season.)**

100m	06/03/2026	Tobias Gray	13.25h/13.49s
200m	28/11/2025	Tobias Gray	27.18h/27.42
400m	15/02/2026	Tobias Gray	58.19e
800m	20/02/2026	Tobias Gray	2:28.92
1500m	06/03/2026	Tobias Gray	6:33.33
3000m	-	-	-
110m Hurdles - 76"	28/11/2025	Tobias Gray	16.76h/17.00s
400m Hurdles - 76"	15/02/2026	Tobias Gray	1:06.04e
1500m Walk	-	-	-
5000m Walk	-	-	-
Long Jump	-	-	-
High Jump	15/02/2026	Tobias Gray	1.82
Triple Jump	07/11/2025	Tobias Gray	9.62
Shot Put – 5kg	-	-	-
Discus – 1.5kg	20/02/2026	Tobias Gray	16.93
Javelin – 700g	-	-	-

**17's/Under 17 BOYS (Standards set in the 2023-2024 season. A record will be set when any of these times/distances are bested. For events not yet contested, a standard will be set with the season best time/distance and then subsequent better times/distances will become records.**

100m	03/11/2023	Jack Brown	12.94h/13.18s
200m	20/10/2023	Sebastien Abbott	27.42h/27.66s
400m	13/10/2023	Sebastien Abbott	1:20.50
800m	-	-	-
1500m	-	-	-
3000m	-	-	-
110m Hurdles – 76"	09/12/2023	Jack Brown	18.07h/18.31s
*300m Hurdles – 76" (-2024)	-	-	-
400m Hurdles – 76" (2024-)	-	-	-
1500m Walk	-	-	-
5000m Walk (2024-)	-	-	-
Long Jump	03/11/2023	Sebastien Abbott	3.94
High Jump	09/12/2023	Sebastien Abbott	1.67
Triple Jump	10/11/2023	Sebastien Abbott	9.68
Shot Put – 5kg	13/10/2023	Sebastien Abbott	11.28
Discus – 1.5kg	15/12/2023	Sebastien Abbott	27.32
*Javelin – 600g (-2011)	-	-	-
*Javelin – 500g (2011-2024)	-	-	-
Javelin – 700g (2024-)	-	-	-